





To report a forest fire

call 310-FIRE (3473)

call 911.

South of the French

and Mattawa rivers please



Nicholson Road and Highway 595.

I GOT

MY COVID-19

VACCINE!

At the regular Council meeting on June 16, the

considered:

Thunder Bay and Area

Food Strategy.

EVERGREEN PHARMACY

HAS COVID-19 VACCINES! EVERGREEN PHARMACIES ARE ON BOARD AND

NOW OFFERING 1ST AND 2ND DOSES TO AGES 18+!
As of June 29, Evergreen Pharmacies are offering the MODERNA Covid-19 vaccine at both Rosslyn and Kakabeka Falls Evergreen Pharmacy locations!
To get on our waitlist, the easiest way is to access



Kakabeka Farmers'
Market in 2021!

Opening soon, pending
COVID safety regulations.

Watch for updates!
kakabekafarmersmarket.ca
Follow us on Facebook!

FRUITS & VEGGIES ~ BAKED GOODS
JAMS & PRESERVES ~ ARTISAN CRAFTS ~ JEWELLERY

the office for copies of approved minutes.

following matters were Friday prior to the Wednesday meeting. Come

two deputations. One for further information or with input into any of

from a resident regard- the items that Council is considering. During the

ing the road around pandemic, all meetings are being held virtually.

West Oliver Lake. The The links to login to the meetings are posted on

Second was from the our website in the calendar details.

Council heard behalf. Feel free to contact the Municipal Office

Meeting agendas are always posted online on the

out and see what your Council is doing on your

COVID-19 Vaccine Fact Sheet

The COVID-19 vaccine: five things you need to know

Ontario's vaccination rollout is well underway. You can protect yourself, your loved ones, and your community by getting vaccinated. Here's more information about the COVID-19 vaccines

1

No steps were skipped in developing these vaccines. While the COVID-19 vaccines were made available quickly, they were developed using mRNA research and technology used by scientists since the early 1990s. This research is well developed and the technology has been used effectively and is proven safe and reliable.

2 cov

COVID-19 vaccines will not give you COVID-19. Unlike other vaccines. COVID-19 vaccines don't contain the virus itself. Instead, these types of vaccines teach our cells how to make a protein that will trigger an immune response and create antibodies.

The vaccines have been reviewed and approved by Health Canada. In order to be used in Canada, all drugs, including vaccines, must meet the regulatory requirements for safety, efficacy and quality. Usually this review process can take a long time because new drugs and vaccines get added to the bottom of the list, and must wait their turn for review. However, these vaccines are so important they went right to the front of the line, allowing the process to be much quicker than usual.

4

Two doses deliver stronger immunity. It is important to receive both doses of the vaccine to complete the vaccine series. Protection offered by the first dose helps your body build immunity and the second dose boosts your immunity. For example, the Pfizer-BioNTech and Moderna vaccines are 94-95% effective after two doses.

5

When a large percentage of the population becomes immune to COVID-19, the spread of the virus will slow down or stop. You can protect yourself, your loved ones and your community by getting the COVID-19 vaccine.

Check ontario.ca/covidvaccine regularly for up-to-date information on the vaccine and Ontario's distribution plan.

Ontario 🖁

Oliver Paipoonge Library Curbside Pickup Days

Rosslyn Library 939-2312 Murillo Library 935-2729

Tuesday 2:00 – 7:00 Wednesday 2:00 – 7:00 Email oplibrary@tbaytel.net or visit our web page http://oliverpaipoonge.olsn.ca

phone, email or visit our webpage to place holds for pickup.

The library recently received Memorial donations in memory of Gracie Stephenson, Joeelyn MacKinnon, Judy Klages and Minnie Podolchuk. We thank the donors for allowing the library to honour these ladies with specially selected books that the whole community can share!



This summer at the library.....

TD Summer Reading kits will be available beginning July 6th for pick up while supplies last. These kits are geared to preschool or school-age children and contain a book full of summer fun activities and challenges. Each kit also comes with stickers, a 6-colour pen and a web-access code to unlock more online fun. Participants can complete the summer-recap page and return it to the library before August 31st to be entered into a draw for a \$25 Chapters gift certificate.

Each week starting July 6th Curbside Crafts will also be available For pickup on a first come, first serve basis, one kit per child each Week. Watch our Facebook page for weekly updates on What Curbside Craft will be offered.

As Covid restrictions recede, we are hoping to set up an outdoor Storywalk Wall at the libraries this summer. Visit during library Curbside hours and read your way through the grounds. This Project is sponsored by TD Canada. Updates will follow on our Facebook page!



Tips for Backyard Burning





Don't burn when the weather is dry or windy.





Only burn dry, natural vegetation, never trash or plastic.





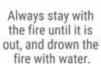
The site should be surrounded by 10 feet of dirt or gravel on all sides.















NORWEST COMMUNITY HEALTH CENTRES - MOBILE HEALTH SERVICES

July 2021



NorWest Community Health Centres Centres de santé communautaire NorWest

Mon	Tues	Wed	Thurs	Fri
For more information appointment, call 8			1 CANADA DAY	2
5	6 SHEBANDOWAN - Footcare 9:30am-4pm Community Centre NEEBING—PCare 11-5:00pm Blake Hall	7 NOLALU - Footcare 9:30am-4pm Community Centre	8 O'CONNOR—PCare 10:30am-5pm Community Centre UPSALA -Footcare 10am-3:30pm Community Centre	9
12 KAMINISTIQUIA-PCare 9am-3:30pm Community Centre	13	14	15	16
19	20	21	O'CONNOR- Footcare 10am-4:30pm Community Centre UPSALA -PCare 10am-3:30pm Community Centre	23
26 KAMINISTIQUIA Footcare 9am-3:30pm Community Centre NOLALU -PCare 9:30am-4pm Community Centre	27	28	O'CONNOR -PCare 10:30am-5pm Community Centre NOLALU - Footcare 9:30am-4pm Community Centre	30

Mobile Services 626-8474

Main Site 622-8235

Toll Free 1.866.357.5454

NorWest CHCs 525 Simpson St Thunder Bay, ON P7C 3J6 www.norwestchc.org

facebook

NOTE
All Clinics Are By
Appointment
Only

all 626-8474 for more info





RURAL CUPBOARD FOOD BANK

Neighbours Helping Neighbours

Conmee Municipal Complex 19 Holland Rd. Kakabeka Falls P0T1W0 807-285-0836

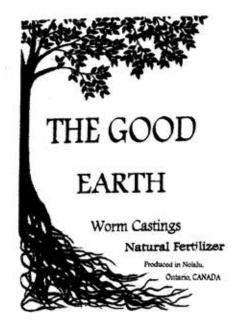
> We sincerely thank all those that continue to support us during COVID-19.

Your donations enable the food bank to remain open

Next Food Bank Wednesday, July 21 **Registration:** 9 am to 11 am







Rural

The best natural plant fertilizer Vermicompost (worm castings)

Locally produced from composted horse manure Earth friendly All natural Sustainable Odoriess Safe for kids & pets Does not burn roots

Grow stronger & healthier. Plants, vegetables, flowers, trees & cannabis! Loaded with beneficial micro organisms which:

Stimulate plant growth Enhance nutrient availability Improve soil structure Increase yields Improve water holding capacity of soil

Buy at. Thuja Floral Design My Blooming Business Thunder Bay Feeds Kakabeka Depot The Licit Garden Thunder Bay Coop Roots To Harvest Trevisanutto's Hoppers Green Acre Variety Kakabeka Depot Express Seasons In The Country Eco Superior online And at thegoodearth@mail.com



Chix in the Stix Gushing by Cindy Harasen

Do you think our city friends ever get tired of all the gushing we do about how amazing it is to live in the country? We should probably tone it down a bit or they're all gonna wanna live out here. We don't want it to get too crowded. I do enjoy hearing stories though about how people came to be rural residents. Whether its stories of multiple generations of country living, or city folks taking the leap. I love when empty-nesters head to the country for their twilight years, and when young families make the move to raise their kids here. It all warms my heart. And I of course have my own story. My personal transition from citymouse to country-mouse was a bit of a surprise to me, and not something that had been in my long term plans. It was a leap of faith. There was definitely someone 'upstairs' pulling strings (with amusement). It's no big secret that I love farmers and love living in a farming community. But my personal interest in farming started long before I could even find Slate River on a map. Three decades ago, living and working in Toronto, I managed a variety of agricultural marketing research projects. Reviewing data I often had the opportunity to call and speak with farmers throughout Ontario - many from the Thunder Bay area. Day after day I wrote or typed out their family names, no clue of their nationality or origins. I still remember thinking "there sure are a lot of Breukelmans over there!" I wrote out the names of the municipalities and townships. Blake. Scoble. Pardee. And more. And I know I was pronouncing Paipoonge all wrong. But year after year I became more familiar with the names, the planting season, crop rotation and herbicide use. I recognized the farms of the fathers, sons, cousins and nephews. I learned a whole new vocabulary of farming lingo, though it wasn't much use in any other part of my big city life. And never in a million years did I imagine those folks would one day be my neighbours. So when one day I found myself packing up and heading 'home' to Thunder Bay, but instead of Port Arthur was settling in Blake Township – while the culture shock was undeniable, it also seemed very fitting. Suddenly there I

was driving by mailboxes with all those names I had come to know. Honestly even now some 24 years later there is rarely a time when I drive through the valley, past the fields, past those mailboxes, past those farmers, that I don't still smile at the serendipity of it all. And sure there are challenges with country life. My goodness I still laugh at all the things I had to adjust to during those early days. I mean for starters I did not have the proper wardrobe. At. All. I was not prepared for well water, septic fields, black flies, wood stoves, skunks, ticks, chickens and the list goes on. Even beautiful annual events like spring peepers, geese and cranes - trust me these are things you just don't see downtown Toronto. Suddenly I was praying for rain when I had never paid much attention to the weather before. In fact I was suddenly praying about a lot of things I hadn't thought about before. Please let the riding mower run for another year. Please let the snowblower live for one more winter. Please keep the varmints out of the chicken coop. Please help me not hit a moose on the highway. These days I don't feel like a city slicker and probably wouldn't survive a day in Toronto now. But there is still a sense of awe and in many ways the novelty of country living hasn't completely worn off even after all this time. I mean the colours alone are gush-worthy. Those layers of luscious greens on the hills and in the fields. And soon there will be the vibrant yellow of the canola fields. I can hardly wait. I don't think I ever appreciated the seasons quite so much while living in the city. Each one is a new canvas and while I definitely don't want to rush summer, or any season for that matter, I still relish the anticipation of the next one. While I still get a kick out of the past that brought me here, it doesn't matter how we ended up here in this beautiful rural paradise, what matters is that we continue to embrace it and make the most of it! If Covid has taught us anything hopefully it's to slow down and appreciate and treasure the here and now! And honestly I can't think of any place I'd rather endure a pandemic than right here. So let's keep gushing!

The Centre is closed until further notice.

We hope everyone is doing well **Family Centre** and staying healthy.

We look forward to seeing you when our EarlyON programs begin again!

Keep updated and connected to us on Facebook or call 935-3009 or Email ruralfrc@tbaytel.net Use physical distancing and hand washing to stay safe.

Play, sing, laugh and we will see you soon!



Extreme Heat

Extreme heat can be dangerous for everyone, but people who work outdoors, the elderly, some people with disabilities, and children, particularly infants, are more vulnerable.

Hazard Information

Extreme heat can make you sick with heat stroke, heat rash and/or heat cramps.

Safety Tips

If you feel dizzy, weak or overheated:

- go to a cool place;
- sit or lie down;
- drink water;
- wash your face with cool water If you don't feel better soon, seek medical help immediately.

If you are indoors:

- stay indoors to limit sun exposure
- •take frequent cool showers or baths
- stay on lower floors if there's no air conditioning
- drink water and eat light, regular meals — avoid using salt

If you are outdoors:

- spend the hottest part of the day in air-conditioned buildings
- drink water every 15 to 20 minutes even if you aren't thirsty
- dress in light-coloured, loose-fitting clothing covering as much of your skin as possible
- wear a wide-brimmed hat to protect your face
- wear full UVA and UVB protection sunglasses
- apply sunscreen with SPF 15 or higher 20 minutes before going outside
- apply lip balm with an SPF 15 or higher

Prepare Now

Take the following steps so you and your family are prepared in the event of an emergency:

- cover windows that receive morning or afternoon sun with drapes, shades or awnings
- include extra water, sunscreen and sunglasses (with full UVA and UVB protection) in your emergency survival kit



OUTDOOR FAMILY WORSHIP SERVICE

Sunday's at 11:00am (weather permitting)

Social distancing is required. Changes or cancelations will be posted on our Facebook page.



A Sunday Sermon Message will continue to be posted on-line each week.

The Junction

in Rosslyn

Summer Clothing

PANTRY

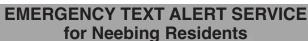
We have an assortment of ladies', men's and children's summer clothing items.

Non-perishable food items and personal hygeine products

If you or someone you know is in need of food or clothing please contact us. Care pkgs. available. All items are free.

Currently open by appt. Find us on Facebook.

NEW MOMS - We can help with diapers, wipes etc.





Sign up for Neebing's Emergency Text
Alert Service. This text alert service is used
to notify our residents via text message of
immediate dangers or emergencies
occurring in our community such as evacuations, road closures, forest fires and
other hazards. Sign up is free but you
must have a smartphone equipped to
receive text messages to use this service
as it does not work on land lines.

Sign up at neebing.org/textalerts or send us your name, Neebing address, and your text-enabled cell phone number including area code to neebing@neebing.org

or call us at 474-5331.

Your personal information is kept strictly confidential.



Grandma's Restaurant

Take Out 939-1551

PRO-TEC TIRE CENTRE



by Knowledgeable

Staff

Ph. 939-2581

Authorized BF Goodrich Truck Tire

Dealer

WHEN WILDFIRE THREATENS

Remove all flammable outdoor items from decks and porches (cushions, door mats, and portable propane tanks).







Wells Holding Tanks

Swimming Pools

Skating Rinks

For all your Bulk Water Needs

Residential or Commercial City Water delivered in stainless steel tanks

Providing Reliable Service Since 1987

www.tempelman.ca 807-767-9173

by Santorelli's

Husky Truck Stop

Sounds of Superior Chorus Presents.... Sing Sing Sing

by Sharron Kershaw

The red carpet was rolled out and the photographers were poised as the guests "zoomed in" all decked out in glitz and glamor. After being interviewed by our host/Director Jason Scriver they were escorted in for the unveiling of our virtual performance of Sing Sing Sing! Even though we can't sing together we can still sing on our own and bring it all together in one performance. Thanks to Lana for getting us started on this journey and to Jean-Paul De Roover of Blueprints for putting it

all together.

Our virtual performance can be viewed at https://youtu.be/oQg0lAOJPYo. We have been fortunate to welcome new members and guests at our weekly zoom practices. Visit our webpage or find us on face.

Thank you to Superior Shores Gaming for their continued financial support enabling us to continue our passion of singing a cappella four part harmony.





Lakehead Region Conservation Authority

submitted by LRCA Staff

If you plan on visiting a Conservation Area this summer, please remember that you must comply with all local and provincial orders regarding COVID-19, including group sizes, physical distancing practices, and mask-wearing when unable to comply with physical distancing requirements.

While visiting, all pets must always be on-leash, and picked up after. Please do not litter; if the garbages are full, remove your garbage instead of leaving it on the ground or piled next to the cans. Our staff are working diligently to try and stay on top of Conservation Areas upkeep and maintenance but with more and more people visiting, we would ap-

preciate your cooperation in this regard. Don't forget your \$5.00 parking fee (or display your Explore Card); coin box and Explore Card Parking Pass revenue goes directly to Conservation Area maintenance and upkeep.

Please be advised that pay-and-display units will be installed at Cascades and Mission Island Marsh Conservation Areas this year; both of those areas will have parking payment enforcement under the City of Thunder Bay Parking By-law.

The LRCA appreciates your continued support and understanding, and we look forward to your continued cooperation.

Providing Quality Rural Land Development Services Cell: 807-621-4860 Office: 807-473-9100 Fax: 807-473-4460 Cell: 807-627-4296 Office: 807-473-9100 Fax: 807-473-4460 **FORESTRY SERVICES: CONSTRUCTION SERVICES:** FIREWOOD (8'/16'/22'/cut & ✓ Gravel Trucks (sand, gravel, Kim & Shawn Kydd topsoil, manure etc.) Feller Buncher/Skidder/ "We're the Guys" Septic Certified Delimber/Slasher/Processor ✓ Site Preparation + New Backhoe/Excavator/Bulldozer House/Camp Excavation Check out our webpage or visit √ New Driveway Installation + Field & Brush Cutting us on Facebook Land Breaking & Clearing Driveway Repairs & Drainage Email: kandscontractinginc@gmail.com Webpage: http://kandscontracting.ca Land & Field Recovery Changing or Installing Culverts Trail Creation & Maintenance Debris Removal ✓ Road Building

NEEBING LANDFILL NEWS



Summer Landfill Hours

Saturdays: 9:00 am to 5:00 pm Sundays: 4:00 pm to 8:00 pm Wednesdays: 4:00 pm to 8:00 pm

面

Garbage Bag Tags

Regular household garbage requires a Municipal Garbage Bag Tag. Pick up your tags at the landfill sites directly during regular hours of operation. You must present photo ID to the attendant in order to receive your tags.



Back to Bags for Plastics & Cans

Please BAG your plastics and cans. Clear and blue bags are recommended. Bags help to keep the mountain of recycling much more manageable. Cardboard <u>does not</u> have to be bagged, only flattened.

HOW TO CONTACT YOUR COUNCIL MEMBER

Erwin Butikofer, Mayor, Mayor@neebing.org, 964-1788 (R)

Gordon Cuthbertson, Councillor at Large, Councilatlarge@neebing.org 708-7548 (C)

Mark Thibert, Ward I (Blake) Blake@neebing.org 939-2720 (R)

Brian Wright, Ward 2 (Crooks) Crooks@neebing.org 964-2365 (R)

Curtis Coulson, Ward 3 (Pardee)Pardee@neebing.org 577-2475 (R)

Gary Gardner, Ward 4 (Pearson)Pearson@neebing.org 577-1963 (R)

Brian Kurikka, Ward 5 (Scoble) Scoble@neebing.org 633-3735 (C)

C-Cell

The Ultimate Wood Heat.

R-Residence

Set the thermostat where you want for a more comfortable home.

- More Comfort Thermostatically controlled wood heat.
- Peace of Mind Keep the fire outside and eliminate the dangers associated with indoor wood heating.
- Save Money Wood is a renewable, inexpensive and often free energy source.
- Durability Long-lasting, stainless steel firebox.





3879 Hwy 11/17 **939-1152** hhimporters.ca

"Save off the MSRP of select in-stock Central Boiler outdoor furnace models, at participating dealers only. Savings shown on E-Classic 3250, See dealer for details.



The Classic Edge HDX is U.S. EPA Certified



CentralBoiler.com





- WETT Inspections and Certified Chimney Sweeps
- Wood Burning Appliance Sales and Service
- Authorized Heatmaster SS Outdoor Wood Furnace Dealer
- Oil-Fired Appliance Service

South Gillies, ON • countryman@tbaytel.net

Phone: 767-3643

Neebing Fire/ Rescue Association NFRA News

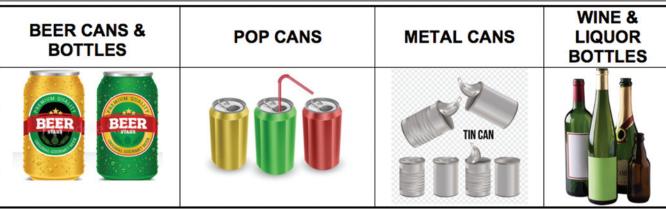
Respectfully submitted: Joy Harris, President NFRA

It's funny when the things you thought you knew turn out to be only partially right.

I thought that I was doing the responsible thing by sorting my paper/cardboard and cans/cartons for recycling into the sea cans at the landfill. While that is absolutely true, and saves precious landfill space for our future, I didn't know I could also help our community's emergency responders by doing just a little bit more..

By separately bagging returnable beer cans and bottles, pop (aluminum) cans, metal cans and wine/liquor bottles and bags I could place those items in the NFRA bins instead!

That small act translates into funding for needed gear and equipment for Neebing Emergency Services. My recycling could do more!





NFRA COLLECTION BIN



We are <u>incredibly</u> grateful to those who are way ahead of me and already donate into our bins. If you haven't yet, maybe this week would be a

Our volunteers will also sort mixed-bag donations of the above, if that is best for you.

NFRA collects, sorts and trucks these donations into Thunder Bay for refund or recycling; providing funds for replacement air bottles, portable pumps and other gear for our Neebing Emergency Services team.

We Thank You!

Our latest Silent Auction that ran from May 30th through June 6th, was a TREMENDOUS success! Thank you to our residents and friends of Neebing, without whom, we couldn't have surpassed our fundraising goal. Please see the list of generous donors below! NFRA raised close to \$4000 to support our emergency services 'Neighbors and Heroes'!

We truly appreciate your continued support for NFRA! Thank you.

Be safe, be well and be kind. We are in this together. Joy Harris, NFRA - President 628-2015



Montana's BBQ and Bar/

Mr. Lube Arthur St

O Pennzoil Lube Centre

Signs and T-Shirts

O Pickled Pike. Crafts. Custom

O NAPA

Pamela Cain

Kelsey's Original Roadhouse



Canada's plan involves safely containing and isolating used nuclear fuel in an area with suitable geology and informed, willing hosts.

Every day, we are conscious of our duty to be accountable to Canadians—this includes taking action to address the challenges associated with COVID-19 and to contribute to community well-being in the areas where we live, work and engage

Thunder Oak Cheese Farm

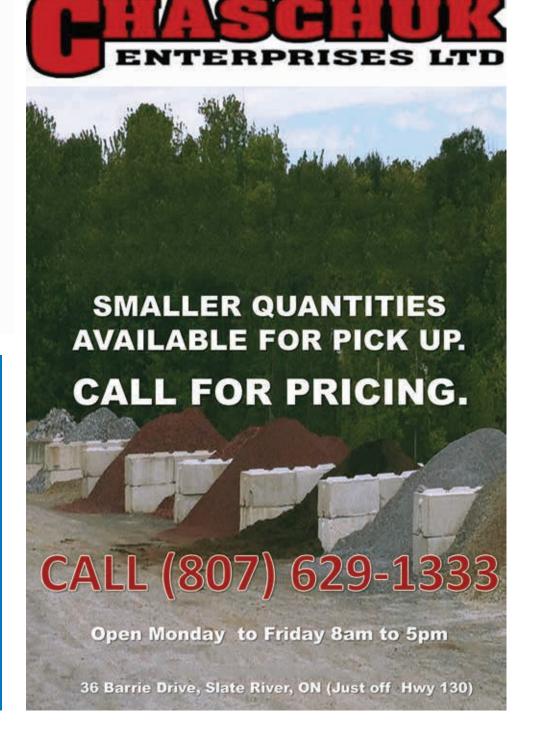
act NFRA at

Westfort Foods

)) Dig deeper, learn more | nwmo.ca

nwmo





Elaine Mackenzie

First Class Gas

Galo Inc.

Giant Tiger

Fred's Firewood

Gillies Gardens

Andrew Berringer

Half Way Power Sports-

Neebing Emergency Services

by Dale Ashbee, Fire Chief, Neebing



July - Let the Summer Fun Begin!

July summer really and truly is here and we all want to take advantage of the season and all it offers.

Summer fun comes in many different activities to many different people. For some its gardening, or biking or canoeing or fishing or....... well the list goes on and they are all fun to someone. With the prospect of a diminishing need for many of the pandemic protocols, who isn't looking forward to a good olde fashioned summer in 2021. There is even talk of at least some cross border activity happening as summer progresses. You can almost hear cries of 'Road Trip' from kids and parents alike anxious to get out and break the COVID bonds.

For the group pictured below summer fun is focused on 'pushing water' out of a fire truck.



The fire truck of course is Neebing's new pumper truck **P108**, the fire team is so happy to have it home and have summer weather to enjoy while it is put it through its paces. You can expect to see P108 'pushing water' frequently this summer as we become familiar with this new 'member' of the team. As things 'open' with the pandemic rules expect a more full introduction of P108 to the community and a more formal recognition of the signifi-



cant support to all those who assisted in making this new pumper a reality. And while summer fun in whatever form is a wonderful benefit to life in Neebing, and while everyone is encouraged to make the most of an always too short summer season, it is important not to forget to remain safe so your summer fun is not disrupted by something avoidable. And while you need to be alert to summer fire safety concerns such as BBQs, cottage safety and forest fires the year-round safety threats of cooking, smoking and electrical safety do not take a vacation, nor does the need to ensure your smoke and CO alarms are in good operating order to give you an early warning of CO and fire threats in your home.

There is considerable information available regarding best practices to remain safe while enjoying summer fun activities and as you move through summer it is important to be able to easily refresh on safety concerns as you make your plans. While there are a number of sources for such information the Ontario Association of Fire Chiefs web page provides an excellent and ready source of advice and guidance on safety tips for enjoying your favourite summer activities: https://www.oafc.on.ca/spring-summer-fire-safety-tips

Forest fires are a constant seasonal threat during the summer in Neebing and conditions can change dramatically in a matter of a few days. The conditions that impact forest fire threat such as low humidity, heat, wind and lack of recent rain have been discussed in past articles and Neebing residents are advised to obtain and closely follow the requirements outlined on the Neebing Fire Permits and to follow FireSmart guidelines; https://firesmartcanada.ca/wp-content/uploads/2019/10/FS_Home-Ignition-Zone-Poster.pdf to help protect their properties from the threat of forest fires.

While weather services can provide excellent detailed information on humidity and temperature if you are looking for a quick reference on daily fire activity and the current level of fire threat you may find the following interactive map on the MNR web site helpful;

https://www.lioapplications.lrc.gov.on.ca/ForestFireInformationMap/index.html?viewer=FFIM.FFIM

Regardless of your favourite summer past time here's hoping you are able to enjoy it to the fullest this summer.









Safe and seamless septic service

GFL has the expertise and custom solutions to manage your individual septic service needs.

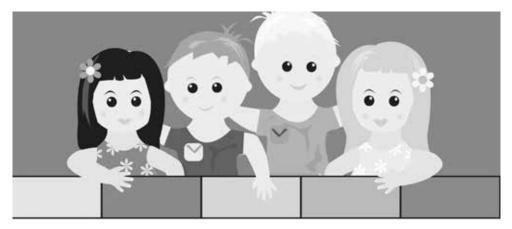
We offer:

- · Portable toilets delivered clean and on time to your specific schedule
- Specialized vacuum truck service for septic tank pumping and maintenance
- Septic line jetting and flushing

Discover the GFL advantage today – contact us at 807.939.2994 for more information.

Green Today. Green For Life. | gflenv.com





Connecting with Kids in the Kids Corner!

by D. Dodd-Smith

Calling all kids! We need you to send in all your poems, short stories, thoughts, ideas, crafts, art, and even pictures of your pet with a moustache on. Even if you went somewhere cool or found something awesome we want to hear about it! Even just in a pic of you exploring somewhere is great. Submissions will be printed in the newspapers and posted in the on-line edition.

So, if you have something cool to share, send it to designhouse@tbaytel.net

There is another contest. You can make a poster of the Virtual Hymers Fair Theme (announced next month). The winner's will be the Hymers Fair official banner! It will be due **July 18**, **2021**.

Let's Connect through The Neebing News!
Have a Neat Tip to stay busy during this time?
How about some pictures of kids having fun?
Send them to the Neebing News so we can share our stories - designhouse@tbaytel.net





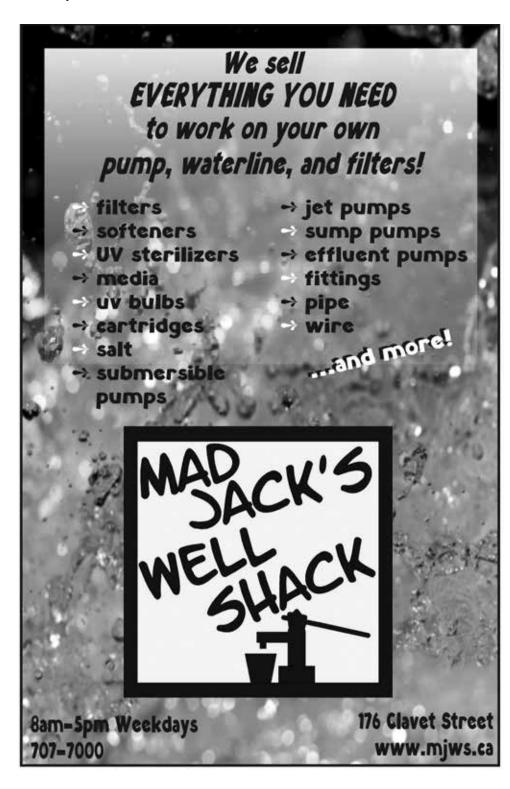






Exciting Announcement: Ontario Parks' Permits Now Available at Oliver Paipoonge Libraries!

Oliver Paipoonge Library is excited to bring you your next adventure! There are so many beautiful places in Ontario that you may have yet to explore. Luckily, you can now checkout free Ontario Parks dayuse permits from both the Murillo and Rosslyn libraries! There are many parks with spectacular views and activities just a short drive away! This is a great opportunity for those in the community who enjoy getting outside and spending time with nature and their loved ones. These Ontario Parks permits provide complimentary day-use access for one vehicle and its occupants at more than 100 provincial parks where fees are normally applicable. If you are as excited as us about this new service offered at our library and can't wait to checkout your own permit, simply contact the Rosslyn or Murillo Library, and we will let you know if or when one is available. The permit will be yours for a week, giving you lots of time to explore many beautiful destinations! In addition, the first time you check out a permit, you will be given a coupon for \$5 off to purchase your own day-use permit at Ontario Parks! You can find a map of operating park locations near you at ontarioparks.com/park-locater. You can also use the Ontario Parks' website to explore the different activities and experiences each park has to offer. This opportunity will be available from January 1, 2021 until December 31, 2021.







Hymers Fair News

by Shannon Dodd-Smith



Hey Kids! Thank you for entering the Holstein drawing contest. The winner is ELLA CHALLEN! thanks to ELLA we have our colouring page for the 10 and under contest. Download from our Website/Facebook/Instagram (it will be posted by August 3).

We also have "The Tradition Continues" poster contest for 10 and under, due July 18th at exhibits@hymersfair.com. This replaces the Prize Book Cover Contest (for 2021 only).

DON'T MISS THE RURAL & AGRICULTURAL ROAD RALLY!

Totally RETRO and Covid-safe! Take a drive in the country on Fair Weekend and earn as many points as you can for Prizes and Glory! More info and Register Online after August 3rd www.hymersfair.com.

Prizes: \$250 Gift Certificate at Thunder Bay Feeds or a \$300 gift pack from Rohnda's Knitting Room!

On-line Labour Day Weekend (Fair Weekend) exhibits will be for fun! Entries will be displayed on Facebook & YouTube starting Fair Weekend; but are due by August 23rd.

Contests 2021:

A. Colouring Contest: colouring pages for adults/youth and kids (download after August 3rd)

- B. Photo Contest (i)most creative baby photo, ii) office/home "classroom" macro, iii) soil in the making.)
- C. Scarecrow Contest (front yard/porch display required)
- D. Biggest Pumpkin (front yard/porch display required with a ruler beside it)
- E. Strangest gourd/pumpkin/zucchini (front yard/porch display)
- F. Best Poem Winner to be published in the rural Newsletters (half page limit)
- G. Best Short Story (half page limit)
- H. Best Outdoor Fall Display
- J. Good Deed Executed by You or For You During Pandemic
- I. Pandemic Pet Photo & "Interview" – pre-set questions to be posted on line by August 3rd

More info will be available at: www.hymersfair.com, Facebook and Instagram by August 3rd.

Also Watch For:

- 50/50 Tickets Info TBD
- Traditional Dining Hall Meal Take-out (by pre-order)
- Info TBD
- Livestock Competitions and Shows! Info TBD

Finally: A HUGE thank you to all of you who supported the Ag Bag event! Watch for it again in the future.

SLATE RIVER WOMEN'S INSTITUTE MONTHLY RECIPES

At this time of the year, RHUBARB is in abundance. It is full of vitamin C, high in fibre and calcium. What many people don't know is that rhubarb is actually a vegetable. Only the stalk is the edible part of the plant. Caution, the leaves are poisonous.

The following is an easy and delicious rhubarb recipe that is low in sugar and gluten free.Perfect for June and July.

This was submitted by Elsie Petryna.

LOW SUGAR, STRAWBERRY RHUBARB CRUNCH

Heat oven to 350 degrees

Ingredients:

- 4 cups of chopped rhubarb
- 1 pint strawberries
- 1 tablespoon honey
- 1 cup rolled oats
- 1/4 cup brown sugar
- 1/4 cup butter
- 1teaspoon cinnamon

Instructions:

- 1. Stir together the rhubarb, strawberries and honey in a bowl.
- 2. Transfer to a shallow, buttered baking dish
- 3. In a bowl, stir together the oats, brown sugar and cinnamon. Mix in the butter till crumbly, and spread on top of the fruit mixture.
- 4. Bake for 40 minutes until the rhubarb is tender and the topping is toasted.

Serves 6

RHUBARB BEVERAGE

Rhubarb also makes a colourful, refreshing, summer drink. Just cook 4 cups of rhubarb in 2 or 3 cups of water and 1/2 cup of sugar until the rhubarb is soft and mushy. Strain the rhubarb mixture and discard or repurpose the pulp. Add a 6 ounce container of lemonade to the rhubarb juice and stir. The juice may be frozen or refrigerated. When ready to use just add ginger ale and serve over ice.

"Grant that we may realize that it is the little things in life that create differences, that in the big things of life we are one."

ROSSLYN WOMEN'S INSTITUTE RECIPE

This member (Helen Drazecky) has sadly passed away but Rosslyn WI members still bake this recipe of hers.

Helen Drazecky's Rhubarb Dessert - Rosslyn W.I.

1 c. butter or margarine

4 T. white sugar

2 c. flour 4-5 c. diced rhubarb

3 egg yolks

1/2 c. evaporated milk

1/2 tsp. salt

2 T. flour

11/2 c. white sugar

3-4 egg whites Pinch of salt

1/4 tsp. cream of tartar

1 tsp. vanilla

Sweetened coconut

Crumble the butter, flour and 2 T. of the white sugar, as in pie dough. Press into a 9" x 13" greased pan. Do not overcook dough, make sure it's soft to touch; cool. Arrange rhubarb over baked crust. Whip together the egg yolks, milk, salt, 11/2 cups sugar and flour. Pour over the rhubarb layer and bake at 350° for 45 minutes, or until mixture appears to have a custard consistency. Meringue: Whip together the egg whites with the pinch of salt, cream of tartar and the remaining 2 T. of white sugar, until peaks form. Spread over the rhubarb layer. Sprinkle coconut over everything. Bake at 350° until lightly browned.



Reduce - Reuse - Recycle!

55 Plus Group Chat Line

What is it?

A call in telephone-based older adult service to join in on fun activities, educational and health and wellness program information.

A calendar will be provided to you with the dates and times of scheduled activities.

You can participate if you:

-Live in the township of Conmee, Murillo, Oliver Paipoonge, Neebing, Shuniah, O'Connor, Gilles or Fort William First Nation.

-Are 55 and older and find it difficult to leave hone, access community centres and services or experience loneliness.

What Are The Benefits?

Create friendships and a community from the comfort of your home. Scheduled time so you know when you can chat. There will be a variety of weekly activities to participate in all or choose those that interest you.

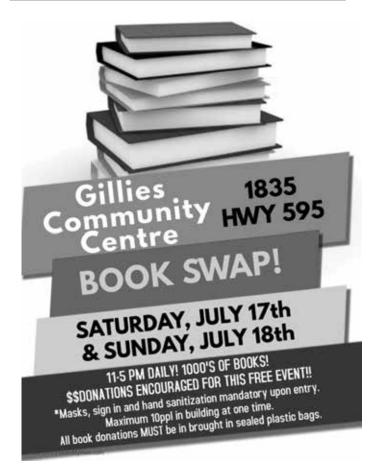
Join Now!

No fees or charges to join. You just need a telephone! No computer required For more information or to register contact Twyla or Suzanne at the Thunder Bay 55 Plus Centre.

Email: tbiluk@thunderbay.ca

Phone: 684-3471





Neebing Municipal Services During COVID-19

Updated July 1, 2021

Municipal Buildings:

All Municipal Buildings are **CLOSED** to the general public under Step 1 of Ontario's Roadmap to Reopening.

Municipal Council Meetings:

- Council meetings are virtual and held on regular council dates being the first and third Wednesday of each month (summer meeting schedule is once per month being July 7 and August 11). A 'virtual meeting' is the hosting of a meeting in a virtual environment and not face-to-face. Participants call in by telephone or connect online through the internet.
- Prior to all meetings, agendas, meeting documents and public participation details are posted on our website www.neebing.org/events.

Municipal Services:

The provision of essential municipal services continues. If you have any questions or concerns, please contact us by telephone at **474-5331** or drop us an email at **nee-bing@neebing.org**.

Municipal matters requiring in-person consultations must be scheduled in advance. Please call the office at 474-5331 to book an appointment.

Stay safe and avoid unnecessary interactions with others not from your immediate household. We strongly recommend using options other than in-person contact to conduct business whenever possible.

Visit our website for up-to-date information on all service modifications.
Subscribe to our newsfeed and stay informed.

www.neebing.org



Posted by The Corporation of the Municipality of Neebing 4766 Highway 61 -Neebing, ON - P7L 0B5 (807) 474-5331



COVID-19 vaccines are safe, effective and approved by Health Canada.

Get the facts.
ontario.ca / covidvaccine



HYMERS FALL FAIR 2021 ANNOUNCEMENT

IN ORDER TO KEEP THE HEALTH AND SAFETY OF OUR VOLUNTEERS, EXHIBITORS, SPONSORS, VENDORS, AND FAIR-GOERS FIRST AND FOREMOST, THE HYMERS AGRICULTURAL SOCIETY'S BOARD OF DIRECTORS HAS DECIDED, FOR THE SECOND YEAR IN A ROW, TO HOLD OUR BELOVED FALL FAIR VIRTUALLY IN 2021.

WE HOPE THAT EVERYONE WILL WATCH FOR AND SHARE OUR POSTS, AS WE BRING AS MUCH OF THE FALL FAIR TO YOU AS POSSIBLE. NOW THAT WE HAVE A "VIRTUAL" YEAR UNDER OUR BELTS, THE BOARD IS WORKING HARDER THAN EVER TO MAKE THIS YEAR'S 109th VIRTUAL HYMERS FALL FAIR EVEN BETTER!

WE KNOW THESE TIMES ARE CHALLENGING AND WE HOPE THAT EVERYONE IS DOING THEIR BEST TO KEEP SAFE, WITH THE ANTICIPATION THAT WE WILL ALL BE TOGETHER AGAIN SOON.



WANT ADS

FOR SALE: **INTERNATIONAL 5 TON TRUCK**

466 cu.in., 7.6 L Navistar, non-intercooled, turbo charge, inline 6 cyl. Diesel engine-10 speed Road Ranger transmission. Air brakes, manually acutated, clutch, air compressor on motor, hydraulic power steering, all spring suspension, 24' flat deck. Capable of hauling eleven 5' x 6' round bales of hav. Call 473-9002

Let's Connect!

Have a Birthday or Anniversary To Share? **Resident Yard Sale? Want Ad?** (Non-Business Ventures) Print it in The Neebing News -At No Cost!

Amount of Space Provided on Availability Basis - 150 words max. Email designhouse@tbaytel.net

Unwanted Vehicles in your Yard picked up for free.

I live on Hwy. 61 in Neebing. Text/phone 474-9547

HOW TO CONTACT

Erwin Butikofer, Mayor,

Mayor@neebing.org, 964-1788 (R)

Gordon Cuthbertson, Councillor at Large,

Councilatlarge@neebing.org 708-7548 (C)

Mark Thibert, Ward I (Blake) Blake@neebing.org 939-2720 (R)

Brian Wright, Ward 2 (Crooks) Crooks@neebing.org 964-2365 (R)

Curtis Coulson, Ward 3 (Pardee) Pardee@neebing.org 577-2475 (R)

Gary Gardner, Ward 4 (Pearson) Pearson@neebing.org 577-1963 (R)

Brian Kurikka, Ward 5 (Scoble)

Scoble@neebing.org 633-3735 (C)

R-Residence

RURAL BUSINESS SERVICES DIRECTORY

AUTO REPAIR

Charlie's Auto

Automotive Service Technician, Charles Clair 953 Candy Mountain Dr., 473-5456 708-5536 Fast Forward Auto

Full Service Domestic & Import Repairs Brakes, Driveline, Drivability; Quality Four Wheel Align-

1024 Boundary Dr. W. Neebing 807-628-8551
CATERING, HALL RENTALS & MEETINGS

Blake Hall - For Rental call 474-5331 Founder's Museum

Hwy. 61 & Gillespie Road, Phone: 475-5114 Fax: 473-4663, Email: info@founders.ca

DUG WELL SERVICES/PUMPS

Allens Enterprises Services Inc.-Essential Dug Well Tech / Installation - All Pumps dig1@tbaytel.net / www.dig1.ca

Office: 626-6267 Director: 626-6857 **EXCAVATING & EQUIPMENT RENTALS:**

Allens Enterprises Services Inc. Office: 626-6267 Director: 626-6857

dig1@tbaytel.net / www.dig1.ca Pete's Backhoe Service Ltd.

52 Haniak Rd, Rosslyn Ph 939-1014, Email office@petesbackhoe.com Dump Trucks, Excavation, Lot Development <u>ELECTRICAL</u>

5 Star Electric (Thunder Bay) Inc.

Residential, Commercial, Industrial; New Builds, Upgrades. Lighting Retrofits (grants possible), Solar system repairs, Generator backup systems. 807-475-7827, email:inquiries@fivestarelectric.ca, message us at Facebook

FEED & FERTILIZER

Thunder Bay Co-op Farm Supplies

Highway 61 & Boundary Drive Phone 475-5190 Fax 475-7420 www.tbcoop.com Fertilizers, chemicals, building supplies, hardware, feed, poultry chicks, garden products

GENERAL CONTRACTORS

Allens Enterprises Services Inc.- Essential Excavating, Landscaping, Driveways, Dug Wells,

Septic Systems dig1@tbaytel.net / www.dig1.ca Office: 626-6267 Director: 626-6857

Pete's Backhoe Service Ltd. 52 Haniak Rd, Rosslyn Ph 939-1014,

Email office@petesbackhoe.com Driveways, Lot Development, Gravel/Sand

METAL ROOFING Thunder Bay Co-op Farm Supplies

Highway 61 & Boundary Drive, Phone 475-5190 Fax 475-7420 www.tbcoop.com Largest Stock of Ideal Metal Roofing & Siding in N. Ont.

Musical Discovery with Suzanne Gilmore

Piano, Voice, Theory, Intro Guitar Exam Prep for Royal Conservatory Lessons held in Rural Schools and online 964-2223 musicaldiscovery@hotmail.com PORTABLE TOILET RENTALS
A-1 Sewage Services (1989) Ltd.-Essential

519 Pole Line Rd. Rosslyn P7K 0S6 Ph. 473-9480 Fax 473-9099

REAL ESTATE SALES

Avista Realty Group Ltd. 640 Beverly St. Thunder Bay

Barb McEwen, Sales Rep.

Cell 807-626-3860 Ph. 344-3232 Fax 344-5400

SEPTIC SYSTEMS INSTALLS:

Allens Enterprises Services Inc.

Licensed Septic Systems Installer dig1@tbaytel.net / www.dig1.ca Office: 626-6267 Director: 626-6857 Pete's Backhoe Service Ltd.

52 Haniak Rd, Rosslyn Ph 939-1014, Email office@petesbackhoe.com Licensed Septic Installers

SEPTIC TANK CLEANING:

A-1 Sewage Services (1989) Ltd.

519 Pole Line Rd. Rosslyn P7K 0S6 Ph. 473-9480 Fax 473-9099

TIRE SHOP

Pro-Tec Tire Centre

3129 West Arthur Street, Husky Truck Stop Tire Shop: 939-2581 Office: 939-2572 Fax 939-

TRAVEL

Travel Professionals International

Amanda Gordon - Travel Consultant Direct line 807-708-5342, amandag@tpi.ca Ph 905-896-6948 TICO# 1576226 1131 Nottinghill Gate, suite 203, Oakville, ON

TRUCK.CAR STOP & RESTAURANT Santorelli's 24 Hr. Husky Truck Stop

3131 West Arthur Street (near Twin City Cross-

Gas Bar:939-2619/Fax:939-2060/Office:939-2572

UPHOLSTERY and REPAIR/RESTORATION

Monteith Upholstery

L6M1K5

Specializing in Furniture, ATV/Snowmobile seats, Marine, Automotive, Custom outdoor covers (i.e. patio furniture, A/C units, etc...) and restoration projects. 16 Carlson Rd N, Neebing Phone: 631-4672 Email: monteithupholstery@gmail.com Website: monteithupholstery.com Facebook: monteith upholstery and restoration

WATER TREATMENT

Authorized Purifiner dealer for N.W.O., Water treatment specialists **Brad's Water Treatment 577-0462**

WELL SERVICES/PUMPS Kershaw Well Services

350 Blindline Road, Rosslyn, ON P7K 0R7 Phone 939-2166 Fax 939-2167





Open Burning of Garbage Is Harmful to Your Health and the Environment

NEEBING NEWS NOW DELIVERED TO YOUR MAILBOX (unless you have NO FLYERS posted) Deadline for the AUGUST issue of The Neebing Newsis JULY 20!! (BUT early submissions are always very welcome!)

Submissions and photos of community events and articles of interest are welcome, and can be sent to Chris Vaclav at designhouse@tbaytel.net. 628-7271

The Rural Pharmacist: Now Booking Covid-19 Vaccine Appointments!

by Henry Tempelman, Pharmacist/Owner of Evergreen Pharmacies

WE ARE ON BOARD AND NOW OFFERING 1ST AND 2ND **DOSES TO AGES 18+!** As of June 29, we are offering the MODERNA covid-19 vaccine at both Rosslyn and Kakabeka Falls Evergreen Pharmacy locations! To get on our waitlist, the easiest way is to access www.ever**greenrx.ca** and follow the prompts for your preferred location and enter your information. Please book online if you are able because this makes the process easier for us and prevents our phone systems from being overwhelmed (on top of our other pharmacy duties!). Only if you are unable to book a spot on our waitlist online then call us and we can help get you signed up. Once you are on our waitlist then WE will contact YOU to book an appointment. :) Please do not call the pharmacy to ask your position on the wait list.

Another month, another new set of recommendations and updates to follow with the COVID vaccine schedules. That's okay though! We are witnessing science in action, which means we are following evidence-based medicine to maximize benefits while minimizing risk.

If you got the AstraZeneca vaccine, you did the RIGHT THING! You reduced your risk for contracting severe COVID-19 virus and reducing the risk of transmission to those around you. Getting your first dose of ANY vaccine was important for your protection and others.

Getting your second dose? That's the next important part! NACI (Na-

tional Advisory Committee on Immunization) has updated their guidance on second dose vaccinations; If AstraZeneca was your first dose then NACI is now recommending that your second dose be an mRNA vaccine (Pfizer or Moderna). The mixing of AstraZeneca followed by an mRNA vaccine has proven to produce a stronger immune response to the COVID-19 virus than two doses of AstraZeneca. The emerging Delta variant, amongst other variants, is highly transmissible and poses high risk of hospitalization. Fortunately, none of the variants have demonstrated the ability to evade the strong immune response of fully vaccinated persons. Being FULLY vaccinated is the most important thing you can do!

If you got AstraZeneca for your first dose, the most important vaccine is the one you can get soonest! If you have a choice then your second dose should be Pfizer or Moderna. If you can't get Pfizer or Moderna, but you can get AstraZenca soon then Astrazeneca will still improve your protection immensely. The risk of a severe blood clotting disorder with a 2nd AstraZeneca dose is 1 in 600,000.

If you got Pfizer or Moderna for your first dose, then a second dose if of Pfizer or Moderna is preferred. Again, the theme is to get whichever dose you can get first, even if it means mixing doses. If you have a choice, then it is recommended to stick with the same dose of vaccine. Canada has a large supply of Moderna (at the time of this writing) and delays in Pfizer



shipments.

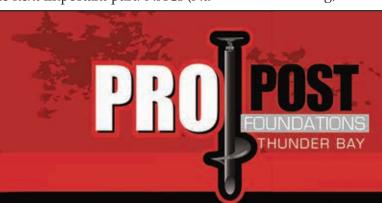
With any second dose of vaccine, there is the possibility for more, the same or less side effects than you experienced with your first dose. These side effects are usually limited to 1 or 2 days and can improve with appropriate rest, fluids and acetaminophen.

And remember, the body builds immunity for approximately two weeks post-vaccination so be sure to continue safe lifestyle practices!

As of June 28th, all Ontarians ages 18+ who received mRNA for their first dose can book their second dose, with at least 28 days between doses. Anybody who received Astrazeneca for the first dose can mix with an mRNA and receive their second dose 8 weeks following their first dose. Childrens aged 12-17 are able to book appointments for the Pfizer vaccine regimen. Thanks to everyone who completed the Norwest survey last month in efforts to continue to grow and recruit

more health services in our rural community. With our continued support and success, we strive to improve quality and accessible health services in our community. Can't be done without the incredible support we continue to receive from the community!







HELICAL PIERS ARE THE PREFERRED FOUNDATION FOR:

- Decks
- New home builds
- Sheds and sea containers
- Modular homes and trailers
- Docks and boardwalks
- Carports
- Fences and gates
- Retaining walls
- Clothesline posts
- Flag poles
- Commercial and highway signs





No Need For Concrete!
Engineering
Services
Available



OUR SERVICES INCLUDE:

- **Excavation / Trenching** •
- **Property Development** •
- Landscaping / Leveling
 - **Post Holes Drilled**
 - Decks / Fences
- Acreage Clearing / Brushing •
- Stump Grinding / Removal •
- Trail Construction / Maintenance
 - Topsoil / Sod •
 - **Driveway Building / Grading**
 - **Demolition** •
 - Site Preparation •
 - Parking Lot Sweeping •

...and much more!



807-355-2679 807-707-2522

One Company

For All Your Contracting Needs!

propostfoundations.com thunderbay@propostfoundations.com bgcontracting.ca thunderbay@bgcontracting.ca