

### To Chipseal or Not to Chipseal

Many calls come into the office asking about chipsealing roads in the Municipality. Each year Council determines which project will be completed and assesses factors such as road conditions, use and traffic volume, the terrain (hills, surface bedrock, road base ditches) etc.. The Capital Plan is also consulted as it lists the planned road renewal projects. Chipseal is renewed every 7 to 10 years, gravel is renewed every 12 to 15 years.

The term of Council that ended with the 2022 election determined that for the past term of Council, the roads that required the most urgent work were our gravel roads, and priority would be placed on improving the condition of the gravel road network. Priority was also given to developing our Asset Management Plan. Having an Asset Management Plan has allowed Neebing to develop a Capital Plan to help budget for future improvements.

The Capital Plan identifies costs associated with road renewal for both gravel roads and chipseal. In the plan that was passed in October of 2022, the number used for planning purposes shows that the expense using contractors for renewing 1 KM of gravel road is \$43,250 (and much less for work done inhouse), while renewing 1 km of chipseal road is \$80,000. Both these figures are based on actual values from contractors in 2022. To put this into a tax perspective, the difference between chipseal and gravel is estimated to be \$36,750 (\$80,000-\$43250) per kilometre, which represents a tax levy increase of roughly 1.3%.

However, the figures used for planning may or may not be the actual expenses. In the past ten years, chipseal cost for contractors varied from \$7,414 to \$86,634 per km depending on what preparatory work had to be completed, what could be done in-house, and whether Neebing could source free recycled asphalt (a material that is no longer available).

If we are resurfacing a chipseal road that is in fair to good condition, patching the existing surface and applying a single coat of chipseal will renew the road and cost less. If a chipseal road surface is poor, the existing chipseal will need to be removed, the road improved by adding gravel and re-establishing a crown on the road for water run-off, and then two coats of chipseal will be applied. This extensive type of renewal is approximately \$80,000 per km.

In 2022 Neebing renewed the chipseal road surface on Sturgeon Bay Road. When Council determined the annual budget in early 2022 the condition of the road could not be assessed as snow was still on the ground, so the budgeted figure used for the renewal project was \$80,000 per km. Luckily when the snow left, Sturgeon Bay Road was determined to be in fair to good condition and our Neebing roads crew was able to patch it, and a single coat of chipseal was completed in early September. The expected cost per kilometre for that renewal project is just under \$50,000 per kilometre.

So, when will more roads be chipsealed? Well ... It's complicated. The subsurface of the road needs to be in good repair, and improvements to the road subsurface and surface may need to occur in the year prior to chipsealing. Municipal resources are limited, and Council needs to ensure the funds are there not only for the initial chipseal expenditure, but also budget for future renewal. Ultimately, Council, with input from the public, makes decisions about how to use our limited resources to improve and maintain the whole Municipality. You are welcome to attend Council meetings. The budget is usually first reviewed at a meeting in January and is reviewed several times, prior to being passed in May.

#### 2022 Municipal Election Results

Mayor		
Candidate	# of Votes	
Polkowski, Ziggy	260	
Thibert, Mark	437	
Blake (	Councillor	
	Councillor # of Votes	
Blake ( Candidate Hill, Katherine	Councillor # of Votes 173	
Candidate	# <u>of</u> Votes	

Candidate	# <u>of</u> Votes			
Cadieux, Jill	306			
Cuthbertson, Gordon	370			
Crooks Councillor				
Crooks Cot	incilior			
Candidate	# <u>of</u> Votes			

Councillor at Large

The Councillors for Pearson, Pardee and Scoble were acclaimed.

#### Welcome to the new Council for the 2022 - 2026 term:

Mayor	Mark Thibert
Councillor at Large	Gordon Cuthbertson
Councillor for Blake	Katherine Hill
Councillor for Crooks	Undecided
Councillor for Pearson	Gary Gardner
Councillor for Pardee	Curtis Coulson
Councillor for Scoble	Brian Kurikka

There was a tie for Crooks Councillor. An official recount will be held and if there is still a tie following the recount, then the winner will be drawn from a hat.

The new Council will be sworn in at a special Council meeting scheduled for November 15<sup>th</sup>. The first regular meeting of the new Council is scheduled for November 16<sup>th</sup>.

Staff and volunteers with the Municipality of Neebing join with the constituents in thanking Mayor Erwin Butikofer for his dedicated service to his community. We collectively send the best of best wishes, and sincere appreciation.



#### **Neebing Fire/Rescue Association**

NFRA is honored to be supported by two bands who are *volunteering* their talents in a **Bluegrass and Old Tyme Music Concert**, <u>November 6<sup>th</sup></u> at Blake Hall. The tickets available at Neebing Municipal Office.

Here is more about them:

Rob and Gary

Rob Donaldson and Gary Becotte have been playing together for the last 20 years and gracing the stages of Bluegrass Festivals featuring their old tyme music. Rob, on guitar, and Gary on guitar and

5 string banjo will be playing the first set. Be prepared for them also providing more than a few laughs. They may have a surprise 3rd member of the band adding some mandolin. CDs of their music will be available for bidding at the auction.

Mink Mountain Revue

Mink Mountain Revue is a bluegrass and old tyme country music band featuring Ray Koenig on fiddle and vocals; Nancy Koenig on bass; Jim

Bird on fiddle, mandolin and vocals; Jim Pike on guitar, mandolin and vocals and front man John Myers on guitar and vocals. The focus of the band is of fun and traditional music and often found entertaining at Senior homes and sold out fundraising events at Kakabeka Falls and Mink Mountain Resort. While stalled a bit with Covid restrictions the band of warming up again and recently entertained at the Neebing Canada Day celebrations and currently during the Gammondale Pumpkin Festival.

Each \$15.00 event ticket will also include dessert and beverages and a door prize. Adding to the fund raiser will be a pie and craft auction and 50/50 draw.

If you are finding it difficult to get to the Municipal office for tickets, message us (at nfraevents@gmail.com) and we can arrange for payment by etransfer and have your tickets reserved at the door. Only 100 tickets available.



#### We're Hiring!

The Municipality of Neebing is currently accepting applications for the following positions:

#### Truck driver/Equipment Operator

The Municipality of Neebing is accepting applications for a Truck Driver/Equipment Operator for maintenance and repair work on municipal roads and associated infrastructure, bridges, culverts, buildings, and other Municipal assets as required.

The position is permanent with full time working hours. A class DZ driver's licence is required. A class AZ driver's licence and grader operator experience would be an asset.

This position is covered by the Municipality's Collective Agreement.

#### Chief Building Official

The Municipality of Neebing is partnering with the Township of Conmee and the Township of O'Connor in seeking a part-time Chief Building Official that will work in each municipality.

The Chief Building Official is responsible for the management and enforcement of the Building Code Act, the Ontario Building Code, and all other pertinent municipal and provincial regulatory requirements within each municipality.

This is a part-time position and workload will depend on the number of permit applications received in each municipality. Compensation for work completed in each municipality will be negotiated separately with each municipality.

#### **Economic Development Officer Intern**

The Economic Development Officer Intern will work with Neebing's Council, staff, and volunteers on a variety of projects to promote development and tourism in Neebing.

Qualifications: University or college graduate in a related field or equivalent experience. A degree or experience in business, marketing, urban planning, tourism, and recreation programs would be well-suited.



This opportunity is proudly supported by Northern Ontario Heritage Fund Corporation and is funded through the Workforce Development Program. Eligibility requirements of the program can be found at https://nohfc.ca/en/pages/programs/peopletalent-program/workforce-development-stream.

#### As per the funding requirements:

- The candidate must be either a new entrant into the workforce, transitioning to a new career, or is unemployed or underemployed and is entering a new field.
- The candidate must have not previously participated in NOHFC's People and Talent
- The candidate must be 18 years of age or older.
- The candidate must reside in Northern Ontario.
- The candidate must be legally eligible to work in Canada

#### Please submit cover letter and resume to:

Clerk-Treasurer Municipality of Neebing 4766 Highway 61 Neebing, ON P7L 0B5 clerk@neebing.org



### HOLIDAY LANDFILL HOURS SCOBLE & SAND HILL LANDFILLS

Note the special Wednesday Openings

Saturday December 24th - OPEN 9-5 Sunday December 25th - CLOSED Wednesday December 28th - OPEN 9-5

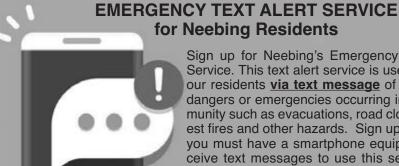
Saturday December 31st - OPEN 9-5 Sunday January 1st - CLOSED Wednesday January 4th - OPEN 9-5

#### Book your next event with us!

The Blake Community Hall is available for rent by the hour, day, or weekend. Blake Hall has a fully equipped kitchen for self-catered events and comfortable chairs and tables for your guests. We are also fully accessible with a ramp entrance and accessible washroom. Call the Municipal Office at 473-5331 for reservations.

#### **Rental rates:**

Rental	Parties, luncheons, car rallies, training sessions (some exemptions apply)	\$20.00 / hour
	Weddings (3 full consecutive days rental)	\$400.00
	Insurance fee for events involving liquour	\$125.00
	Refundable damage deposit (due on all rentals)	\$300.00
Exemptions	Funeral luncheons	no charge
	Rental by non-profit groups (defined)	no charge



Sign up for Neebing's Emergency Text Alert Service. This text alert service is used to notify our residents via text message of immediate dangers or emergencies occurring in our com-

munity such as evacuations, road closures, forest fires and other hazards. Sign up is free but you must have a smartphone equipped to receive text messages to use this service as it does not work on land lines.

Sign up at **neebing.org/textalerts** or send us your name, Neebing address, and your text-enabled cell phone number including area code to neebing@neebing.org or call us at 474-5331. Your personal information is kept strictly confidential.

# **Volunteer for your Community!**

The end of the term of the current Municipal Council, November 14th, 2022, also marks the end of the term for the various volunteer committees in Neebing. Consider serving your municipality by joining a committee.

Applications are being accepted for positions on the following committees:

- Neebing Recreation Committee
- · Neebing Economic Development **Advisory Committee**
- Cloud Bay Cemetery Board
- Neebing Waste Management Committee

The next term for committee members runs from November 15, 2022 until November 14, 2026.

By-law 2016-022 contains the terms of reference for each committee. Committee members will be formally appointed after the new Council is sworn in following the municipal election.

If you are interested in joining one of the committees, please submit a written request to the **Clerk-Treasurer** or deliver to the municipal office at 4766 Highway 61.

#### Who You Gonna Call?

The OPP respond to calls about speeding, noise, public drinking on municipal property, boating infractions and more.

OPP Non-emergency phone number 1-888-310-1122. Call 9-1-1 for emergencies.

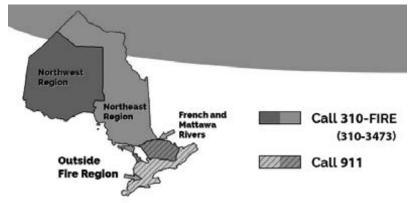
#### **Contact Us - Municipality of Neebing**

Complaints, Concerns, or Questions: Want action on a problem? Want answers to your Municipal questions? Get accurate information right from the source: www.neebing.org or call the office at 474-5331. Report your concern, voice your complaint, or get answers to your Municipal questions with the click of a mouse or a phone call.

Emergency Road Condition Reporting: If you encounter an emergency road condition such as a washout, a sinkhole, etc., please call the Municipal Office direct 474-5331 even if you are calling outside of regular office hours (Mon - Fri 9am - 5pm). Leave us a detailed voice message as the municipal voicemail is monitored to help us act quickly when such emergency issues

Municipal complaints or concerns posted on social media forums or website pages not maintained by the Municipality are not monitored or recorded. Please, contact the Municipal Office direct - we are here to help!





#### REPORT FOREST FIRES



















the fire untilities out, and drawn the

#### Contacting the OPP

The Ontario Provincial Police (OPP) are contracted by the municipality to provide services to ensure the safety and security of our residents. You can help keep our community safe by keeping the police informed.

Did you know that the OPP have different ways you can inform them of incidents in our area?

#### For emergency events call 9-1-1.

For non-emergency events you can either:

- Call the 24-hour toll-free number at 1-888-310-1122;
- Call the detachment at 807-683-4200; or
- File a report online at https://www.opp.ca/index.php?

Council would like to encourage residents to contact the OPP as things occur. Some laws are difficult to enforce when reported days after the offence has occurred. Examples would be disturbing the peace, drinking on public property or drinking and driving/boating.

**NEEBING NEWS** DELIVERED TO YOUR **MAILBOX** (unless you have NO FLYERS posted) Deadline for the **DECEMBER** issue of The Neebing News is NOVEMBER 20!! (BUT early submissions are always very welcome!) Submissions and photos of community events and articles of interest are welcome, and can be sent to Chris Vaclav at designhouse@tbaytel.net 628-7271

#### **Your Business** Here!

Do you own or operate a business within Neebing? The municipality is updating its Local Business Index and Interactive Map. Get in touch with Elizabeth at the municipal office to find out more at:

> (807) 474 - 5331or via email at development@ neebing.org.

#### **NEEBING LANDFILL NEWS**



#### Winter Landfill Hours

A reminder that winter hours start at the landfill on October 1st Saturdays: 9:00 am to 5:00 pm Sundays: 12:00 pm to 4:00 pm



#### Garbage Bag Tags

Regular household garbage requires a Municipal Garbage Bag Tag. Pick up your tags at the landfill sites directly during regular hours of operation. You must present photo ID to the attendant in order to receive your tags.



#### Back to Bags for Plastics & Cans

Please BAG your plastics and cans. Clear and blue bags are recommended. Bags help to keep the mountain of recycling much more manageable. Cardboard does not have to be bagged, only flattened.



# NFRA invites you to a.... BLUEGRASS and

# OLD TYME MUSIC CONCERT

#### FEATURING

# "THE MINK MOUNTAIN REVUE" and "ROB AND GARY"

...in support of Neebing Emergency Services, to be held at Blake Hall on Sunday, November 6, 2022

Doors open at 1:15pm, concert starts at 2:00pm

Admission Tickets \$15.00 which includes coffee/tea and dessert.

PLUS...

50/50 Draw!

Silent and Live Auctions!



Tickets available starting on October 3 at the Neebing Municipal office 4766 Hwy 61.





# Rural Family Centre

Child and Family Centre

"Learning Through Play, Exploration & Inquiry" Connect with other Families!

(for children 0-6 years)

Our Calendar of events can be viewed at: https://www.keyon.ca/en/Events/ViewEvents

\* EarlyON Child and Family Centre - Murillo

(Pre-registration on KeyON is required)

For more info. please: Email: ruralfrc@tbaytel.net or Private FB message us or Call: 935-3009

Play, sing, laugh and we will SEE YOU SOON!

# Volunteer for Your Community!

The end of the term of the current Municipal Council, November 14th, 2022, also marks the end of the term for the various volunteer committees in Neebing. Consider serving your community by joining a committee. Applications are being accepted for positions on the following committees:

- Neebing Recreation Committee
- Neebing Economic Development Advisory
  Committee
- Cloud Bay Cemetery Board
- Neebing Waste Management Committee

More details about the committees and how to apply are available at www.neebing.org/committees or by contacting the Clerk at 807-474-5331.



#### What's Been Happening at Council Meetings?

Since the October edition, there has been one regular meeting of Council on October 5th.

At the regular Council meeting on October 5, the following matters were considered:

- Council approved the updated Annual Capital Plan.
- Council passed a resolution opposing the provinces Strong Mayors Act.
- Council discussed improvements to Pit Road.
- Council repealed the by-law related to haul permits.

The final meeting of the current Council will be held on November 2nd. The inaugural meeting of the new Council and will be held on November 15th. The first regular meeting of the new Council will be November 16th. Regular Council meetings are normally scheduled for the 1st and 3rd Wednesday of each month.

This article contains only highlights from Council meetings – visit the website to see the approved minutes from each of the meetings. The minutes of each meeting are approved at the following meeting and are posted on the website once they have been approved and signed. If you don't have internet capabilities, you can always contact the office for copies of approved minutes.

Meeting agendas are always posted online on the Friday prior to the Wednesday meeting. Come out and see what your Council is doing on your behalf. Feel free to contact the Municipal Office for further information or with input into any of the items that Council is considering. The meetings are now being held at the Municipal Office, but there is the option to attend virtually as well. The links to login to the meetings are posted on our website in the calendar details.





Available Services Include:

\*Prompt; professional; experienced; insured services

For a free estimate please call, text or email:

Grant Miller (807)-630-5359 woodsmillertree@gmail.com







# Homecraft Judging School

The Ontario Association of Agriculture Societies is holding a Homecraft Judging School onBaking, Canning, Crafts, and Needlework

Friday, November 18th 6:30 – 9 pm Saturday, November 19th 9:00 – 5 pm To register, email randy@oaasfairs.com or Call Sylvia (807) 767-2365



# Chix in the Stix Old Dog. New Tricks.

Okay this is a mash-up but I've lots in my brain today so come along for the ride. Stick with me and I promise to bring it all home.

Hearing and eyesight giving you trouble? I can beat that with a full house of bursitis, plantar fasciitis and gout all on the left side of my

A few years ago I took part in a series of workshops related to behaviour therapy, mindfulness, and regulating emotions. One take away was about there being any number of dialectical things in our lives. Things that are opposing but can and do exist at the same time. I can love my husband AND be mad at him at the same time. I can be happy about something working out, AND be disappointed that it didn't work out sooner. I can be excited AND worried at the same time. I can be doing my best AND still wanting to do better. And YOU can think and feel one way and I can think and feel a totally different way and that is totally cool. It's that AND word that is the key. Change it to BUT and you diminish the validity of one or both of the feelings. I think about this often and how two feelings and opinions exist at the same time in my brain almost constantly throughout my day. I love to eat, but dislike doing the dishes. I love the fall, but am sad when the weather gets cold. In fact for almost every positive in my life I can almost always add a 'but' to it. And I'm not sure I want to anymore. I'm gonna try to stop and just focus on the positive feeling and see if I can live without the 'buts' or at least turn them into 'ands.'

Next bunny trail. Old age. I reached a new decade this summer. And I'm noticing a few things. There was a time when I would be asked at the store if I 'qualified' for the senior's discount. They were polite enough not to assume. Now they just give it to me no questions asked. I'm also being asked more often when out with my youngest daughter if I am mom or grandma. Apparently I'm showing my age a bit more on the outside (though still in my 20's on the inside). This will take some getting used to. I don't mind getting older, BUT there are some things I don't like. (I'm sticking with that BUT for now.) The list of things that ail me seems to be growing. Talking to friends now is like a fun game of senior's poker where we all try to one-up the others with what is broken, hurting or falling apart. Arthritis? I will see your arthritis and raise you a potential knee replacement.

trouble? I can beat that with a full house of bursitis, plantar fasciitis and gout all on the left side of my body. The trifecta for the win! See there's those dialectics again. That love hate relationship with getting old. For some folks that love part wanes some days. Like when the weather is cold and damp. Or the Ibuprofen wears off. Or I have to get up. I mean don't get me wrong, I love my life and life in general. And I love getting older, BUT. And I'm really trying to eliminate the 'but' in this equation. Because I want getting older to be filled with fun and full of breaking rules and stereotypes. I don't wanna shop in the 'old lady' section. I wanna get more tattoos, more piercings. I wanna dress Goth if I feel like it. I want to wear leather and lace no matter what the occasion. I want to relish feeling comfortable in my own skin. In being very clear about who I am and what I like and don't like. The younger me was way less grounded and way less secure. Honestly I should be happy to see her go. I mean sure she could party all night and not have to sleep for days to recover. She was thinner. In better shape. Had all her teeth. Her feet were pretty. But she didn't have it all.

Maybe it's a post covid thing too? I don't sweat over stuff anymore the way I once did. I have mellowed. I pick my battles carefully and find there are very few worth the time and effort. I listen more, with a more open mind. I've stopped being so stubborn and allowed myself to evolve. Maturity gives me a new perspective. I used to be chubby and socially awkward. Now I'm cuddly and eclectic! I am framing ME differently. Owning my character and placing less value on other people's validation. I know now that my true validation comes from inside (and above). Such a relief.

So now hear this, old age. I may not like all parts of you AND I am going to accept the reality of where I'm at now and embrace it. I mean life is far from over. I want to keep making plans. Keep learning new things. Keep setting goals and setting the bar higher. Keep surprising myself and others. And here's the wrap-up I promised. I'm getting older AND I'm still very much alive!







#### RURAL CUPBOARD FOOD BANK

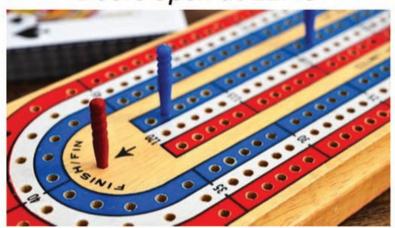
Neighbours Helping Neighbours **Conmee Municipal Complex** 19 Holland Rd, Kakabeka Falls P0T1W0 807-285-0836

We sincerely thank all those that continue to support us. Your donations enable the food bank to remain open! Next Food Bank Wednesday, November 16 Registration 9 am to 11 am **Drive-Thru Pick-up** 

A special THANK YOU to the St. James Church and St. Marks Church members for their generous donations of fresh vegetables. Every donation makes it possible to provide food to those in our communities that need assistance.



**Duke Hunt Museum** Seniors Cribbage **Every Tuesday at Rosslyn Hall** 1:00 - 4:00 beginning Oct. 4th Doors open at 12:45



For more information call 939-2312



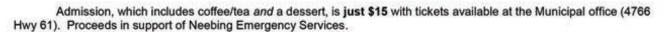


#### Do You Have Your Tickets Yet?

At this writing, tickets are still available but going fast for the upcoming.

Bluegrass and Old Tyme Music Concert November 6th at Blake Hall featuring

The Mink Mountain Revue and Rob and Gary.



You won't want to miss this lively event! There will also be a 50/50 draw, silent and live auctions too! Hope to see you there!

### **December Cookie and Treat Sale**



#### NFRA Cookie/Treat Sale!

YUM



It's Coming! On <u>Saturday, December 10<sup>th</sup></u>, at <u>Blake Hall</u> from 1pm to 3pm will be your opportunity to purchase some of the best baking in Neebing! In support of Neebing Emergency Services. Have a delicious assortment of goodies available for your family and guests over the holiday season.

We will have a new format for our sale this year. As Covid has changed so many things in our lives, NFRA has had to pivot to enable a safe event for all. That, coupled with increases in grocery prices (don't even get me started on the price of *butter!*), determined that updates to this event were inevitable. We hope you'll be pleased with what you'll see on December 10<sup>th</sup>!

BAKERS, if you are able to donate baking for this event (and we appreciate your support!) please email <a href="mailto:nfraevents@gmail.com">nfraevents@gmail.com</a> or call/text me (Joy) at 628-2015.

What a terrific way to support your community from your own kitchen. Thank you!

We always welcome new volunteers, join us! Email us at nfraevents@gmail.com and we'll let you know when the next sort or event is happening. There is no commitment, just help whenever you wish, great for the family too! Extra hands certainly make the work go quickly! We'd be happy to welcome you!



#### The Shed has been MOVED!! What Shed?

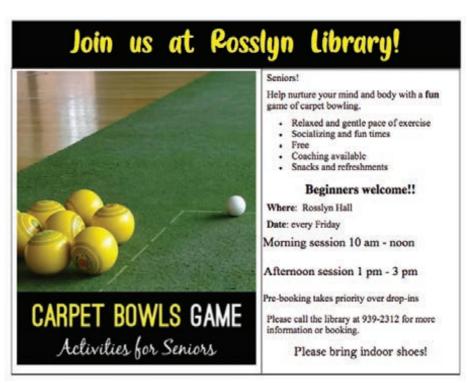
Glad you asked!

The Municipality has granted our request to have the older Attendar Landfill moved closer to our collection bins. Beer and Liquour bottle be easily placed, out of the elements, inside the little shed! You'll fir the Good Neighbor Shed and the seacans for recyclables.

Look for it next time you are at Scoble's landfill. We are so happy to have this option a

Be safe, be well and be kind.

Joy Harris NFRA - President





# We are looking to start up a Neebing 4H group!

there are local families who would be interested in have their kids in grades 1-8 join 4H in Neebing! The meeting place would likely be Blake Hall and a focus for the group has not been decided yet, that will be decided by the parents of the children joining the group. If you would like to know more please contact Lisa at lisalaitinen@hotmail.com or 807-708-4767 (cell).

This is a great opportunity to have locally organized activities for kids, no need to drive all the way to town!





Rural Heritage Days Annual Banquet and Trophy Presentation Saturday, November 5,2022 Rosslyn Hall

Doors open at 6:30
Dinner and warads at 7pm
\$30 per person for dinner
Tickets must be purchased
before October 27,2022 by
calling Susan McRury at
476-0901

# Neebing Emergency Services by Dale Ashbee, Fire Chief, Neebing



Fire Safety Tips as we Prepare for Winter

Hold on.... calendar check! Am I actually seeing 10 cm of snow out on the deck this morning, and reading minus degree temperatures on the thermometer? Although the view presents as a November day, the calendar definitely says it is still only October 17th! This 'Frozen' vista appears to us not as a flick of the wrist by the passing heroine 'Elsa' but rather as a courtesy reminder from 'Mother Nature' and her partner 'Jack Frost' that it is time, despite our recent pleasant Fall, to begin thinking seriously about preparing for the winter that is just around the corner. If you haven't already thought about putting things away before the inevitable snow falls, this morning serves as a great reminder to dedicate some time to putting things in their 'winter place' as soon as this first snow melts, and reveals what is still hiding beneath. I had to search diligently under the snow to find my muddy shoes left behind in the garden after last Sunday's potato digging. If you haven't already had the furnace serviced, located the snow shovels, readied the snowblower or put the new (needed) weather-stripping around the draughty door, today's weather serves as a reminder to take care of these chores ASAP, before winter really sets in. November is the month to focus on making final winter preparations, ensuring that our homes and properties are ready for the cold weather

Fire and life safety concerns begin to focus more heavily in November on indoor home environment issues, as our activities increasingly move indoors. In addition to ensuring our heating systems are prepped and ready for the 'winter work' involved in their keeping us safe and warm (hopefully without interruption), it is also vital to ensure that our CO and Smoke alarms are up to date, and in good working order. Both alarm unit types provide critical early warning of any Fire or CO threats detected inside our homes, thereby allowing residents valuable time to escape the house, and then call 911 for assistance.

soon to come.

Whether hard- wired or battery-powered, all **CO** and **Smoke alarms** units should be **checked monthly** to ensure they are working correctly. Unlike in past times, when the bat-





teries on the units required changing every six (6) months, newer units with posted '10-year battery' lives still require routine inspection and testing. This regular maintenance helps to ensure the alarms are functioning properly at all times, and are ready to immediately warn us of the presence of fire and CO hazards, in our living environment. Note: Even if the battery is still working after 10 years of use, it is required that the entire aged unit be replaced with a new one to ensure that the sensor and the alarm battery systems function correctly, and provide reliable protection from CO and Smoke dangers in your home. Residential smoke alarms have been a part of our fire safety protocol for many years, and are known to save lives when they are in working order. Unfortunately, fire services from across our country report an increasing yearly number of residential-fire deaths, a significant number of which are occurring in homes where fire alarms were present but not working properly. This reality was echoed in much of the material presented during the recent Ontario 2022 Fire Prevention Week sessions, and were core to the adopted fire-safety theme warning that "Fire won't Wait. Plan your Escape<sup>TM</sup>.

Early warning signals from smoke alarms, combined with the adoption and practice of immediate actions to be taken when a fire does occur – as prepared and written in the residence's Home Fire Escape **Plan** - are the best ways to help to ensure your safety if a fire does occur in your home. The Fire Service views fire fatalities that occur in homes without working smoke alarms to be highly preventable, and require only minimal checking and maintenance by home owners to ensure they are in working order. The modern open design residences and extremely flammable contents, can result in a much quicker acceleration of home fires, than experienced in past compartmentalized construction and lead to rapid growth and spread of fire and conditions of non-survivability of oc-Active cupants. fire alarm soundings, and a practiced family home fire-escape plan, can help to reduce confusion and panic about what to do when exiting the home, and can facilitate the quick action necessary to quickly get clear of the home and the growing toxic environment.

November is also the time to check that all of your supplemental heating units and any extension cords that might be used, are in good repair and working order before you might need to use them. Repair or replace problem items if they are not found to be intact and 'ready for action'.

On a closing note, a reminder is offered that it is time to switch to winter tires (if feasible), ensure the snowbrush/scraper is back in the car/truck, and ensure that the vehicle's Winter Emergency Kit is fully stocked and ready for use during your winter travels.

Stay Safe

## 2022 FIRE SEASON Ends at 12:01 AM on November 1

Fire permits are not required for open fires in Neebing from November 1 2022 thru March 31 2023

Residents are Thanked for the care they have taken to burn safely during the 2022 fire season and are reminded to continue their safe burning practices and not to burn in dry, windy, or low humidity conditions or close to combustibles such as buildings and grassy or forested areas.

If you have any questions regarding safe burning outside the fire season give the office a call at 474-5331 or send your question to neebing@neebing.org.



# RURAL 60 PLUS IS OPEN!

5 Pineview Road, Kakabeka Falls 475-5779, email rural60@tbaytel.net Website: www.rural60plus.ca

Carving Mondayfrom 10am to 3pm Disking Monday from 1pm to 3pm

Weaving Tuesday & Thursday from 10am to 3pm

Cribbage Wednesday from 1pm to 3pm

Beginners

Carving Wednesday from 10am to 3pm Quilting Wednesday from 10am to 3pm

Knitting Tuesday & Thursday from 10am to 3pm

Craft Room Open Monday to Friday from 10am to 3pm

Watercolour

Resumed on Thursday September 8th from Painting

1pm to 3pm running for 8 weeks.

Thursday

Yoga

Started on September 22nd from 10am to 11am

running for 10 weeks.

# Kakabeka Legion **Events** LEGION (

Dance with Quest 7-10pm Friday Nov. 4

Saturday Nov. 5 **Annual Fall Supper 5-8pm** 

Friday Nov. 11 **Remembrance Day Services** at Fort William Gardens or

**Waverly Park** 

Saturday Nov. 12 Exec/General mtg 2:30/3:00

Sunday Nov. 13 Buffet Breakfast 8:30-noon &

**Remembrance Day Service** 

11:00

Dance with Quest 7-10pm Saturday Nov. 19 **Jam Session 6:30-9:30** Sunday Nov. 20

Friday Nov. 25 Ceili (Irish Dancing) Time TBA

Music 2-4 Sunday Nov. 27

> Call the Legion hotline to confirm bookings 473-9122

> At this time there are no Covid restrictions. Masking is up to the individual.



COME FOR AN AFTERNOON OF MUSIC **HOSTED BY THE KAKABEKA LEGION** AT THE KAKABEKA LEGION 2 P.M. TO 4 P.M. **SUNDAY, NOVEMBER 27TH, 2022** 

> **RUSTY NOTES Ken & Denise Carroll**

PROCEEDS TO THE RURAL CUPBOARD FOOD BANK CASH DONATION AT THE DOOR Fun time of Dancing or Just Listening to the Music

> **Refreshments & Goodies at** Intermission! **EVERYONE WELCOME!!**





## **SLATE RIVER** BAPTIST CHURCH

80 McCluskey Drive 475-5140

# **FAMILY WORSHIP SERVICE**

Sundays @ 11am

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in Rosslyn

Providing emergency food & clothing to rural individuals or families in need.

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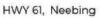
If you or someone you know is in need of food or clothing please contact us. Care pkgs. available. All Items are free. Currently open by appt. Find us on Facebook or call 475-5140.

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## **Lakehead Region Conservation Authority**

submitted by LRCA Staff

#### LRCA launches new online mapping and property inquiry tools

The Lakehead Region Conservation Authority has launched a new online webbased Mapping Tool to 'Map Your Property', as well as a new webpage 'Do I Need A Permit?' that includes an online Property Inquiry Form. The online tools will streamline the permitting and approvals process, improve client service, and provide user accessibility. Users can view property information, identify the approximate regulated areas, and create personalized maps that can be printed and saved. The Mapping Tool provides easy access to otherwise complex data and open access to information that the public can explore at their convenience. Along with the Property Inquiry Form, the online web-based tools offer increased efficiency, transparency, and speed of regulatory process and approvals.

The core mandate of Conservation Authorities is to undertake watershed-based programs to protect people and property from flooding and other natural hazards, and to conserve natural resources for economic, social and environmental benefits. The Lakehead Region Conservation Authority's new online tools supports the Government's commitment to

achieve a streamlined approval process, while not jeopardizing the public's health and safety or the environment.

The 2023 Explore Card Parking Pass will be available for sale beginning November 1, 2022! Proceeds from the sale of Explore Cards contributes directly to the upkeep of our Conservation Areas; we rely on these funds now more than ever and appreciate the support. An Explore Card Parking Pass will provide parking for one calendar year at all of our seasonal and year-round Conservation Areas, allowing you to forgo the \$5.00 per vehicle day use parking fee. Cards can be purchased on our webstore or in person at our Administrative Office. They also make great stocking stuffers!

The LRCA 2023 Calendar will be available during the month of November. Be sure to look for it at your municipal office and select businesses such as Safeway, Waverly Public Library, LU Bookstore and more. The LRCA will also have copies available at our Administrative Office at 130 Conservation Road. Thank you to all of the sponsors for making this calendar possible for another year.

Get out and Explore!

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#### The Rural Pharmacist:

### Summary of Approved Bivalent Vaccines in Ontario Plus Flu Shot Season is Underway

by Devon Myers, Pharmacist/Owner of Evergreen Pharmacies

Over the past few weeks there has been a few changes to the Covid-19 vaccine landscape in Ontario. In late September the Ontario Ministry of Health approved the use of the Moderna bivalent vaccine. By mid-October the Ministry had also approved the use of the Pfizer bivalent vaccine. The US FDA approved both vaccines in late summer, and it felt like only a matter of time before they would be approved north of the border.

In terms of practicality, the bivalent Moderna vaccine is available for those 18 years of age and older. In addition, the bivalent Pfizer vaccine can be given to those 12 years of age and older. Fortunately, this gives us an option if younger individuals would like to receive a booster. As mentioned in our previous article, it does not matter which combination of vaccines you've had in the past. In fact, most people have had some combination of both. Those who have received strictly Pfizer or strictly Moderna are the relative few.

Those looking to coordinate their Covid-19 booster and their flu shot should be aware that these vaccines can be given on the same day. Hey, that's pretty convenient. However, if you've already received your Covid-19 booster vaccine you should wait a minimum of 14 days before receiving a flu shot and vice versa. What some people may not be aware of is that several manufacturing companies produce flu shots each year. For example, some vaccines are available for those 2 years of age and older. Other vaccines are approved for those 5 and up. A very popular request is for the high dose senior's vaccine intended for those 65 plus. At the pharmacy level, we cannot control what the Ministry of Health distributes to us. However, we did receive ample stock of vaccines for individuals 2 years



of age and older. In what appears to be a common annual trend, only a limited amount of high dose 65+ vaccine was distributed. But that's okay. This vaccine is really intended for those at a higher risk for complications if they were to get the flu. Everyone else would benefit from the quadrivalent vaccine available at most pharmacies and doctor's offices.

Newsflash: booking an appointment for either a Covid-19 vaccine or a flu shot could never be easier! Our website (evergreenrx.ca) has a simple booking platform integrated into the webpage that will allow you to book appointments for you and your family online. By booking online you can save time in store! Fill out your demographics, answer a few quick questions and when you arrive at the pharmacy our staff will be ready for you. Walk-ins are also an option, and we try our best to accommodate everyone, but vaccines can be subject to availability. If you're having any difficulty online, please feel free to call our pharmacies and our staff will be more than happy to help!

Lastly, I wanted to share an insider's trick for flu season. If your arm regularly gets sore after receiving a vaccine or, you tend to develop flu-like symptoms, you can take medication to help! Most people can take ibuprofen, an inflammatory, before even receiving a vaccine. Getting ahead of the side effects seems like a no brainer. There are some individuals that should stay away from this drug class. In that case, acetaminophen is usually a safe option. If you have any questions specific to your needs, please ask.:)

Neebing has a local weather station that reports the current temperature, wind speed and direction, humidity, rainfall amounts and barometric pressure. Click on the station name to access information.

Station Name: East Oliver Lake
Station location: 125 East Oliver Lake Road

#### **RURAL BUSINESS SERVICES DIRECTORY**

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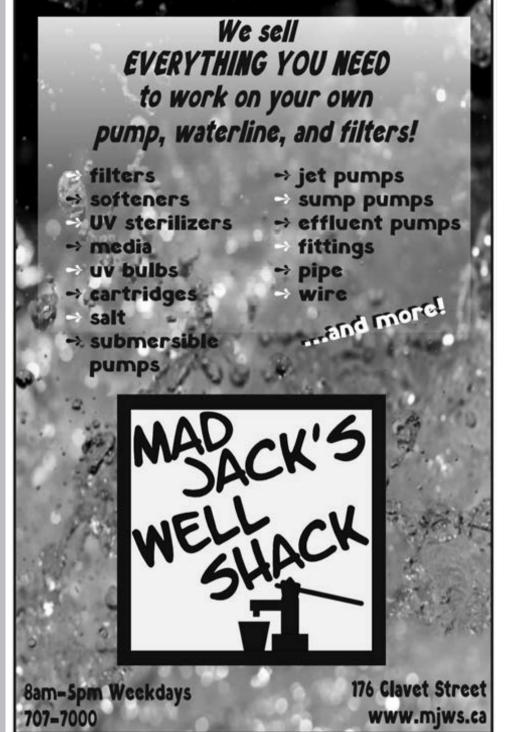
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## We're working hard to build an even better Rapport.



Our new location is under construction at 4785 Highway 11/17 - Unit C.

#### AFTER 60 YEARS WE DECIDED IT WAS TIME FOR A CHANGE.

We're excited to announce that our branch in Kakabeka Falls is moving to a new location. This new branch is designed to be modern, welcoming and very easy to access.

This relocation solidifies Rapport's commitment to the future growth of Kakabeka Falls, Thunder Bay and the surrounding area.

Located next to the Evergreen Pharmacy, we plan to open the new branch in late 2022. We look forward to seeing all our members and some new faces too!

If you have any questions please feel free to contact us at 807 475 4276 or kakabekafalls@rapportcu.ca.

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