



The Neebing News

Volume Eighteen, Number Two

FEBRUARY 2023

Don't Let Fire take the "Fun" out of 2023!

by Dale Ashbee, Fire Chief

Two (2) recent news items provide a reality check regarding the **importance** of always having **Carbon Monoxide** and **Smoke** alarms working to ensure our safety from fire in our homes.

- On **January 4th** Ontario Fire Marshal **Jon Pegg** announced that in 2022 Ontario had experienced one of the **highest fire death tolls** in many decades, with some **133 deaths** attributed to fires. A large number of these fatalities occurred in homes - many were at night, and in a significant number of cases the smoke alarms were not working. As a result, residents did not receive the necessary alarm warning that could have allowed time for a safe escape.

- On that same day, here in Thunder Bay **five (5) people were taken to hospital** as a result of **Carbon Monoxide** poisoning. Investigators discovered that the CO alarm was not in working order, and did not provide an early warning to allow for a safe escape. Thankfully one of the occupants although ill from CO exposure was able to call 911 and get help on the way.

While it is the law in Ontario to have **working Smoke and CO Alarms** in your home it is critically important that they are **tested** regularly to ensure they are working *Live Fire Safe - Ensure your Smoke and CO alarms are Working for You!*



What's Been Happening at Council Meetings?

Since the January edition, there has been one regular meeting of Council on January 18, 2023. There was also one Special Council meetings on January 25, 2023.

At the regular Council meeting on January 18th the following matters were considered:

- Council heard a deputation from MPP Kevin Holland.
- Council directed Administration to proceed with stage two of the funding application process for improvements to the rinks at Blake Hall and Alf Olsen.
- Council directed Administration to proceed with consultation on an off-leash dog park.
- Council approved an amended investment policy.
- Council directed Administration to circulate comments related to the Black Ash Recovery Strategy.
- Council reviewed the compensation procedure for mailboxes damaged by snow clearing operations.
- Council authorized the posting of the revised Tourism Request for Expressions of Interest.
- Council reviewed the asbestos audits completed on the municipal buildings.
- Council passed the by-law to levy interim taxes.

At the Special Council meeting on January 25th, Council reviewed the first draft of the 2023 budget.

The next Council meeting will be held on February 1, 2023. Regular Council meetings are normally scheduled for the 1st and 3rd Wednesday of each month.

This article contains only highlights from Council meetings – visit the website to see the approved minutes from each of the meetings. The minutes of each meeting are approved at the following meeting and are posted on the website once they have been approved and signed. If you don't have internet capabilities, you can always contact the office for copies of approved minutes.

Meeting agendas are always posted online on the Friday prior to the Wednesday meeting. Come out and see what your Council is doing on your behalf. Feel free to contact the Municipal Office for further information or with input into any of the items that Council is considering. **The meetings are now being held at the Municipal Office, but there is the option to attend virtually as well. The links to login to the meetings are posted on our website in the calendar details.**

and remain ready to alert you of the danger of **fire** or **carbon monoxide** whenever it should occur. More importantly, these alarms are readily available protection from two (2) potential and unforgiving killers in our homes. Both the **toxic gases** given off in a modern home fire, and the **odourless CO** gas from burned fuel are deadly! **Early warning** signals from **working alarms**, in conjunction with a practiced **Home Fire Escape Plan**, to facilitate a quick pre-planned exit, offer easy and economical protection from these harmful hazards.

Take a moment! Think about how you and your family would react to being woken up in the middle of the night to the sound of either a Smoke or CO alarm. What would you do, where would you go, who would you call? As scary as that might be, stop now to think about what would happen if your alarms were not sounding their warnings. What if your first warning of the danger was that you woke feeling ill, or smelling smoke or hearing the crackling of a fire?

Be sure to **install, maintain** and **regularly check smoke and CO alarms** in your home, and **prepare a Home Fire Escape Plan:**

<https://www.oafc.on.ca/home-escape-plan>, so you can go to sleep at night knowing that if anything should go wrong in your home, you will receive an early warning of the hazard and already have a plan in mind of what to do next to remain safe.



The Neebing Recreation Committee would like to gauge interest in a drop-in co-ed adult volleyball program, that would take place at Valley Central School. If you would be interested, please contact Joel at vman814@gmail.com so we can determine if we can make this a go! Dates/times TBD based on gym availability.

Neebing Recreation Committee Events

We, as the Recreation Committee are hosting a community meeting on February 6th, 2023 at the Blake Hall, starting at 6:30 pm. There has been some community interest in some improvements to the Cloud Lake boat launch. We are looking for community suggestions and ideas to put together a plan for the future of this site.

If you have any questions, please feel free to

contact Karen Coulson, chair of the Recreation Committee at 577-2475.

UPCOMING EVENTS PLANNED AT BLAKE HALL TO BE HOSTED BY THE

NEEBING RECREATION COMMITTEE IN 2023

February 25 and March 25 Crafternoons from noon – 4.

All are welcome. Please bring whatever you are working on – knitting, crochet, scrapworking etc. For a social afternoon. Perhaps at some point we can have someone teach a craft. If you are having problems with your craft maybe someone can help you out.

February 20 - a Family Skate from 1-4

April 7 - Easter Egg Hunt from 11- 2.

There will be clowns, face painting and of course the Easter Bunny.

May 14 - Mothers Day Tea from 1-3. Tickets will be available closer to the event.

July 1 – Canada Day at the Municipal Office.

October 7 – Harvest Dinner – more information to follow.

December ??? Breakfast with Santa. Date to be determined and more information to follow.

If anyone is interested in playing cribbage once a week please call Penny at 964-2270.

If there is enough interest we will try to set up an afternoon.

PLEASE COME AND JOIN US FOR SOME FUN GET-TOGETHERS!



We're Hiring

The Municipality of Neebing is currently accepting applications for the following positions:

Chief Building Official

The Municipality of Neebing is partnering with the Township of Conmee and the Township of O'Connor in seeking a part-time Chief Building Official that will work in each municipality.

The Chief Building Official is responsible for the management and enforcement of the Building Code Act, the Ontario Building Code, and all other pertinent municipal and provincial regulatory requirements within each municipality.

This is a part-time position and workload will depend on the number of permit applications received in each municipality. Compensation for work completed in each municipality will be negotiated separately with each municipality.

Economic Development Officer Intern

The Economic Development Officer Intern will work with Neebing's Council, staff, and volunteers on a variety of projects to promote development and tourism in Neebing.

Qualifications: University or college graduate in a related field or equivalent experience. A degree or experience in business, marketing, urban planning, tourism, and recreation programs would be well-suited.



This opportunity is proudly supported by Northern Ontario Heritage Fund Corporation and is funded through the Workforce Development Program. Eligibility requirements of the program can be found at <https://nohfc.ca/en/pages/programs/people-talent-program/workforce-development-stream>.

As per the funding requirements:

- The candidate must be either a new entrant into the workforce, transitioning to a new career, or is unemployed or underemployed and is entering a new field.
- The candidate must have not previously participated in NOHFC's People and Talent Program.
- The candidate must be 18 years of age or older.
- The candidate must reside in Northern Ontario.
- The candidate must be legally eligible to work in Canada

A detailed job description for both positions can be found on our website at www.neebing.org/careers.

Please submit cover letter and resume to:

Clerk-Treasurer
Municipality of Neebing
4766 Highway 61
Neebing, ON P7L 0B5
clerk@neebling.org



LAKEHEAD POLICE SERVICES BOARD COMMUNITY REPRESENTATIVE

The Lakehead Police Services Board is accepting applications for a Community Representative to sit as a member of the Board. This is a joint board that oversees the provision of police services in the Township of Conmee, Township of O'Connor and the Municipality of Neebing.

Qualifications:

The Community Representative can be a resident in any of the member municipalities (Conmee, O'Connor or Neebing); but cannot be a member of Council or an employee of a member municipality. Individuals that are active members of their community with a general knowledge of Board duties and responsibilities and awareness of community safety issues and programs within their local community would be an asset to this position.

What to expect as a Board member:

- As a Board member, you will be expected to:
 - Attend meetings as determined by the Board (at least 4 per year plus special meetings as needed).
 - Elect a chair and vice-chair at the first meeting each year.
 - Complete any necessary training.
 - Comply with Members of Police Services Boards Code of Conduct (O.Reg. 421/97)
- Police Services Boards:
 - Advise the OPP Detachment Commander with respect to police services.
 - Participate in the selection of the Detachment Commander.
 - Monitor the performance of the Detachment Commander.
 - Generally determine the objectives and priorities for police services.
 - Establish local policies with respect to police services.
 - Receive regular reports from the Detachment Commander.

An honourarium is provided to members for meeting attendance at a rate set by the member municipalities.

The position is a four-year term that ends with the term of Council on November 14, 2026.

For more information on the Board, visit www.neebing.org/psb

How to Apply:

Interested candidates are invited to submit a letter of interest outlining their relevant experience, by

Tuesday, February 28, 2023 at 4:30 pm to:

Lakehead Police Services Board
Attention: Board Secretary
4766 Highway 61
Neebing, ON P7L 0B5
Email: clerk@neebling.org



Be prepared.

Prepare your Family Emergency Survival Kit today!
Find out how.

www.ontario.ca/emo



emergency preparedness guide

Know the risks

Make a plan

Get a kit

72 HOURS

IS YOUR FAMILY PREPARED?

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Public Safety Canada / Sécurité publique Canada

EMERGENCY TEXT ALERT SERVICE for Neebing Residents



Sign up for Neebing's Emergency Text Alert Service! This text alert service is used to notify our residents **via text message** of immediate dangers or emergencies occurring in our community such as evacuations, road closures, forest fires and other hazards. Sign up is free! You must have a smartphone equipped to receive text messages to sign up for this service. It does not work on land lines. Sign up at neebling.org/textalerts or send us your name, Neebing address, and your text-enabled cell phone number including area code to neebling@neebling.org or call us at 474-5331. Your personal information is kept strictly confidential. If you have any questions, please feel free to contact us at: www.neebling.org/contact

Book Your Next Event with Us!

Blake Hall is available for rent by the hour, day or weekend. Blake Hall has a fully equipped kitchen for self-catered events and comfortable chairs and tables for your guests. We are also fully accessible with a ramp entrance and accessible washroom.

Notice of a Public Meeting being held to consider an application for a proposed Land Severance (Application Number B06-2022)

THE CORPORATION OF THE MUNICIPALITY OF NEEBING

Please take notice that the Council of The Corporation of the Municipality of Neebing, sitting as Committee of the Whole, will hold a Public Meeting on Wednesday, February 15, 2023, at 5:30 p.m., at the Neebing Municipal Office to consider a proposed severance under Section 53 of the Planning Act, R.S.O. 1990, c. P.13, as amended. The Committee's recommendations to Council will be considered for ratification at the Regular Council Meeting on the same evening, commencing at 6:00 p.m.

The Application (B01-2023) is brought by Mitchell Taylor and Janet Troje, the property owners. The land parcels which are the subject matter of the application have municipal addresses:

- 66 Cottage Drive West, which is legally described as "Plan W765 Lots 34 and 35; Part Road Allowance Reference Plan 55R6524 Parts 21 and 22, in the geographic Crooks Township, in the Municipality of Neebing and Province of Ontario"; and
- 70 Cottage Drive West, which is legally described as "Plan W765 Lot 36; Part Road Allowance Reference Plan 55R6524 Part 23, in the geographic Crooks Township, in the Municipality of Neebing and Province of Ontario".

These are referred to as the "Subject Properties".

The applicants propose to sever one piece off 70 Cottage Drive W for the purposes of correcting an encroachment from 66 Cottage Drive W. It is also proposed to sever the north parts of each of the Subject Properties to be consolidated into one new lot. The severed parcels will be rectangular or triangular in shape, and will each have frontage on Cottage Drive West. A sketch showing the lot configuration is included with the application, a copy of which is available on the Neebing website (www.neebing.org/notices) or by contacting the Municipal Office.

ANY PERSON may attend the Public Meeting and/or make written or verbal presentations either in support of, or in opposition to, the proposed severance. If a person or public body that files an appeal of a decision of the Committee of the Whole in respect of the proposed severance does not make oral submissions at this public meeting, or does not provide written submissions prior to the decision of the Council in the matter, the Ontario Land Tribunal may not grant them status to maintain the appeal.

How to provide input: You can provide input on the application as follows:

- Submit comments in writing by email, to clerk@neebling.org;
- Submit comments by regular mail to the mailing address below;
- Register to speak at the Public Meeting (whether in-person or electronically), in advance, to clerk@neebling.org, or by calling the Clerk-Treasurer at the number below; or
- Attend the public meeting in-person, or via electronic means, and register with the Clerk-Treasurer, upon arrival, indicating your wish to address the Public Meeting orally.

Please note that, in order to be considered, written comments must be submitted by 4:30 p.m. on Wednesday, February 15, 2023. It is the writer's responsibility to check with the Clerk-Treasurer, using the contact information below, to confirm that electronically submitted or mailed written comments have been received

ADDITIONAL INFORMATION related to the proposed severance is available for by calling the Clerk-Treasurer at 807-474-5331.

DATED AT THE MUNICIPALITY OF NEEBING this 19th day of January 2023.

Erika Kromm
Clerk-Treasurer



Erika Kromm
Clerk-Treasurer

Notice of a Public Meeting being held to consider an application for a proposed Land Severance (Application Number B02-2023)

THE CORPORATION OF THE MUNICIPALITY OF NEEBING

Please take notice that the Council of The Corporation of the Municipality of Neebing, sitting as Committee of the Whole, will hold a Public Meeting on Wednesday, February 15, 2023, at 5:30 p.m., at the Neebing Municipal Office to consider a proposed severance under Section 53 of the Planning Act, R.S.O. 1990, c. P.13, as amended. The Committee's recommendations to Council will be considered for ratification at the Regular Council Meeting on the same evening, commencing at 6:00 p.m.

The Application (B02-2023) is brought by Dennis and Sherry Thurier, the property owners. The land parcel which is the subject matter of the application has municipal address 61 Oliver Creek Road, and is legally described as "Part Mining Location R223, Reference Plan 55R1054 Parts 1, 2 & 5, Parcel 15644 in the geographic Scoble Township, in the Municipality of Neebing and Province of Ontario". This is referred to as the "Subject Property".

The purpose of the proposed severance is to add land to a neighbouring property. The severance will not result in any new lots. The severed parcel will be L-shaped, and has road frontage on Oliver Creek Road. A sketch showing the lot configuration is included with the application, a copy of which is available on the Neebing website (www.neebing.org/notices) or by contacting the Municipal Office.

ANY PERSON may attend the Public Meeting and/or make written or verbal presentations either in support of, or in opposition to, the proposed severance. If a person or public body that files an appeal of a decision of the Committee of the Whole in respect of the proposed severance does not make oral submissions at this public meeting, or does not provide written submissions prior to the decision of the Council in the matter, the Ontario Land Tribunal may not grant them status to maintain the appeal.

How to provide input: You can provide input on the application as follows:

- Submit comments in writing by email, to clerk@neebling.org;
- Submit comments by regular mail to the mailing address below;
- Register to speak at the Public Meeting (whether in-person or electronically), in advance, to clerk@neebling.org, or by calling the Clerk-Treasurer at the number below; or
- Attend the public meeting in-person, or via electronic means, and register with the Clerk-Treasurer, upon arrival, indicating your wish to address the Public Meeting orally.

Please note that, in order to be considered, written comments must be submitted by 4:30 p.m. on Wednesday, February 15, 2023. It is the writer's responsibility to check with the Clerk-Treasurer, using the contact information below, to confirm that electronically submitted or mailed written comments have been received

ADDITIONAL INFORMATION related to the proposed severance is available for by calling the Clerk-Treasurer at 807-474-5331.

DATED AT THE MUNICIPALITY OF NEEBING this 20th day of January, 2023.

Erika Kromm
Clerk-Treasurer



Erika Kromm
Clerk-Treasurer

Scan this QR code...it will take you right to the **NFRA 50/50 RAFFLE SITE!**



Show Me the Money - January

Municipalities are subject to higher degree of scrutiny than businesses, particularly when it comes to money. Every year Municipalities are required to submit year end financial paperwork and that paperwork must be audited by an outside firm.

Two audit sessions occur at Neebing. This year the interim audit was completed in December, and a final audit session will be completed in March. All financial transactions and processes for the entire year are examined. The Auditor then prepares an Auditor Report along with the annual Financial Statements.

The Auditor presents the report and the audited Financial Statements to Council, which Council formally accepts with a resolution. Once the Financial Statements are accepted, a copy is placed on Neebing's website, and the annual Financial Information Return (FIR) is sent to the Province.

The FIR documents for Ontario Municipalities, dating back to 1977, are available online from the Ministry of Municipal Affairs and Housing. This data is stored in Microsoft Excel format.

FIR Data comparisons between Municipalities can be difficult. For instance when looking at recreation, our neighbour Gillies has a privately run community centre, so Gillies reports lower expenses for recreation compared to Neebing, despite the fact that both Municipalities have a community centre.

If you are interested in viewing paper copies of these documents, please call the Municipal Office.

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THUNDER BAY CHRISTIAN SCHOOL

REGISTRATION/OPEN HOUSE



REGISTRATION/OPEN HOUSE FOR NEW STUDENTS IN JK-10

Thunder Bay Christian School would like to welcome everyone to come visit the classrooms, take a tour of the school, meet the teachers, enjoy some refreshments, and see all the different things that T.B.C.S. can offer your children.

Tuesday, February 7, 2023,
9:00 a.m. - 3:00 p.m. and 7:00 - 9:00 p.m.

and

Wednesday, February 8, 2023
9:00 a.m. - 3:00 p.m.

*"The fear of the Lord is the beginning of wisdom."
Proverbs 1:7a*

37 Cooper Road, Rosslyn, ON, P7K 0E2
Phone: (807) 939-1209 Fax: (807) 939-2843
E-mail: office@tbcs.school
Website: www.tbcs.school

Conmee Township Receives \$14,984 from the Province of Ontario Aging and Health

Conmee Township is the proud recipient of \$14,984.00 from the Province of Ontario!

Following province-wide consultations in 2018 with seniors and their family members, caregivers and support organizations, the ministry has identified four priority areas to support older Ontarians across the province:

1. Age at home and in communities
2. Be safe and secure
3. Remain healthy, active, and socially engaged
4. Participate in the labour market and economy as they wish.

With this funding, we will be able to

1. Strengthen the safety and well-being of older adults (e.g., delivery of programs about falls prevention or elder abuse awareness / prevention).
2. Adapt and deliver programs and services to isolated older adults either virtually (e.g., internet or telephone-based programs) or in-person (following current provincial guidelines) so they can stay active and socially engaged.
3. Create safe opportunities for older adults to network and increase participation in community labour markets through virtual mentoring, volunteerism, and training to support entrepreneurship.
4. Focus on supporting these priorities for rural communities, specifically.

We will be inviting our neighbouring Municipalities to participate.

Please come join us!

Refreshments will be provided.

Virtual attendance, social distance spaces, PPE, transportation, and respite services are also available if required

Refreshments will be provided at all sessions. Saturday sessions will have a full lunch meal and break included from 12:00-1:00. Please communicate any dietary restrictions to Nikita when you RSVP.

To RSVP, or for more information, please contact Nikita @ (807)475-5229 ext. 3 or deputyct@conmee.com

AGING AND HEALTH SERIES SCHEDULE

THURSDAY MARCH 2, 6:00PM
Hospice Northwest - General Overview of Programs and Services

THURSDAY MARCH 2, 7:30PM
Ontario Society of Senior Citizens Organizations (OSSCO) - Health Involvement in Public Policy

SATURDAY MARCH 4, 10:00AM
Hospice Northwest - Don't Duck the Conversation

SATURDAY MARCH 4, 1:00PM
Dying with Dignity Canada - Medical Assistance in Dying (MAID)

SATURDAY MARCH 4, 2:00PM
Presenter & Topic TBD

TUESDAY MARCH 7, 1:00PM
Alzheimer Society - Let's Talk Dementia!

TUESDAY MARCH 7, 2:30PM
Topic and Speaker TBD

THURSDAY MARCH 9, 6:00PM
Elder Abuse Prevention Ontario - Power of Attorney for Property/ Protecting Finances

THURSDAY MARCH 9, 7:30PM
Ministry of Finance—Introduction to Ontario's Estate Administration Tax

TUESDAY MARCH 21, 1:00PM
Osteoporosis Canada - Bone Health 101

TUESDAY MARCH 21, 2:30PM
Thunder Bay Counselling - Overview and Tips for Financial Aid

WEDNESDAY MARCH 22
TBD Norwest Clinic - Diabetes Prevention Workshop

THURSDAY MARCH 23, 6:00PM
Elder Abuse Prevention Ontario - Elder Abuse & Ageism 101

THURSDAY MARCH 23, 7:30PM
Elaine Wiersma - Dementia topic TBD

SATURDAY MARCH 25, 10:00AM
Ontario Society of Senior Citizens Organizations (OSSCO) - Reducing Social Isolation and Loneliness

SATURDAY MARCH 25, 11:00AM
Sharon Bak - PTSD Stories from the Edge & Boots on the Ground for First Responders

SATURDAY MARCH 25, 1:00PM
Danielle Covelto - Recreation Therapy & Dementia Care Consulting (Topic TBD)

TUESDAY MARCH 28, 1:00-4:00
EVERGREEN DAY - A variety of Topics from Norwest Clinic

THURSDAY MARCH 30, 6:00PM
Hospice Northwest - Grief Presentation

***A comprehensive booklet will be mailed to all households separately to give a breakdown of what kind of information will be covered at each session - Stay tuned! *
RSVPs are welcome and encouraged to commence immediately!**

RESERVE YOUR SPOTS TODAY!

HOW TO CONTACT YOUR COUNCIL MEMBERS

Mayor
Councillor for Blake
Councillor for Crooks/Deputy Mayor
Councillor for Pardee
Councillor for Pearson
Councillor for Scoble
Councillor At-Large

Mark Thibert 474-1362
Katherine Hill 631-1869
Brian Wright 964-2365
Curtis Coulson 577-2475
Gary Gardner 577-1963
Brian Kurikka 633-3735
Gordon Cuthbertson 708-7548

mayor@neebing.org
blake@neebing.org
crooks@neebing.org
pardee@neebing.org
pearson@neebing.org
scoble@neebing.org
councilatlarge@neebing.org



Chix in the Stix City Mouse!

I just had the opportunity to spend an extended weekend in Toronto. It's been about 20 years since I've been back. The recent jaunt was inspired by my daughter who, after months of illness, tests and therapy - deserved to be treated to some shopping, fine dining and a musical. I hadn't thought about how the return to some old stomping grounds would feel for me this time around. I'd been focused on the prep work required to make sure she was well enough to travel and well supported on the trip. After so much time away it's easy to forget what the big city is like. To become convinced that it's not as great as you remember it to be. A great place to visit but maybe not to live. I know a few people who would NEVER live in Toronto or any other large centre for that matter and don't even like to go to town each week if they can help it. And I feel like that some days too.

But like everything else I think it's all about perspective and attitude! I'm sure if I had headed to the big city looking for all its faults and downfalls I would have found them. Lots of them. And I think you can probably say the same about every city, every town, and even every rural municipality. No place is perfect. And you can embrace the good or you can focus on just the bad. But because our focus was creating an experience, an adventure, and a happy place for my daughter, that is exactly what we found. And Toronto was actually quite glorious and we were able to see and enjoy only the good that the city and all the people and places we encountered had to offer.

I am under no illusion that there is an underbelly to this big city. Like there is to any city. Including ours. But for a few days we just skimmed along the surface and enjoyed the friendliness and humanity that is also there! And maybe we were wearing rose coloured glasses, but it's kind of nice to do that every now and

then. I would much rather be the optimist who sees the good in people and places than focus on the negatives. I was reminded that big cities aren't that bad and actually have a whole lot to offer.

I wasn't really there long enough to feel homesick. But I did of course think about home. Mostly because of the stark contrast between downtown Toronto and an off-grid house on a big hill surrounded by forest a ka-zillion miles away. There wasn't much sign of country life there. There was a store in the big mall called 'Moose Knuckles' and a few storefronts with camo fashions. That's about it. Not a whole lotta greenery in the downtown core. But that was okay too. I loved the skyline and the view from the hotel room was amazing and it was fun to open the curtains at night and take it all in. Not quite the same as the stars on a clear night out here in the country. But still nice. Just different. And now we're home and there are always those first few days where things look a bit fuzzy around the edges. Our heads are still in the big city, but our hearts are happy to be back in the country. I feel a bit guilty that I loved it so much. Like I cheated or something. Like I should be apologizing. But I am okay with loving both. I enjoyed the bright lights and action, but I am already embracing the peace, quiet and solitude again.

While we were waiting at the gate for our plane to board in Toronto, already starting to think about home, three little birds landed on a nearby sign. Sparrows I think. And not that I haven't seen birds indoors before, but somehow seeing them inside this big glass and steel structure with the crowds and all the hustle and bustle while starting to pine for my country home, felt almost miraculous. I wanted to take it as a sign. That no matter what man made efforts loomed around us day in and day out, no matter the con-

sumerism, the \$10 coffees and \$20 sandwiches at the airport, the destruction of the planet and a zillion other things that as a nation we should not feel too proud of, there were these sweet little innocent birds. Chirping and hopping down onto the carpet. We tossed a few small crumbs so that they would come closer. They did and it made us all smile. It was like even

in the big city, nature was winning. And that made me want to cheer! Go birds! And as the memory of our trip to Toronto will begin to fade, I am happy to be back in our country home and feel like country folks are, like the birds, part of the winning team!

Grandma's Restaurant

Take Out 939-1551

**Home Cooking
7 Days a Week
7 a.m. - 3 p.m.**

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| | |
|--------------------------|-------------------------------------|
| Carving | - Monday from 10 to 3 |
| Disking | - Monday from 1 to 3 |
| Weaving | - Tuesday and Thursday from 10 to 3 |
| Knitting | - Tuesday and Thursday from 10 to 3 |
| Cribbage | - Wednesday from 1 to 3 |
| Quilting | - Wednesday from 10 to 3 |
| Beginners Carving | - Wednesday from 10 to 3 |
| Yoga | - Thursday from 10 to 11 |
| Craft Room Open | - Monday to Friday from 10 to 3 |

TO ALL RURAL 60 PLUS members a reminder that there is a LUNCHEON ON FRIDAY FEBRUARY 17TH FROM 12PM TO 1 PM at the Kakabeka Legion!
Please call or email the Centre or sign the book at the Centre before Friday February 10th.

PRO-TEC TIRE CENTRE

BFGoodrich TAKE CONTROL

OUR TOUGHEST ALL-TERRAIN TIRE. EVER.

- 20% Tougher Sidewalls
- 2X Longer Treadlife on Gravel, +15% on Asphalt
- +10% Traction in Mud, +10% in Snow

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Authorized BF Goodrich Truck Tire Dealer



We are looking to start up a Neebing 4H group!

... and are looking to see if there are local families who would be interested in have their kids in grades 1-8 join 4H in Neebing! The meeting place would likely be Blake Hall and a focus for the group has not been decided yet, that will be decided by the parents of the children joining the group. If you would like to know more please contact Lisa at lisalaitinen@hotmail.com or 807-708-4767 (cell).

This is a great opportunity to have locally organized activities for kids, no need to drive all the way to town!



**PANCAKE SUPPER IS BACK!
(SHROVE TUESDAY)**

**ST. JAMES ANGLICAN CHURCH, MURILLO
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In Morrow Hall
TUESDAY, FEBRUARY 21ST, 2023
4:30 P.M. to 6:30 P.M.**

(Pancakes, sausage, Cookies & Refreshments)

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Rural Family Centre

**"Learning Through Play, Exploration & Inquiry"
Connect with other Families!**
(for children 0-6 years)

Our Calendar of events can be viewed at:
<https://www.keyon.ca/en/Events/ViewEvents>

* EarlyON Child and Family Centre - Murillo
(Pre-registration on KeyON is required)

For more info. please:
Email: ruralfrcc@tbaytel.net or
Private FB message us or
Call: 935-3009

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Neebing Fire/Rescue Association
NFRA News
 Respectfully submitted: Joy Harris, President NFRA



In Case You Were Wondering...

What have your contributions to NFRA purchased?
 Over the past 5 years these items have financed by YOU!

Or renew your membership - for only \$5.00!

JOIN US!



January is the beginning of a new financial year for NFRA and we'd like you to join us! You will receive a membership card, emailed copies of the minutes of our exciting meetings, opportunity to join meetings via phone or in person, and an invitation to, and voting privilege at, the upcoming AGM! Plus, you'll also be

the first to hear of upcoming events that you can be part of.

Be In The Know – become a NFRA member :)

For new or current members it's easy to start or renew your membership.

Option #1:

- Send an email, with your name, address, preferred email and phone number to nfraevents@gmail.com
- Then send the \$5.00 membership fee in an etransfer to the same address nfraevents@gmail.com



Option #2:

- Send a letter with your name, address, preferred email and phone number and enclose a check for the \$5.00 membership fee to:



Neebing Fire/Rescue Association, 4766 Hwy. 61, Neebing ON. P7L 0B5

Option #3:

- Give your written information (Name, address, email address and phone number) along with \$5.00 to any current NFRA Board member



Announcing!

NFRA's Annual General Meeting



When: Monday, March 13th 2023

Where: via Bell teleconferencing, dial toll-free: 1-888-402-9166 conference ID 5502964#

Who: Everyone. Voting is restricted to all current (paid) members of NFRA (at time of AGM).

*Be safe, be well
 and be kind.
 Joy Harris,
 NFRA
 - President*

| | |
|-------------|---|
| 2017 | Ram hydraulic Draft hoses CPR prompt training pack Thermal imaging camera |
| 2018 | Medical tourniquets Home care pump Air compressor conversion Suction Catheters Coveralls |
| 2019 | Contribution to Infant airway Mannequin & SKED Washer - for Hall 1 \$\$ Towards new pumper truck |
| 2020 | 2 Gated wyes (water flow controllers) Nozzles & suction hose for new fire pumper Training mannequin Fire hose & couplings for new fire pumper \$\$ Towards new pumper truck |
| 2021 | \$\$ Towards new pumper truck Graphics for new pumper 4 SCBA air cylinders 50% custom wash package 11 HP portable pump for P-108 |
| 2022 | Cordless chainsaw kit Battery powered "jaws of life" CPR training floor mats |



WE ARE NOW LIVE!!!



The Jackpot is **growing** and funds are coming in to support our Emergency Services!

Join in for an easy online chance to WIN while supporting our local Neebing Emergency Services through Neebing Fire/Rescue Association!

Support a cause close to home 🏡

The link to buy tickets is: <https://neebingfirerescueassociation.com/events/draw>

This link is also posted on our website and Facebook page.

Join in **NOW** for the first of four 50/50 draws in 2023:

Important Dates:

| Draw | Lottery starts | Lottery ends | Draw made |
|------|--------------------|-------------------|--------------------|
| 1 | Jan 18/23 10:00am | Mar 28/23 1:00pm | March 29/23 1:00pm |
| 2 | Mar 29/23 10:00am | June 27/23 1:00pm | June 28/23 1:00pm |
| 3 | June 28/23 10:00am | Sept 26/23 1:00pm | Sept 27/23 1:00pm |
| 4 | Sept 27/23 10:00am | Dec 26/23 1:00pm | Dec 27/23 1:00pm |



Proceeds will support NES's newest addition to their fleet, **Pumper 104**. This vehicle will benefit from a **portable pump** and **new hoses** that your contributions are already supplying. Badly needed **new tires** are next on the wish list. These 50/50 raffles can make that happen!
 Plus, You could win big from the comfort of your home!

JOIN US FOR AN ONLINE

50/50 RAFFLE FUNDRAISER

ALL PROCEEDS BENEFIT NEEBING EMERGENCY SERVICES

Tickets and draw info online at:
www.NeebingFireRescueAssociation.com/EVENTS/DRAW

Ticket Prices

- 1 for \$10
- 3 for \$20
- 10 for \$50
- 25 for \$100

Scan this QR code...it will take you right to the 50/50 Raffle site!



"Try and leave this world a little better than you found it"

Lord B.-P.

Neebing Emergency Services by Dale Ashbee, Fire Chief, Neebing Fire Safety in the "Fun" Month of February



Although February is the shortest month of the year, its days are replete with 'special occasions', and it brings the promise of longer daylight hours to come.

From beginning to end, February is just *different* from its fellow months. On February 2nd each year, there occurs the peculiar ritual (carried out by certain interested folks) of 'awakening' groundhogs from their hibernation beds. Depending on whether or not the

roused groundhog casts a shadow when it sticks their head out, a forecast is prescribed as to how many more (or fewer) winter weeks viewers might have to plan for. The appearance of a groundhog's shadow is said to indicate the likelihood of an earlier Spring, while the 'no show' of its shadow is said to indicate that the winter weather is likely to be the norm for the foreseeable future. In Neebing, however, it would seem that regardless of the groundhog's shadow (present or not) we can usually anticipate about six (6) more weeks of sledding and shoveling. February is also 'different' from the other months in that it adds an extra day to the end of its calendar month, but only once every four (4) years. Just imagine – if you were born on a February 29, you would only get to celebrate your 'actual' birthday every four (4) years. However, by the time your fourth true birthday arrived, you theoretically would be 'legal' to drive a car. Thankfully in the middle of February, and different from other months, we have a special day called St. Valentine's Day, which is a time to celebrate love and our caring for others. The thoughtful sharing of flowers and chocolates to one another are seen as expressions of this good will and best wishes. Interestingly, the common signature phrase "From Your Valentine" originated with a kind and caring man named 'Valentine', who while incarcerated in a Roman prison in 270AD, awaiting execution for performing marriages, which had been forbidden by the Emperor of the day, sent what was to be his last note, to his jailor's daughter. The note was signed with the now familiar, "From your Valentine". Valentine was later to be declared St. Valentine in recognition of his kind deeds and we continue to be reminded of the importance of romance in our lives each year on the 14th day of February.

Although a box of chocolates is a much-appreciated gift for your loved ones, another true and important sign of your caring and concern involves continuing to ensure you and your family remain aware of fire safety tips - not only in February but throughout the year. As the days grow longer and carry a promise of warmer days ahead, **February** remains a midwinter month with all the fire safety concerns of the season including; **cooking equipment, heating equipment, electrical distribution equipment and carbon monoxide** in the home.

Key **Safety Tips** for remaining **Fire Safe in February** include:

- Ensuring your **chimney** is clean and your furnace **vents** are clear of snow;
- Being diligent with **cooking**, as many winter fire starts occur in the kitchen,
- Being careful with **auxiliary heaters**, to ensure they are placed away from combustibles like curtains, furniture and blankets;
- Taking extra care with extinguishing **butts** from any inside smoking;
- Going through your **Home Fire Escape Plan** with your family. It is essential that everyone remains familiar with what they should do (leave the house and call 911) and where they should go (to an established meeting place) if a fire does start in your home. "**Practice makes perfect**" – exit time is limited and critical; and
- Ensuring that your **CO and Smoke Alarms are working**. As you will see in a companion article in this issue of Neebing News, in 2022 Ontario experienced the **highest level of fire-related deaths** in recent history! Many of those deaths are attributed to **non-working (or absent) CO and smoke alarms** in the affected homes. Most homes now have a hardwired and battery back-up detector/alarm system in place, which should be ready to serve you "24-7/365". However, they need to be **tested regularly** to ensure they are ready to protect everyone inside.

While embracing visions of Groundhogs, and Valentine chocolates and Leap Year Birthday Cakes, enjoy February 2023 to the fullest, and above all **STAY SAFE!**



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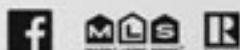
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Roslyn Women's Institute

presents their

20th Annual
Valentine Dessert Tea

Thursday, February 9, 2023

7:00 PM - 8:30 PM

Roslyn Village Community Centre
corner of Roslyn Rd & Ubert Rd

Ticket price includes a generous slice of the decadent dessert
of your choice plus a beverage.

Tickets are \$500

Advance tickets are available from any full member.


For more info, call Jean Kelly at 625-5284.

♥ PLUS! Cookie Walk available ♥



Happy
Valentine's
Day!!

Join us at Rosslyn Library!



CARPET BOWLS GAME
Activities for Seniors

Seniors!
Help nurture your mind and body with a fun game of carpet bowling.

- Relaxed and gentle pace of exercise
- Socializing and fun times
- Free
- Coaching available
- Snacks and refreshments

Beginners welcome!!

Where: Rosslyn Hall
Date: every Friday
Morning session 10 am - noon
Afternoon session 1 pm - 3 pm

Pre-booking takes priority over drop-ins
Please call the library at 939-2312 for more information or booking.

Please bring indoor shoes!

Murillo Library

Monday 10 – 8:00 pm
Wednesday 10 – 8:00 pm
Saturday 9 am – 12:00 pm
935-2729



Shopping bags needed, plastic or fabric.
If you have an abundance of bags, the Library would love to have them to offer patrons for their book check outs.

Donations of puzzles wanted at the library.
The winter is long and puzzles and puzzles are a popular activity. Both the Murillo and Rosslyn Library have puzzles available to borrow.

Email:
oplibrary@tbaytel.net
Website:
http://oliverpaipoonge.olsn.ca



The Library will be hosting a free kids Valentine's craft indoors at the **Rosslyn Winter Carnival** on Saturday, February 11th from 11:00 to 3:00. Drop in, registration is not required.

Rosslyn Library

Tuesday 10 – 8:00 pm
Thursday 10 to 8:00 pm
Friday 10 – 3:00
Saturday 1 – 4 pm



Thank you to the St. Marks Quilting and Craft group for their donation in memory of Mamie MacMillan and Gillian Hearn. We will be adding a number of new quilting and knitting books to our collection as a lasting legacy in honour of these ladies.




Ontario Park Pass lending continues in 2023!

Use your library card to borrow a week-long day use park pass this year. Oliver Paipoonge Public Library has 6 passes available, use this opportunity to enjoy the health benefits of being outdoors and experience the beautiful nature that our parks have to offer. Contact the Murillo or Rosslyn Library for more information.

CRIBBAGE


Beginners Welcome!
EVERY TUESDAY

1 P.M.

ROSSLYN COMMUNITY CENTER
3405 ROSSLYN ROAD



Start the new year off right! It's time to join....
Free Exercise Class for all ages



This safe low-impact routine works to lubricate joints and keep them flexible, strengthen and stabilize individual muscles and increase blood circulation resulting in a decreased number of falls and an increased ability to better accomplish day-to-day physical activities.

Drop in every Tuesday and Thursday
from 11:30 – 12:00 at Rosslyn Library
(Stretch bands and balls on Tuesday, weights on Thursday) *Please bring indoor shoes and weights.*

NEEBING NEWS DELIVERED TO YOUR MAILBOX (unless you have NO FLYERS posted)
Deadline for the MARCH issue of The Neebing News is FEBRUARY 20!!
(BUT early submissions are always very welcome!)
Submissions and photos of community events and articles of interest are welcome, and can be sent to Chris Vaclav at designhouse@tbaytel.net 628-7271

'Get Creative' craft gathering
Every Thursday from 1 to 4:00
at Rosslyn Hall



Bring in your current craft project to work on alongside other 'crafty-minded' people. This is a great time to meet new people, socialize and share tips and ideas.
Call 939-2312 for more information.



SLATE RIVER BAPTIST CHURCH
80 McCluskey Drive
475-5140

FAMILY WORSHIP SERVICE
Sundays @ 11am

ALL ARE WELCOME
Contact us re prayer requests, visits, questions etc.
Follow us on Facebook or visit our website

The Junction

A ministry of Slate River Baptist Church

Providing emergency food & clothing to rural individuals or families in need.

Clothing - Hygiene Products - Pantry

If you or someone you know is in need of food or clothing please contact us. Care pkgs. available. All items are free. Find us on Facebook or call 475-5140.

NEW MOMS-We can help with diapers, wipes etc.

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jessica.coley@rbc.com



In February We Celebrate Black History Month



ONCA
Ontario Nurses' Association Local 73



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We offer a large selection of portable restroom units, MOE approved.



LAKEHEAD REGION
CONSERVATION AUTHORITY

www.lakeheadca.com
@lakeheadregion / f t i

RURAL CUPBOARD FOOD BANK

Neighbours Helping Neighbours

Conmee Municipal Complex

19 Holland Rd, Kakabeka Falls P0T1W0

807-285-0836

We sincerely thank all those that continue to support us.

Your donations enable the food bank to remain open

Next Food Bank

Wednesday, February 15, 2023

Registration 9 am to 11 am

Drive-Thru Pick-up

RURAL CUPBOARD FOOD BANK

TAX RECEIPTS for 2022 Donations

Will be issued first week of FEBRUARY If you have not received it by March 1st, please call 285-0836 or email;

ruralcupboardfoodbank@gmail.com

THANK YOU

To Rapport Credit Union for the countless years they had a food drop-off bin - Since they have moved to their new location, adjacent to the Evergreen Pharmacy, all donations should be left at the Pharmacy location.

To the O'Connor Fire Fighters and O'Connor Volunteers for the generous donations raised at their Christmas Parade held in December.

To Gary and the Kakabeka Falls Legion for so generously raising funds throughout the year through the Musical Sundays, the Christmas Concert and the Christmas Dinner held for the Rural Cupboard Food Bank Clients and Volunteers

ANNUAL GENERAL MEETING

April 12th - 6 pm

Followed by General Meeting Conmee Council Chambers (in person) or Virtual



Sand - Gravel - Topsoil - Crushing - Screening
Septic - Snow Removal - Property Maintenance

OFFICE 807.357.7237

JESSE SUNMÄÄ 807.355.4409
JARI SUNMÄÄ 807.631.4709

788 Silverfalls Rd., Kamistiquia, ON P0T 1X0 kamcrush@gmail.com

Kakabeka Legion Events



| | | |
|---------|----------------|-------------|
| Feb 3 | Teen Challenge | 2:00-7:00 |
| Feb. 4 | Teen Challenge | 07:00-18:00 |
| Feb. 11 | Exec/Gen Mtg | 2:30/3:00 |
| Feb. 12 | Breakfast | 8:30-noon |
| Feb. 17 | Rural 60 Lunch | 12:00-1:00 |
| Feb. 18 | Dance Quest | 7:00-10:00 |
| Feb. 19 | Jam Session | 6:30-9:30 |
| Feb. 25 | Dance Quest | 7:00-10:00 |
| Feb. 26 | Music | 2:00-4:00 |

Call the Legion hotline to confirm bookings 473-9122

At this time there are no Covid restrictions. Masking is up to the individual.



Slate River Dog Grooming

a caring hands family

HWY 61, Neebing 475-9629 Find us on Facebook



Lakehead Region Conservation Authority

submitted by LRCA Staff

This is a reminder that the LRCA does not monitor ice conditions at any of our Conservation Areas. Make yourself aware of weather conditions before heading out to explore, and always ensure you are dressed appropriately and are wearing appropriate footwear while visiting. There is no winter maintenance on any of our trails. Please be safe when visiting.

The LRCA conducts snow surveys on a bimonthly basis on the 1st and 15th of the month between November and May of each year. There are three historical snow survey locations which are located at Hazelwood Lake Conservation Area (Current River), Madeline Street (McVicar Creek), and Vibert Road (Pennock Creek). Snow depth and weight (water content) are collected and forwarded to the MNRF's Surface Water Monitoring Centre as part of the Flood Forecasting Program.

The January 16, 2023, snow surveys indicate that the snow survey locations are above average for snow depth and water content, when compared to the historical averages for January 15. The snow depth results were: McVicar Creek - 35.4 centimetres (cm) (16% above average), Pennock Creek - 41.8 cm (24% above average), and Current River - 48 cm (10% above average). The water content results were also above average for all three snow courses, with an equivalent water content ranging

from 121 millimetres (mm) at McVicar Creek, 103.9 mm at Pennock Creek and 115.6 mm at Hazelwood (Current River). The next snow survey measurements will be taken on February 1, 2023.

Please be advised that a "pay and display" unit will be installed at Silver Harbour Conservation Area during 2023, which will replace the coin box at that location. Vehicles parked at Silver Harbour (including vehicles utilizing the boat launch facility) will be required to display a slip from the Pay and Display unit or have a valid Explore Card Parking Pass displayed. All revenue generated through day use parking fees and Explore Card sales is used for Conservation Area upkeep and maintenance (including boat launch facilities) and staff costs. Non-compliance is subject to fines under Regulation 113: Conservation Areas - Lakehead Region.

The 2023 Explore Card Parking Pass is available now, which provides parking at our Conservation Areas for one calendar year at a cost of only \$40.00 +HST instead of the \$5.00 per vehicle day use parking fee. Visit our webstore at www.store.lakeheadca.com or give us a call at (807) 344-5857 to purchase yours now!

Get out and Explore!

THE VICKERS GARDEN'S BRANCH OF THE WOMEN'S INSTITUTE is hosting a MEET AND GREET

at VICKER HEIGHTS COMMUNITY CENTRE BROADWAY AVENUE On SATURDAY, FEBRUARY 11, 2023 2 P.M. to 4 P.M.

All W.I. Members, former and present or anyone interested in learning about the Women's Institute is welcome to join us for an afternoon of fun and companionship. Each Branch is asked to present 10 minutes of entertainment.

{Poems, Jokes, Skits or Demonstration} COFFEE WILL BE SERVED

For more information or to R.S.V.P. Contact Jean at jtwilson@tbaytel.net or 935-2587



GILLIES COMMUNITY CENTRE EVENTS

PLAYGROUP TUESDAYS 9:30-12pm
Please follow the FB group for updates & schedule!

WALDORF PARENT & CHILD GATHERING
2nd Friday of every month from 10-12pm
Donations encouraged for materials
Contact: melkaltenbach@gmail.com

BOOK SWAP FEBRUARY 25 & 26
1000's of books!
11-5pm daily \$Donations\$ Encouraged
FREE EVENT!
All donations directly assist the GCC

SEED SWAP RETURNS MARCH 4TH!
That's right! Seedy Saturday returns March 4th!
More details to come. Please follow us on Facebook for more info.

THE GCC IS AVAILABLE TO RENT FOR YOUR NEXT EVENT!
Email: gilliescommunitycentre@gmail.com or message us on Facebook for rental or any other inquiries.

1835 HWY 59S SOUTH GILLES

NEW ONTARIO SHOOTERS ASSOCIATION INC. PRESENTS

2023 SPRING GUN SHOW

Saturday, March 11th • 9 a.m. to 4 p.m.
Sunday, March, 12th • 9 a.m. to 3 p.m.

SLOVAK LEGION

801 Atlantic Avenue, Thunder Bay, Ontario

\$5 Admission

Children 12 & under FREE with paid adult admission

DOOR PRIZES

BUY • SELL • TRADE • DISPLAY

Guns • Knives • Reloading Supplies • Optics
Ammunition • Cartridges • Club Displays • Accessories • Literature

This show is a fundraiser for the Junior Shooters Program
www.nosa-newontarioshooters.org | Facebook: New Ontario Shooters Association Inc. - NOSA

For more information call Samantha 807-626-4003

The Rural Pharmacist: Minor Ailment Pharmacist Prescribing Now Available in Ontario!

by Henry Tempelman, Pharmacist/Owner of Evergreen Pharmacy

Pharmacist Minor Ailment Prescribing is finally here! This is something that's been in the pipeline for a couple years now but delayed with healthcare funding priorities shifted to the COVID pandemic response.

What is Minor Ailment Prescribing? Minor ailments are described as health conditions that can be managed with minimal treatment and/or self-care strategies. Additional criteria include:

- Usually a short-term condition
- Lab results aren't usually required
- Low risk of treatment masking underlying conditions
- No medication or medical history red flags that could suggest a more serious condition
- Only minimal or short-term follow-up is required

The 13 minor ailments that pharmacists in Ontario can prescribe for are:

- Allergic rhinitis
- Candidal stomatitis (oral thrush)
- Conjunctivitis (bacterial, allergic and viral)
- Dermatitis (atopic, eczema, allergic and contact)
- Dysmenorrhea
- Gastroesophageal reflux disease (GERD)
- Hemorrhoids
- Herpes labialis (cold sores)
- Impetigo
- Insect bites and urticaria (hives)
- Tick bites, post-exposure prophylaxis to prevent Lyme disease
- Musculoskeletal sprains and strains
- Urinary tract infections (uncomplicated)

The main benefit is patients initiating treatment faster, when appropriate, and receiving the care closer to where

they live and work. Pharmacists are highly qualified and trained; minor ailment prescribing will reduce emergency room visits and stress on our already strained local health care system.

Ontario is the ninth jurisdiction in Canada to offer Minor Ailment prescribing; Alberta was the first province to offer the service in 2007. Some other provinces have already expanded the conditions on which they can prescribe for. This isn't a totally new program to the industry, and there is evidence of efficient ways to offer the services to meet the needs of the patients.

All our pharmacists are trained to offer these services. Depending on the ailment/situation, we can perform these minor ailment assessments in person or over the phone. An assessment typically takes 10-15 minutes, as our pharmacists follow an algorithm to determine if the ailment requires a pharmacist written prescription or not, or if the pharmacist deems a referral for the patient to undergo further assessment.

Our pharmacists are able to offer these services on a walk-in or appointment basis at this time. As with any program, we appreciate your patience and understanding as we launch this new service. In some situations, if a walk-in appointment isn't available at one of our locations, then we can schedule a phone appointment with a pharmacist from our other lo-

cation.

Our pharmacists are very excited about the opportunity to use our clinical skills to improve healthcare for our patients. There is now even more value to having a proficient pharmacist on your side, who is familiar with your health history and medications, when it comes to minor ailment prescribing. Whenever we conduct an assessment for a minor ailment, whether it results in a prescription or not, we will communicate our assessment notes to your primary care provider.

Many people have asked us: "Are you going to have time to offer this new service? Aren't you already doing lots of work?" We appreciate the recognition! We do think we do a lot of important work for our patients! This is a new program and there are some new workflow adaptations, but we already were having a lot of these conversations with patients. Everyday, patients coming in with questions about symptoms relating to many of these minor ailments where we ask questions in order to offer over-the-counter treatment options, or suggest a treatment that the patient would have to obtain a prescription for from a walk-in clinic. Now, we can skip that step and initiate treatment faster, which is a win for the patient!

If you have any questions about minor ailment prescribing, or about any of our other services give us a call at either our Kakabeka Falls or Rosslyn location!



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RURAL BUSINESS SERVICES DIRECTORY

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953 Candy Mountain Dr., 473-5456 708-5536

CATERING, HALL RENTALS & MEETINGS
Blake Community Hall -
71 Blake Hall Road. Call the Municipal Office for reservations: 473-5331 or email neebing@neebing.org

Founder's Museum
Hwy. 61 & Gillespie Road, Phone: 475-5114
Fax: 473-4663, Email: info@founders.ca

DOG GROOMING

Slate River Dog Grooming
All breeds and sizes.
HWY 61, Neebing. Find us on Facebook.
475-9629.

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GENERAL CONTRACTORS

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Email office@petesbackhoe.com
Driveways, Lot Development, Gravel/Sand

INCOME TAX PREPARATION

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(807) 622-7599
kelleystaxservice@gmail.com

METAL ROOFING

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Ideal Metal Roofing & Siding in N. Ont.

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