

Neebing Fire/Rescue Association

Respectfully submitted: Joy Harris, President NFRA



Neebing Fire/Rescue Association extends our deep appreciation and thanks to all of our residents who made 2022 such a resounding success!

Every event you contributed to or attended, every can or bottle you donated to us at the landfills, every donation no matter the size; all added up to a banner year that provided important funding for Neebing Emergency Services!





Bakers, you really outdid yourselves for our December Cookie & Treat Sale! I wish I could thank you personally! The amount and exceptional quality of the baking you provided to us was outstanding!

As those of you who attended can attest, the baking went very quickly. The decorated vendor booths were such a nice addition. It was a festive few hours and I'm sure most left happily with their purchases.

Thank you also to NFRA members who worked that day to provide such a lovely event.





Door Prizes

Poinsettia -Heather Murray

50/50 Draw - Sylvia Tilson \$166.50

Raffle

1. H & P Jams and Jellies

2. Doterra Oils - CJ Smylie

3. Christmas Light - Robin

4 - Reindeer - Candyce

5 - Norwex cleaning sup-

6 - Packsack and flash-

Be safe, be well

and be kind.

Joy Harris,

NFRA

- President

light - Teresa Raymer

7. Flashlight and CO

- Rick Donaldson

plies - CJ Smylie

detector - Carol

Iwanonkiw

McKinnon



Check out page 6 for Winners of Prizes the Best Congratulations! Recycling Results Wreath - Kevin Sadler EVER!



Coming January 18th





An easy poline chance to WIN while supporting our local Neebing Emergency Services through Neebing Fire/Rescu Join us in supporting a cause close to home

The link, going LIVE on January 18th is: https://www.refflebox.ca/reffle/neebing-fra and will be posted on our website and Facebook page. That day will begin our first of four 50/50 draws in 2023



Go Live - January 18' Draw #1 - March 29 Draw #2 - June 25th Draw #3 - September 27 Draw #4 - December 27"

Proceeds will support NES's newest addition to their fleet, Pumper 106. This lighter, rapid-attack, vehicle would benefit from a portable pump like the one purchased for the new Pumper 106 last year. New hoses are also on the wish list. You could also win big from the comfort of your home!

We always welcome new volunteers, join us!

We have several events each year and each one needs many hands. We plan, advertise, shop, deliver, set up, run, and clean up for each event. We can use your help! It is actually fun, and I'm not just saying that. We have a core group of dedicated volunteers who will welcome you in whatever capacity fits your life. Email us at nfraevents@gmail.com and we'll let you know when the next sort or event is happening. There is no commitment, just help whenever you wish. Great volunteer activity for the family tool Extra hands certainly make the work go quickly! We'd be happy to welcome

Hello Neebing Residents!

We, as the Recreation Committee are hosting a community meeting on February 6th, 2023 at the Blake Hall, starting at 6:30 pm. There has been some community interest in some improvements to the Cloud Lake boat launch. We are looking for community suggestions and ideas to put together a plan for the future of this site.

If you have any questions, please feel free to contact Karen Coulson, chair of the Recreation Committee at 577-2475.

UPCOMING EVENTS PLANNED AT BLAKE HALL TO BE HOSTED BY THE **NEEBING RECREATION COMMITTEE IN 2023**

January 21, February 25 and March 25 Crafternoons from noon - 4.

All are welcome. Please bring whatever you are working on – knitting, crochet, scrapworking etc. For a social afternoon. Perhaps at some point we can have someone teach a craft. If you are having problems with your craft maybe someone can help you out.

February 20 - a family Skate from 1-4.

April 7 - Easter Egg Hunt from 11-2. There will be clowns, face painting and of course the Easter Bunny.

May 14- Mothers Day Tea from 1-3. Tickets will be available closer to the event.

July 1 – Canada Day at the Municipal Office.

October 7 – Harvest Dinner – more information to follow.

December ??? Breakfast with Santa. Date to be determined and more information to follow.

If anyone is interested in playing cribbage once a week please call Penny at 964-2270.

If there is enough interest we will try to set up an afternoon.

PLEASE COME AND JOIN US FOR **SOME FUN GET TOGETHERS!**

72-Hour Emergency Kit

Every Neebing household should prepare a 72-Hour Emergency Kit. This emergency survival kit should have everything you and your family would need to be safe and take care of yourselves for at least three days immediately following an emergency. The following list is broken down into the essentials, items you may need to meet your family's unique needs, and items to have ready in case you must leave your home.

Essentials

- Food (non-perishable and easy-to-prepare items, enough for 3 days) and a manual can opener
- Bottled water (4 litres per person for each day)
- Medication(s)
- Flashlight
- Radio (crank or battery-run)
- Extra batteries
- First-aid kit
- Candles and matches/lighter
- Hand sanitizer or moist towelettes
- Important papers (identification, contact lists, copies of prescriptions, etc.)
- Extra car keys and cash
- Whistle (to attract attention, if needed)
- Zip-lock bags (to keep things dry)
- Garbage bags

Special Considerations

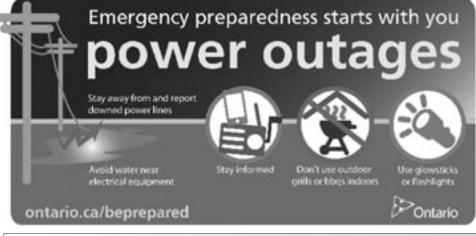
- Items for babies and small children—diapers, formula, bottles, baby food, comfort items
- Prescription medication
- Medical supplies and equipment
- Pet food and supplies
- Any other items specific to your family's needs

Extra Supplies for Evacuation

- Clothes, shoes
- Sleeping bags or blankets
- Personal items (soap, toothpaste, shampoo, comb, other toiletries)
- Playing cards, travel games, other activities for children

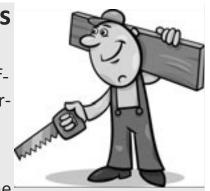
OTHER TIPS

- Pack the contents of your kit in an easy-to-carry bag or a case on wheels.
- Store your kit in a place that is easy to reach and ensure that everyone in your family knows where it is.
- Your kit does not have to be built overnight. Spread your shopping over a few weeks. Purchase a few items every time you go to the store.
- Your water supply is meant to cover what you would drink as well as what you might need for food preparation, hygiene and dishwashing.
- Check and refresh your kit twice a year. Check all expiry dates and replace food and water with a fresh supply. Check batteries and replace as needed.
- Keep your cell phones and mobile devices fully charged.



Please pardon our mess while we renovate!

Renovations to the Municipal Office begin on January 23, 2023. During construction, we want to give our contractor as much workspace as possible, so we ask that you use the south side entrance to enter the



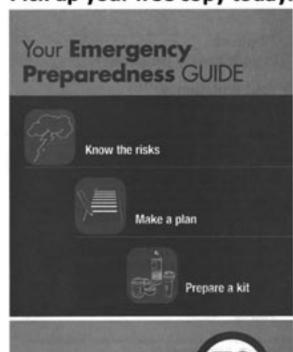
building. Signs will be posted directing you to this temporary entrance once construction is underway. However, if you are a person with a mobility issue and require entry via automatic doors and/or a ramp, please press the intercombutton in the main entrance vestibule and we will come to you.

We thank you for your understanding and patience during the reno.

Your Emergency Preparedness Guide.

Available at the Municipal Office.

Pick up your free copy today.









HOW TO CONTACT YOUR COUNCIL MEMBERS

Mayor
Councillor for Blake
Councillor for Crooks/Deputy Mayor
Councillor for Pardee
Councillor for Pearson
Councillor for Scoble
Councillor At-Large

Mark Thibert 474-1362
Katherine Hill 631-1869
Brian Wright 964-2365
Curtis Coulson 577-2475
Gary Gardner 577-1963
Brian Kurikka 633-3735
Gordon Cuthbertson 708-7548

mayor@neebing.org
blake@neebing.org
crooks@neebing.org
pardee@neebing.org
pearson@neebing.org
scoble@neebing.org
coucilatlarge@neebing.org

Show Me the Money - January

It's Municipal Budget time! Budgets are typically reviewed several times by Council before being passed. The first review of the 2023 Budget is scheduled for Wednesday January 25th beginning at 6 PM. This meeting can be joined online, or you are welcome to attend in person at the Municipal Office. Online meeting details are available at www.neebing.org or at the office.

The first draft budget for 2023 will include:

- Projected revenue including grants
- Projected operating expenses such as the costs for services
- Projected Capital Projects such as bridge replacements on Pardee Road and Farm Road

Legislation requires that Municipalities must have a balanced budget with what comes in matching what goes out. However, at the time of this first draft review of the budget some of the sources of revenue can still change (for example a grant application may or may not be successful), so the focus in the first budget meeting is typically on identifying and prioritizing expenses, and most of the work to balance revenues and expenses occurs in future meetings.

Past budgets can be viewed on the Municipal website. A copy of the first draft budget and the open session report that Council will review on January 25th is available the Monday before the meeting on the Neebing website, or you can ask the office to print a paper copy for you to pick up.

Thank You!

The Rural Cupboard Food Bank would like to recognize the contributors that have so generously responded with funds and food for the Seniors, Singles and Couples Christmas initiative, the lunch program and general operations during the 2022 year.

Kakabeka Falls School Fundraising Program
Gorham and Ware Community Public School
Crestview Public School
Employees of Canada Revenue Agency
Pinegrove United Church
St. Augustine's Alter Society
Zorya Ukranian Dance Association
Ontario Power Generation
Evergreen Pharmacies (Rosslyn & Kakabeka Branches)

Evergreen Friamacies (ποssiyi) α κακαθέκα branches, Kakaheka I egion for their monthly musical Sundays

Kakabeka Legion for their monthly musical Sundays

Just 4 You Band for performing at the Kakabeka Legion for the Annual Musical Event

Eleanor Vaillant

Judy Morrill for donated knitted items

Windy Lane Farm for the money and food donated through their Christmas Event

And many individuals from the Rural Communities and the City of Thunder Bay

Every donation makes it possible to provide food to those in our communities that need assistance. We wish all a very safe and healthy 2023



What's Been Happening at Council Meetings?

Since the December edition, there has been one regular meeting of Council on December 7th and 21st. There has also been one Special Council meetings on December 7th.

At the Special Council meeting on December 7th, Council sitting as Committee of the Whole heard an application for a severance to create one new lot on East Oliver Lake Road that will be later consolidated with a neighbouring property. Recommendations from the Committee were ratified by Council at the regular meeting held later the same evening.

At the regular Council meeting on December 7th, the following matters were considered:

- Council authorized changes to the renovation plans at the municipal office.
- Council scheduled the first 2023 budget meeting for January 25, 2023.
- Council reviewed details for grant applications related to the Blake Hall and Alf Olsen rinks.
- Council supported Mayor Thibert's nomination for the Rural Ontario Municipal Association (ROMA) Board of Directors.
- Council passed by-laws to appoint individuals to boards and committees; appoint signing authorities; and approve the Emergency Response Plan.

At the regular Council meeting on December 21st, the following matters were considered:

- Council heard a deputation from Hybrid Pharmacies related to health services
- Council approved the 2023 municipal insurance renewal.
- Council authorized the Recreation Committee to host a public meeting to gather information on improvements to the Cloud Lake Boat Launch.
- Council reviewed a proposal related to cost recovery for fire response activities.
- Council directed Administration to prepare for a public meeting to revisit the previous decision to change council composition and ward boundaries.
- Council reviewed proposed changes related to the recovery Black Ash trees

The next Council meeting will be held on January 18, 2023. Regular Council meetings are normally scheduled for the 1st and 3rd Wednesday of each month.

This article contains only highlights from Council meetings – visit the website to see the approved minutes from each of the meetings. The minutes of each meeting are approved at the following meeting and are posted on the website once they have been approved and signed. If you don't have internet capabilities, you can always contact the office for copies of approved minutes.

Meeting agendas are always posted online on the Friday prior to the Wednesday meeting. Come out and see what your Council is doing on your behalf. Feel free to contact the Municipal Office for further information or with input into any of the items that Council is considering. The meetings are now being held at the Municipal Office, but there is the option to attend virtually as well. The links to login to the meetings are posted on our website in the calendar details.

EMERGENCY TEXT ALERT SERVICE for Neebing Residents



Sign up for Neebing's Emergency Text Alert Service. This text alert service is used to notify our residents <u>via text message</u> of immediate dangers or emergencies occurring in our community such as evacuations, road closures, forest fires and other hazards. Sign up is free

You must have a smartphone equipped to receive text messages to sign up for this service. It does not work on land lines. Sign up at neebing.org/textalerts or send us your name, Neebing address, and your text-enabled cell phone number including area code to neebing@neebing.org or call us at 474-5331. Your personal information is kept strictly confidential. If you have any questions, please feel free to contact us at: www.neebing.org/contact

We are looking to start up a Neebing 4H group!

and are looking to see if there are local families who would be interested in have their kids in grades 1-8 join 4H in Neebing! The meeting place would likely be Blake Hall and a focus for the group has not been decided yet, that will be decided by the parents of the children joining the group. If you would like to know more please contact Lisa at lisalaitinen@hotmail.com or 807-708-4767 (cell).

This is a great opportunity to have locally organized activities for kids, no need to drive all the way to town!



Enjoy a Fire Safe Start to 2023!

Use the following lists as quick references for you to self-assess your home for fire safety concerns. Take a few minutes to see if you recognize any concerns in your home and take corrective action.

Hidden Fire Dangers?

Do you recognize any of these hidden fire dangers in your home?

- O Charging laptops or phones on the bed
- Overloaded extension cords
- A towel or curtains hanging too close to an unattended stove or heater
- O Clothes piled too close to a gas water heater
- Naving a dirty stove covered in grease and grime

Fire Safety Checklist

Use this Fire Safety Checklist to keep you and your family safe.

- . Install working smoke alarms on every level of your home and outside all sleeping areas.
- Plan and practice a home fire escape plan.
- Install carbon monoxide alarms outside all sleeping areas.
- Ensure your Fire /House Number is visible at all times.
- Look while you cook, never leave cooking unattended.
- Smoke outside and discard cigarette butts in non-combustible containers that are kept outside.
 Never smoke in bed.
- Keep combustibles away from any heat source (furnace, heaters, stoves etc).
- · Never use extension cords in place of permanent wiring.
- · Don't overload electrical outlets, use CSA approved power bars.
- Blow out candles when you leave the room and use stable, non-combustible candleholders.
- · Keep matches and lighters out of the reach of children.
- Make sure to have your chimney cleaned and inspected every year by a professional!

Wendy Ligate

The Ultimate Wood Heat. **CLASSIC FUNCTION HOX Outdoor Wood Furnace** The Ultimate Wood Furnace** Th



939-1152

3879 Hwy 11/17 hhimporters.ca

NEEBING NEWS
DELIVERED TO YOUR MAILBOX
(unless you have NO FLYERS posted)
Deadline for the FEBRUARY issue of
The Neebing News is JANUARY 20!!
(BUT early submissions are always very
welcome!)

Submissions and photos of community events and articles of interest are welcome, and can be sent to Chris Vaclav at designhouse@tbaytel.net 628-7271

Book Your Next Event with Us!

Blake Hall is available for rent by the hour, day or weekend. Blake Hall has a fully equipped kitchen for self-catered events and comfortable chairs and tables for your guests. We are also fully accessible with a ramp entrance and accessible washroom.



Happy Wew Year

SLATE RIVER

BAPTIST CHURCH

80 McCluskey Drive 475-5140

FAMILY WORSHIP SERVICE

Sundays @ 11am

ALL ARE WELCOME

Contact us re prayer requests, visits, questions etc.

Follow us on Facebook or visit our website

Rural Family Centre

"Learning Through Play, Exploration & Inquiry" Connect with other Families!

(for children 0-6 years)

Our Calendar of events can be viewed at: https://www.keyon.ca/en/Events/ViewEvents

* EarlyON Child and Family Centre - Murillo

(Pre-registration on KeyON is required)

For more info. please:
Email: ruralfrc@tbaytel.net or
Private FB message us or
Call: 935-3009

Play, sing, laugh and we will SEE YOU SOON!



Providing emergency food & clothing to rural individuals or families in need.

Clothing - Hygiene Products - Pantry

If you or someone you know is in need of food or clothing please contact us. Care pkgs. available. All Items are free. Find us on Facebook or call 475-5140.

NEW MOMS-We can help with diapers, wipes etc.

Child and Family Centre

RURAL 60 PLUS IS OPEN!

5 Pineview Road, Kakabeka Falls 475-5779, email rural60@tbaytel.net Website: www.rural60plus.ca

Carving - Monday from 10 to 3

Disking - Starts Monday Jan. 9th from 1 to 3

Weaving - Tuesday and Thursday from 10 to 3

Knitting - Tuesday and Thursday from 10 to 3

Cribbage - Wednesday from 1 to 3Quilting - Wednesday from 10 to 3

Beginners Carving - Wednesday from 10 to 3

Craft Room Open - Monday to Friday from 10 to 3

Yoga will start on Thursday February 2nd and run for 10 weeks until Thursday April 6th and I have no start date for Watercolour painting yet.

At our recent Craft sale and Quilt and Chenille Rug draw Lottery License #800877. The winner of the Quilt was Harold Hunt ticket number 14 and the winner of the Chenille Rug was Sam Valente ticket number 389. Congratulations to the winners.

Kakabeka Legion Events

		DEGION Said
Jan 8	Breakfast	8:30-noon
Jan 14	Executive mtg	2:30
Jan 14	General mtg	3:00
Jan 15	Jam Session	6:30-9:30
Jan 20	Rural 60 lunch	12:00-1:00
Jan 21	Dance-Quest	7:00-10:00
Jan 29	Mink Mountain	
	Review Band	2:00-4:00

Call the Legion hotline to confirm bookings 473-9122

At this time there are no Covid restrictions.

Masking is up to the individual.



Slate River Dog Grooming

a caring hands family



Premium Wood Pellets For Sale



Bio Power, Marth Hardwood & Lac Wood Softwood Pellets

> 939-1152 3879 Hwy 11/17



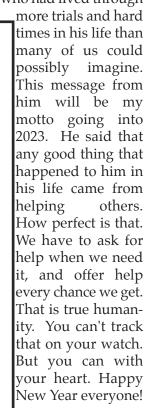


Chix in the Stix Humble Pie

I hope you had a wonderful holiday! Ours was great and we're so thankful for that. Last Christmas was a tough one as we struggled through the trauma of our youngest daughter's illness. We aren't out of the woods yet but we're making our way down the road to recovery and rehabilitation. (As I type that it strikes me as a funny metaphor for someone who literally lives in the woods.) And now here we are on the other side of 2022 already taking steps in the New Year. And I'm counting them with my new Smart Watch (a gift from my daughter). I didn't get it to monitor my steps but what the heck. That seems like a good New Year's resolution to start failing at straight away. Thankfully it's not smart enough to monitor all the sugar and carbs I ate over the holidays. I totally fell off the diet wagon. With no regrets! Now there's a resolution I can succeed at. No regrets. Living life to the fullest.

As I reflect on all that has happened in my life this past year I wanted to share one important lesson. I learned that it is okay to accept help. I'm not very good at it. But when you're faced with a situation where you have no other choice, you do what you gotta do. And that was a good lesson for me. Because it made me consider why exactly it's hard for me (and maybe you) to ask for and receive help sometimes. I don't know your reason, but I am well aware that for me it's because I am a neurotic control freak and much prefer to do everything myself and if anything I am more comfortable on the giving side of the equation. Being the one needing the help, the support, the encouragement - that is a place of vulnerability that isn't my comfort zone. This was all a very humbling experience for me. And it left me with the realization that not only is it okay to allow ourselves to be vulnerable, and to admit when we need help, but that it is inevitably a good thing! Often a sign of strength and not weakness.

Because when we don't ask. When instead we put on our game face and pretend that we have it all together, that does nobody any favours. Because others who, like us, are in a pinch, whether it be something big or small in their lives that is giving them grief, well they won't speak up either. And you end up with a bunch of folks needing support and never asking for it. I am not sure I'll ever get good at accepting help, but I'm going to try. Because when I think of all the times in my life helping others ended up being a blessing for me, well, maybe letting others into my circle to help me from time to time can be a blessing for them. And maybe allowing ourselves to be vulnerable helps normalize it and lets others know that it is okay to not have things all figured out. I mean good heavens adulting is hard most days and life can throw you some major curve balls that you don't see coming and if you can't look to family, friends, neighbours to lend a hand in even some small way, then what are we all doing here? Anyway that's the way I see it. Some deep New Year thoughts! Thanks for coming to my Ted Talk! lol But for reals, it is a humbling lesson to learn this late in life and I hope it continues to grant me some cool insights in the days ahead. I know this is probably something that resonates with others as well. I have witnessed and heard stories over the past month alone of so many amazing acts of kindness in our rural communities. Neighbours helping People helping neighbours. strangers. And sometimes it's easy to forget that THAT is what it's all about. THAT is where real happiness and joy comes from. And I know this isn't just a country thing, but I do think country folk sometimes have a better handle on this sometimes and it makes me proud to be part of our rural community. I heard an interview over the holidays with an actor turned author who had lived through





Tree Services Include:

*Tree Pruning * Tree Removal

- * Hazardous Limbs/Trees
- *Storm Cleanup

Wood Services Include:

*Firewood cutting/splitting/stacking *Rough Cut Lumber – Mobile Sawmill <u>Winter Services Also Available:</u> Driveway & Rooftop Snow Clearing

*Experienced and insured services

For a free estimate please call, text or email:

Grant Miller (807)-630-5359

woodsmillertree@gmail.com

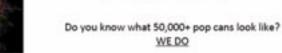
Find us on Facebook

@ WOODS MILLER TREE WORKS



WHAT A YEAR WE'VE HAD WITH CAN & BOTTLE DONATIONS!!!

OUR BEST YEAR EVER!!!!!!!!



Look what was donated by our residents (and saved almost 10,000 pounds from the landfills):

Pop cans = 1860 lbs = **50220 cans** = \$837.00 Beer cans = 1832 lbs = **47744 cans** = \$ 4845.40 Scrap metal/can good cans =6040 lbs = \$ 562.90

In Total = 9732 lbs = \$ 6240. 30

Simply Amazing























NOTICE OF A PRELIMINARY PREFERRED ROUTE AND INVITATION TO COMMUNITY OPEN HOUSES





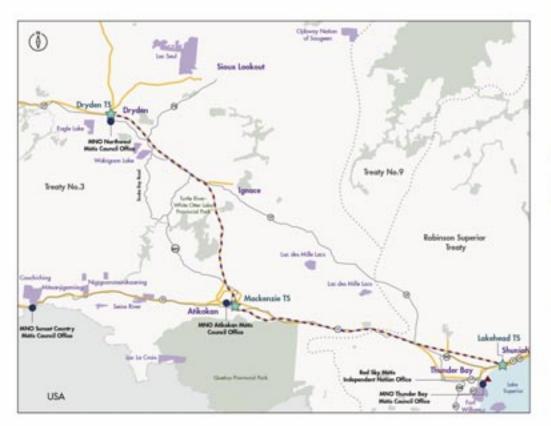
We've reached another milestone in our work on the Waasigan Project and invite you to join our community open houses to learn more, hear about next steps, speak with project team members and provide your feedback.

Hydro One is proud to serve the northwest and be a trusted community partner. Since March 2022, we have been conducting an Environmental Assessment under Ontario's Environmental Assessment Act to build a new double-circuit 230 kilovolt transmission line between Lakehead Transformer Station (TS) in the Municipality of Shuniah and Mackenzie TS in the Town of Atikokan, and a new single-circuit 230 kilovolt transmission line between Mackenzie TS and Dryden TS in the City of Dryden.

Based on information and feedback received, we've identified a preliminary preferred route, as shown on the map below. Your feedback, alongside environmental, technical, and other considerations, has been crucial in identifying a preliminary preferred route for the new line. Once built, the new line will add 350 megawatts of electricity to the region – which is more than two times what it takes to power the City of Thunder Bay.

Si vous souhaitez une copie de cette notification en français, veuillez visiter le site Internet du projet ou envoyer un courriel au projet pour en demander une copie.

Giishpin andawendaman naabibii'igan owe gaa-anishinaabewibii'igaateg wiindamaadiwin, owidi eyaag anokaachigan giiwitaakamisab inaabin maagizhaa gaye gidaa-izhinizha'aan aazhawebii'igan owidi anokaachiganing ji-andodaman iwe naabibii'igan.



PLEASE JOIN US:

JANUARY 16, 2023

Thunder Bay 6:00 p.m. – 8:00 p.m. Local Time Oliver Road Community Centre 563 Oliver Road Thunder Bay

JANUARY 17, 2023

Atikokan

6:00 p.m. – 8:00 p.m. Local Time Royal Canadian Legion 145 115 O'Brien Street Atikokan

JANUARY 18, 2023

Dryden

6:00 p.m. – 8:00 p.m. Local Time Royal Canadian Legion 63 34 Queen Street Dryden

You can also take a virtual tour of our open house at your convenience by visiting our project website.



1-877-345-6799



Community.Relations@HydroOne.com



www.HydroOne.com/Waasigan

WAASIGAN TRANSMISSION LINE

Map Legend

Existing Transformer Station (TS)

Preliminary Preferred Route

Existing Transmission Lines

Highway

Red Sky Melfs Independent Nation Office
 Melfs Nation of Ontario (MNO) Council Office
 Ineaty Boundary

First Nation Reserve



Scan the QR code or visit HydroOne.com/Waasigan to view a more detailed and interactive map.

Freedom of Information and Protection of Privacy Act

All personal information included in a submission – such as name, email address, address, telephone number and property location – is collected, maintained and disclosed by the Ministry of the Environment, Conservation and Parks for the purpose of transparency and consultation. The information is collected under the authority of the Environmental Assessment Act or is collected and maintained for the purpose of creating a record that is available to the general public as described in s. 37 of the Freedom of Information and Protection of Privacy Act. Personal information you submit will become part of a public record that is available to the general public unless you request that your personal information remain confidential. For more information, please contact the Ministry of the Environment, Conservation and Parks' Freedom of Information and Privacy Coordinator at 416-314-4075.

Neebing Emergency Services by Dale Ashbee, Fire Chief, Neebing



A 'Warm Welcome' to 2023!

With the New Year having officially arrived, the date warrants a few moments of retrospection concerning what has transpired over the past 12 months, and a thoughtful projection with regard to what situations we might anticipate in 2023.

Firstly, a note to offer a sincere THANK YOU to all those who have assisted Neebing Emergency Services (NES) over the past year 2022; from providing active assistance at a scene, to acknowledging NES services received or by supporting one of the Neebing Fire Rescue (NFRA) fund-raising activities held throughout the past year. All manner of community greatly support is appreciated, as our team aims to continue to provide its designated services under the banner of "neighbours helping neighbours " in their time of need. A special thanks as well to NFRA members, who have demonstrated great skill in adapting to the changing restrictions of the pandemic-world over the past year, repeatedly devising alternate 'safe' ways to allow them to continue raising funds as needed for NES equipment purchases.

As 2022 (the third year of the pandemic) arrived, it was welcomed as the year when our social situations hopefully would revert to a form of normalcy. Although there was considerable progress observed on the 'road back' to normal over the 12 months, 'things' often seemed both slow to start, and 'glacial' in their pace to enact change, with many frustrating bumps and twists such as, variants and vaccines, gathering restrictions, masking, etc. along the way. Thus 2022 proved to be more a **Year of Transition** rather than the anticipated quick return of things back to 'the way they were'.

For NES, the impacts of the transition proved to be substantial, with meetings and training event schedules and formats disrupted. As well pandemic protocols kept emergency response numbers lower than normal in the early months and returning to near-normal during the last half of the year. Visible signs of progress to normal were noticeable on routine medical-assist calls this fall with the return to use of traditional PPE such as gloves and masks (which serve to protect both the patient and the responder) in close patient contact situations.

Over the **2022** 'year of transition', NES saw the number of emergency response calls eventually returning to pre-pandemic levels, with some **115 emergency** responses carried out in 2022 (as compared to the call level numbers in the 60s and 80s in each of the previous two pandemic

years).

Over the past few years, NES has been fortunate to be able to access the Blake Hall for meetings and classroom training. The spaciousness was welcomed, as were the ongoing upgrades being carried out in the hall, from the installation of HEPA filters, WIFI, and audio-visual equipment to lighting up-These improvements greatly helped with meeting pandemic protocol requirements for meetings and classroom training and will no doubt be welcomed by future users of the hall, as the facility returns to public community uses and rental bookings for private and family events.

As we head into 2023 - with optimism, and expectations of a full return to whatever the new-normal brings - it is important to remember to keep home fire-safety in continuous focus throughout the year. For January, many of the recognized fire safety concerns relate to cold weather hazards as well as indoor activities, and fire safety tips to remember include:

- Ensuring smoke and CO alarms are working, and ready to warn you and family of any fire related dangers;
- Checking furnace vents to ensure they are clear of snow or other obstruction, and working freely;
- Ensuring someone remains 'in charge' of stovetop cooking at all times:
- Checking that extension cords are in good repair, and ensuring they are not tasked with carrying more power than they are designed for;
- Taking care to locate portable heaters and candles a safe distance from any combustibles such as furniture, curtains or bedding;
- Encouraging smokers to enjoy the habit outdoors as much as possible, and providing accessible proper butt and match disposal devices (both inside and outside);
- Checking and cleaning chimneys (as required) periodically during the burning season; and
- Checking your fire extinguishers to ensure they remain ready for use if required.

On a final note; see the accompanying 'Enjoy a Fire Safe Start to 2023' messages for more home fire safety tips – they will help you and your family to remain fire-safe during the coming year.





Please come out and join us at
Pinegrove United Church
100 - Hwy 130
Admission is free and all are welcome!

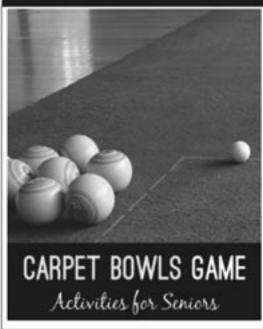
January 5: 10 to 11:30 Coffee and muffins January 16: 11 to 1 Lunch and fellowship

Volunteers are also welcome (and needed) For more information about Cafe del Soul, please visit

www.pinegroveuc.org/cafe-del-soul/



Join us at Rosslyn Library!



Seniors

Help nurture your mind and body with a fun game of carpet bowling.

- Relaxed and gentle pace of exercise
 Socializing and fun times
- Socializin
 Free
- Coaching available

Beginners welcome!!

Where: Rosslyn Hall Date: every Friday

Morning session 10 am - noon

Afternoon session 1 pm - 3 pm

Pre-booking takes priority over drop-ins

Please call the library at 939-2312 for more information or booking.

Please bring indoor shoes!

Murillo Library

Monday 10 – 8:00 pm Wednesday 10 – 8:00 pm Saturday 9 am – 12:00 pm 935-2729



Thank you Rosslyn WI for their thoughtfulness to acknowledge local community workers with a gift of Christmas ookies. On behalf of all the recipients, we appreciate the kind gesture.

Donations of puzzles wanted at the library. The winter is long and puzzles and puzzles are a popular activity. Both the Murillo and Rosslyn Library have puzzles available to borrow.

Email: oplibrary@tbaytel.net Website: http://oliverpaipoonge.olsn.ca

Library service now available every Friday at the

Rosslyn Branch in 2023!



Rosslyn Library

Tuesday 10 – 8:00 pm Thursday 10 to 8:00 pm Friday 10 – 3:00 Saturday 1 – 4 pm



Thank you to Carole and Bob Klapprat for donations in memory of Marnie MacMillan and Leila Pettigrew. In honour of these ladies, we have been able to expand our quilting book collection to include books on the latest trends.

Bev Ball has graciously donated a copy of "How I found my voice", a beautiful children's book authored by her daughter Meghan Gagliardi.

CRIBBAGE Beginners Welcome! EVERY TUESDAY

1 P.M.

ROSSLYN COMMUNITY CENTER 3405 ROSSLYN ROAD

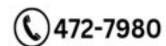


Lumba with Susie

Wednesday Evenings Murillo Hall at 7:00 Starting Jan 18th

Drop In Punch Card \$8 \$25

Zumba (R) with Susie





Murillo Minor Athletic Association 2023 Spring Softball League

by Joe Ladouceur

Hello Everyone! The Murillo Minor Athletic Association (MMAA) is already preparing for the 2023 youth spring softball season. We are all about FUN, FRIENDSHIP and FITNESS! A softball glove is all a player needs - all other equipment is provided.

The League operates weekday evenings throughout May and June at the ball diamonds in Murillo. We endeavour to have each team play 10 to 12 regular season games, depending on the number of teams in each division. Each team normally plays 2 games per week. There are no set game days of the week, as there are multiple teams per division; and each team will play each of the other team a few times per season. The season will wrap up with our ever popular Tournament and BBQ Day in late June.

SOFTBALL DIVISIONS: There are five softball divisions:

- **T-Ball:** for youth born in 2019, 2018 & 2017 All players bat using a "T"; no score is recorded.
- 3-Pitch: for youth born in 2016, 2015 & 2014 All players bat from the Coach pitch; no score is recorded.
- **Atom:** for youth born in 2013, 2012 & 2011 Modified softball rules; players pitch; score is recorded.
- PeeWee: for youth born in 2010, 2009 & 2008 Normal softball rules; score is recorded.
- **Bantam:** for youth born in 2007, 2006 & 2005 Normal softball rules; score is recorded.

<u>PLAYER REGISTRATION:</u> Stay tuned for information on player registration on our website at http://mmaa.tbay.me/

VOLUNTEERS NEEDED: The MMAA operates on volunteer power and new volunteers are always needed, especially as Team Coaches and Assistant Coaches. The only prerequisite is a desire to help the players and have fun. If you have some softball/baseball knowledge – even better!

SPONSORS NEEDED: Team sponsors are needed in all divisions. Team sponsors will have their business name / logo printed on team shirts and hats. The league is also open to donations for equipment purchases, field maintenance supplies, and Tournament & BBQ Day supplies.

FÓR MORE INFORMATION: Please contact Joe or Karen Ladouceur by email at: mmaa1@tbaytel.net, or visit our website: http://mmaa.tbay.me/



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refreshments,
and see all the
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Tuesday, February 7, 2023, 9:00 a.m. - 3:00 p.m. and 7:00 - 9:00 p.m. and Wednesday, February 8, 2023 9:00 a.m. - 3:00 p.m.

"The fear of the Lord is the beginning of wisdom."

Proverbs 1:7a

37 Cooper Road, Rosslyn, ON, P7K 0E2

Phone: (807) 939 – 1209 Fax: (807) 939 - 2843

E-mail: office@tbcs.school

Website: www.tbcs.school



Lakehead Region Conservation Authority

submitted by LRCA Staff

Notice:

Wishart Conservation Area will be closed to the public from January 1, 2023 to January 31, 2023 in order to conduct selective maintenance harvesting as outlined in the Wishart Managed Forest Plan. The harvesting will be overseen by a Registered Professional Forester.

Overmature poplar trees are required to be removed as they pose a danger of falling across the trail system and if left unharvested will continue to degrade significantly increasing the risk as a fire hazard. Habitat trees for birds will remain if they do not pose a danger to the trail. All harvested areas will be replanted in the spring/summer of 2023. Harvesting will allow for the creation of possible future trail developments. Stand improvements after harvesting will promote regrowth of a young forest with typical Boreal conditions.

The 2023 Explore Card Parking Pass is available now! For only \$40.00 +HST you can forgo the \$5.00 per vehicle parking fee at all 10 of the LRCA's Conservation. Cards can be purchased online at www.store.lakeheadca.com, over the phone by calling (807) 344-

5857, or at the LRCA Administrative Office located at 130 Conservation Road in Thunder Bay. All revenue generated through the sale of Explore Cards (as well as day use parking fees) funds the LRCA's Conservation Areas' upkeep and maintenance.

The LRCA is hiring for the full-time permanent position of WA-TERSHED MANAGER. Please v i s i t www.lakeheadca.com/about/joi n-team for the full job description and how to apply.

The Lakehead Conservation Foundation (LCF) and Lakehead Region Conservation Authority (LRCA) is excited to once again hold our annual fundraising event in-person in 2023. The 2023 Conservation Dinner & Auction will be held on Friday, February 10, 2023 at The Da Vinci Centre on Waterloo Street in Thunder Bay. Proceeds from the Conservation Dinner & Auction will go towards the LRCA's Environmental Education Program. The event will feature a family-style meal, a silent auction, and a live auction. Tickets are \$75.00 each, and can be purchased at www.store.lakeheadca.com.

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The Rural Pharmacist:

Public Walk-In Services Now Offered at NorWest Community Health Centre, Kakabeka Falls Location

by Devon Myers, Pharmacist/Owner of Evergreen Pharmacies

Happy New Year! The staff at Evergreen Pharmacy would like to thank everyone who showed their support for our team over the holidays. The continued generosity that we receive from our community helps keep our pharmacy engine moving along. In Rosslyn, we were spoiled; we received gifts ranging from Christmas cards with personalized messages to homebaked Christmas treats and, some very thoughtful local presents. I don't have enough space to mention everyone individually but, thank you to you all. Sincerely.

So, how does one return such favours? I suppose providing some exciting news on healthcare services in your community would be a great start. If you've been following along with the NorWest Community Health Centres, you'll know that this organization has begun providing public walk-in services at their new location in Kakabeka Falls beginning in December 2022. To get a feel for commu-

nity need, NorWest has started by offering a few walk-in clinic days per month. However, with continued uptake from the community, these services will hopefully begin to expand in the new year. Just like most good things in life, if you start slow and take your time the finish product is worth the wait.

What is even more exciting is that these public walk-in clinics are not just for those who reside in Kakabeka Falls. You don't even need to be a patient registered with the NorWest Community Health Centre to access them! The practitioners at this clinic are here to serve the residents of the surrounding areas including Neebing, Slate River, Rosslyn, Nolalu, Conmee, O'Connor, Kaministiquia and more! Just in time for the holidays, what an amazing gift.

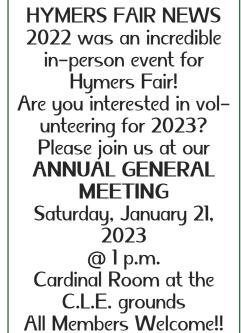
In addition, by consolidating their rural services at a central location,

NorWest projects that their organization will significantly exceed the number of and, types of, services they'll be able to provide for their patients. Have questions for their team? The very friendly and knowledgeable staff at their Kakabeka Falls location are here to help. For instance, clinic reception can be contacted to determine upcoming walk-in days. Program coordinators are available to discuss services currently being offered.

Are there barriers such as transportation that are limiting your ability to access the NorWest Community Health Centre in Kakabeka Falls? Great news: there's someone here to help with that

As always, our pharmacy staff is happy to answer and direct any healthcare related questions that you

may have. However, sometimes it's best to hear it from the horse's mouth. Don't be shy, the NorWest Community Health Centre is here to expand and grow the healthcare services offered in our community. At Evergreen Pharmacy we look forward to the continued collaboration with the NorWest team and to the positive health outcomes it will provide for our patients and community. Happy 2023 everyone!







RURAL BUSINESS SERVICES DIRECTORY

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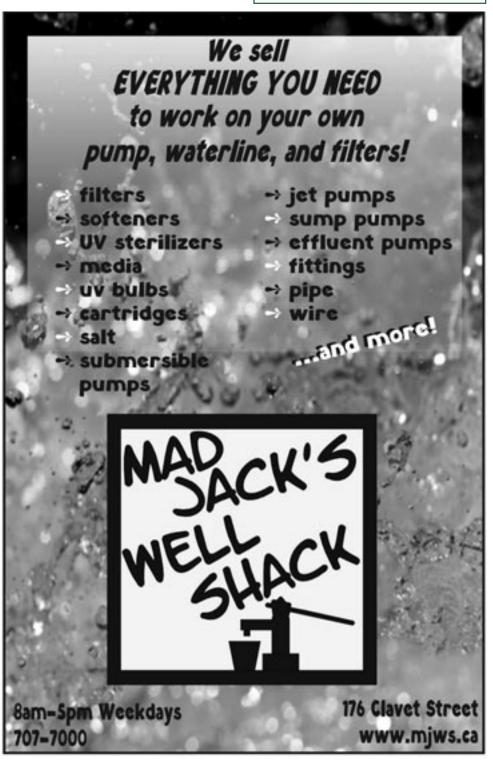
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