



The Neebing News

Volume Eighteen, Number Three

MARCH 2023

What can be taken to the landfill sites?

Household Garbage

Regular household garbage can be disposed of at both the Sand Hill and Scoble Landfill sites. Each bag must be tagged with a municipal bag tag. Annual bag tags can be picked up at the landfill sites by showing your photo ID.

Recycling Programs

Blue Box Items

- Containers (placed in bags) – pop cans, metal cans, milk cartons, tetra paks, plastic containers #1 to #7
 - Paper Products (not bagged) – flyers, flattened cardboard, paper, newspaper, magazines, flattened box board (such as cereal or cracker boxes)
- * Paper products must be separated from containers.

Electronics

The following electronic items can be dropped off for recycling: display devices, non-cellular telephones, cellular devices and pagers, home audio/video systems, desktop computers, floor-standing photocopiers/multi-function devices, portable computers, computer peripherals, desktop printers/multi-function devices, personal/portable audio/video systems, home theater in-a-box systems, and aftermarket vehicle audio/video systems.

For a more detailed description of these devices visit our website at <https://www.neebing.org/en/living-here/resources/Documents/ewaste-list.pdf>

Tires

Used tires can be dropped off at both landfill sites.

Batteries

Old batteries can be dropped off at both landfill sites. Accepted batteries are AA AAA C D 6 and 9-volt watch and cellphone batteries. Look for the signage and blue 45-gallon drums.

Metal

Any scrap metal can be recycled. Any item with metal in it should be placed in the "Metals" bin. Freezers, air conditioners and refrigerators must display a tag or notice signed by a certified technician indicating that the fluorocarbons known as CFCs, HCFCs or HFCs have been removed.

Other No Charge Areas

Clean wood and brush, ashes and compost can be dropped off at both landfill sites.

Good Neighbour Shed

Items in good condition can be dropped off in the Good Neighbour Shed for others to take.

**Items NOT accepted include upholstered furniture, baby furniture and car seats, electrical items, old magazines, and broken or damaged items. Please, use good judgement when placing your used items in the sheds.

The facilities at the landfill sites are not designed to protect fabric items from the elements and critters. Consider donating your upholstered furniture and clothing to one of the several thrift stores in Thunder Bay.

Bulky Items and Construction Debris

Bulky items and construction debris are only accepted at the Sand Hill Landfill Site. This includes items such as building construction materials, drywall, tubs, toilets, furniture (wood or upholstered), mattresses, glass, vinyl siding, plastics, etc. For a schedule of fees, visit our website at <https://www.neebing.org/en/living-here/landfill-and-recycling.aspx>.

Items NOT Accepted at the Landfill Sites

Hazardous Waste (such as paint, oil, aerosols, etc.) is not accepted at either landfill site. Watch for hazardous waste disposal events or contact the supplier for options to dispose of hazardous waste.

Fluorescent lights are considered hazardous waste and are not accepted at either landfill site. They can be disposed of at one of the following locations:

Residential

- Hazardous Waste Depot at the Thunder Bay Solid Waste & Recycling Facility
 - Westburne Electric Supply, 1231 Amber Drive, 344-3100. Accepts boxed/packaged tubes but not loose. Call for applicable fees.
 - Gescan-A, 565 Dunlop Street, 623-8404. Call for applicable fees.
- #### Commercial
- MGM Electric, 724 MacDonnell Street, 345-7767 (PCB free ballasts are also accepted). Call ahead for applicable fees. Small fee for handling.

NFRA

50/50 \$\$\$

FUNDRAISER

YOUR CHANCE TO WIN CASH!

50% of the proceeds to YOU, 50% to support **NEEBING EMERGENCY SERVICES**

1 TICKET = \$10 3 TICKETS = \$20 10 TICKETS = \$50 25 TICKETS = \$100

FOR DETAILS AND TO PURCHASE TICKETS GO TO:

[neebingfirerescueassociation.com/events/draw](https://www.neebingfirerescueassociation.com/events/draw)

Lottery License RAF1291114

Come On, Spring...
You Can DO IT!

What's Been Happening at Council Meetings?

Since the February edition, there has been two regular meetings of Council on February 1 and 15, 2023. There were also two Special Council meetings on February 1 and 15, 2023.

At the Special Council meeting on February 1st, Council heard a presentation from MPAC on property assessment in Ontario.

At the regular Council meeting on February 1st the following matters were considered:

- Council heard a deputation from Fire Marque regarding recovery of emergency response expenses through insurance claims.
- Council approved participation in the Lake Superior North Shore Tourism Project Phase II.
- Council approved participation in the Great Lakes Waterfront Trail Expansion Project.
- Council passed a resolution regarding House of Commons Bill C-21 relating to firearms restrictions.
- Council passed supporting resolutions relating to violence against women and Bill 42, Gender Affirming Healthcare Act.

At the Special Council meeting on February 15th, the Committee of the Whole reviewed two applications for severance. Recommendations to approve the applications were ratified at the regular Council meeting later that evening.

At the regular Council meeting on February 15th, the following matters were considered:

- Council approved a letter of support for the funding application related to the Lake Superior North Shore Tourism Project Phase II.
- Council approved set fine schedules for various by-laws.
- Council approved work to improve the parking at the Sturgeon Bay Boat Launch.
- Council deferred recommendations from the Cemetery Board to a future budget meeting.
- Council directed Administration to register members for the Northwestern Ontario Municipal Association conference that is being held in Thunder Bay.

The next Council meetings will be held on March 1 and 15, 2023. Regular Council meetings are normally scheduled for the 1st and 3rd Wednesday of each month.

This article contains only highlights from Council meetings – visit the website to see the approved minutes from each of the meetings. The minutes of each meeting are approved at the following meeting and are posted on the website once they have been approved and signed. If you don't have internet capabilities, you can always contact the office for copies of approved minutes.

Meeting agendas are always posted online on the Friday prior to the Wednesday meeting. Come out and see what your Council is doing on your behalf. Feel free to contact the Municipal Office for further information or with input into any of the items that Council is considering. **The meetings are now being held at the Municipal Office, but there is the option to attend virtually as well. The links to login to the meetings are posted on our website in the calendar details.**

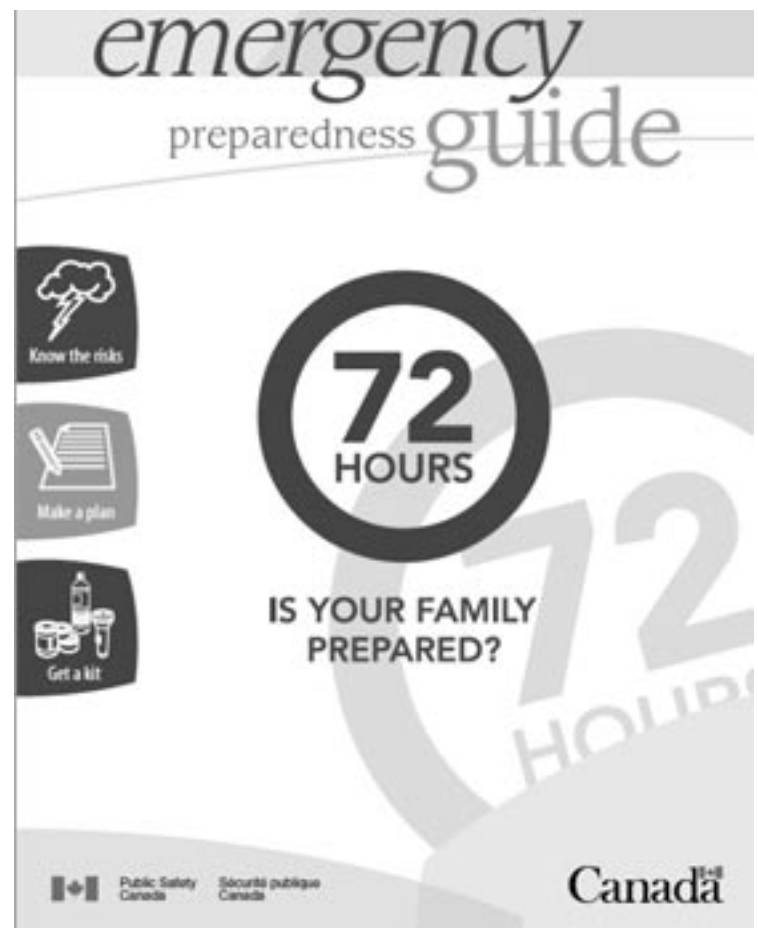
Please pardon our mess while we renovate!



Renovations to the Municipal Office began on January 23, 2023.

During construction, we want to give our contractor as much workspace as possible, so we ask that you use the south side entrance to enter the building. Signs will be posted directing you to this temporary entrance once construction is underway. However, if you are a person with a mobility issue and require entry via automatic doors and/or a ramp, please press the intercom button in the main entrance vestibule and we will come to you.

We thank you for your understanding and patience during the reno.



EMERGENCY TEXT ALERT SERVICE for Neebing Residents



Sign up for Neebing's Emergency Text Alert Service! This text alert service is used to notify our residents **via text message** of immediate dangers or emergencies occurring in our community such as evacuations, road closures, forest fires and other hazards. Sign up is free! You must have a smartphone equipped to receive text messages to sign up for this service. It does not work on land lines. Sign up at neebing.org/textalerts or send us your name, Neebing address, and your text-enabled cell phone number including area code to neebing@neebing.org or call us at 474-5331. Your personal information is kept strictly confidential. If you have any questions, please feel free to contact us at: www.neebing.org/contact

Book Your Next Event with Us!

Blake Hall is available for rent by the hour, day or weekend. Blake Hall has a fully equipped kitchen for self-catered events and comfortable chairs and tables for your guests. We are also fully accessible with a ramp entrance and accessible washroom.

Notice of a Public Meeting being held to consider an application for a proposed Land Severance (Application Number B03-2023)

THE CORPORATION OF THE MUNICIPALITY OF NEEBING

Please take notice that the Council of The Corporation of the Municipality of Neebing, sitting as Committee of the Whole, will hold a Public Meeting on Wednesday, March 15, 2023, at 5:30 p.m., at the Neebing Municipal Office to consider a proposed severance under Section 53 of the Planning Act, R.S.O. 1990, c. P.13, as amended. The Committee's recommendations to Council will be considered for ratification at the Regular Council Meeting on the same evening, commencing at 6:00 p.m.

The Application (B03-2023) is brought by Darren Leduchowski, the property owner. The land parcel which is the subject matter of the application has municipal address 49 Cloud Bay Road South, and is legally described as "Concession 3, E 1/2 of NW 1/4 Lot 1, Parcel 3533 in the geographic Crooks Township, in the Municipality of Neebing and Province of Ontario". This is referred to as the "Subject Property".

The purpose of the proposed severance is to create two new lots. The severed parcels will be rectangular in shape, and have road frontage on Cloud Bay Road South. One lot will have frontage on both Cloud Bay Road South and Jarvis Bay Road East. A sketch showing the lot configuration is included with the application, a copy of which is available on the Neebing website (www.neebing.org/notices) or by contacting the Municipal Office.

ANY PERSON may attend the Public Meeting and/or make written or verbal presentations either in support of, or in opposition to, the proposed severance. If a person or public body that files an appeal of a decision of the Committee of the Whole in respect of the proposed severance does not make oral submissions at this public meeting, or does not provide written submissions prior to the decision of the Council in the matter, the Ontario Land Tribunal may not grant them status to maintain the appeal.

How to provide input: You can provide input on the application as follows:

- a) Submit comments in writing by email, to clerk@neebing.org;
- b) Submit comments by regular mail to the mailing address below;
- c) Register to speak at the Public Meeting (whether in-person or electronically), in advance, to clerk@neebing.org, or by calling the Clerk-Treasurer at the number below; or
- d) Attend the public meeting in-person, or via electronic means, and register with the Clerk-Treasurer, upon arrival, indicating your wish to address the Public Meeting orally.

Please note that, in order to be considered, written comments must be submitted by 4:30 p.m. on Wednesday, March 15, 2023. It is the writer's responsibility to check with the Clerk-Treasurer, using the contact information below, to confirm that electronically submitted or mailed written comments have been received.

ADDITIONAL INFORMATION related to the proposed severance is available for by calling the Clerk-Treasurer at 807-474-5331.

DATED AT THE MUNICIPALITY OF NEEBING this 21st day of February, 2023.


Erika Kromm
Clerk-Treasurer

Notice of a Public Meeting being held to consider an application for a proposed Land Severance (Application Number B04-2023)

THE CORPORATION OF THE MUNICIPALITY OF NEEBING

Please take notice that the Council of The Corporation of the Municipality of Neebing, sitting as Committee of the Whole, will hold a Public Meeting on Wednesday, March 15, 2023, at 5:30 p.m., at the Neebing Municipal Office to consider a proposed severance under Section 53 of the Planning Act, R.S.O. 1990, c. P.13, as amended. The Committee's recommendations to Council will be considered for ratification at the Regular Council Meeting on the same evening, commencing at 6:00 p.m.

The Application (B04-2023) is brought by Jeffrey and Joanne Lent, the property owners. The land parcel which is the subject matter of the application is vacant land with no municipal address on Sturgeon Bay Road, and is legally described as "Concession 7, SE 1/4 Lot 6, Part 1 on Reference Plan 55R14310 in the geographic Blake Township, in the Municipality of Neebing and Province of Ontario". This is referred to as the "Subject Property".

The purpose of the proposed severance is to create two new lots. The severed parcels will be rectangular and triangular in shape, and have road frontage on Sturgeon Bay Road. A sketch showing the lot configuration is included with the application, a copy of which is available on the Neebing website (www.neebing.org/notices) or by contacting the Municipal Office.

ANY PERSON may attend the Public Meeting and/or make written or verbal presentations either in support of, or in opposition to, the proposed severance. If a person or public body that files an appeal of a decision of the Committee of the Whole in respect of the proposed severance does not make oral submissions at this public meeting, or does not provide written submissions prior to the decision of the Council in the matter, the Ontario Land Tribunal may not grant them status to maintain the appeal.

How to provide input: You can provide input on the application as follows:

- a) Submit comments in writing by email, to clerk@neebing.org;
- b) Submit comments by regular mail to the mailing address below;
- c) Register to speak at the Public Meeting (whether in-person or electronically), in advance, to clerk@neebing.org, or by calling the Clerk-Treasurer at the number below; or
- d) Attend the public meeting in-person, or via electronic means, and register with the Clerk-Treasurer, upon arrival, indicating your wish to address the Public Meeting orally.

Please note that, in order to be considered, written comments must be submitted by 4:30 p.m. on Wednesday, March 15, 2023. It is the writer's responsibility to check with the Clerk-Treasurer, using the contact information below, to confirm that electronically submitted or mailed written comments have been received.

ADDITIONAL INFORMATION related to the proposed severance is available for by calling the Clerk-Treasurer at 807-474-5331.

DATED AT THE MUNICIPALITY OF NEEBING this 21st day of February, 2023.


Erika Kromm
Clerk-Treasurer

Neebing Recreation Committee Events

We, as the Recreation Committee are hosting a community meeting on February 6th, 2023 at the Blake Hall, starting at 6:30 pm. There has been some community interest in some improvements to the Cloud Lake boat launch. We are looking for community suggestions and ideas to put together a plan for the future of this site.

If you have any questions, please feel free to contact Karen Coulson, chair of the Recreation Committee at 577-2475.

UPCOMING EVENTS PLANNED AT BLAKE HALL TO BE HOSTED BY THE NEEBING RECREATION COMMITTEE IN 2023

April 7 - Easter Egg Hunt from 11- 2.

There will be clowns, face painting and of course the Easter Bunny.

May 14 - Mothers Day Tea from 1-3. Tickets will be available closer to the event.

July 1 – Canada Day at the Municipal Office.

October 7 – Harvest Dinner – more information to follow.

December ??? Breakfast with Santa. Date to be determined and more information to follow.

If anyone is interested in playing cribbage once a week please call Penny at 964-2270.

If there is enough interest we will try to set up an afternoon.

PLEASE COME AND JOIN US FOR SOME FUN GET-TOGETHERS!

Show Me the Money

Property taxes are determined separately by each Municipality, and the amount of property tax that someone pays depends on how much money your Municipality needs to raise to meet their financial obligations.

If the Municipality each determine how much money they need to raise, then how does the assessed value of a property relate the amount of property tax you have to pay?

Each year, once the budget is finalized, Council will pass a Bylaw that sets the municipal tax rate. The assessed value of each property is multiplied by the municipal tax rate to determine the amount of municipal tax owed. Municipalities also collect education tax for the Province, so properties also have their assessed value multiplied by an education tax rate that is set by the Province.

So, if the budget remains the same each year, and all the property assessments in a Municipality increase by the same percentage, the tax rate is lowered and the amount of Municipal property tax you pay is roughly the same.

Other than increases to the municipal budget, what can cause changes in the amount of property tax someone pays?

If a property's assessed value increases at a higher percentage than other properties, then that property will have higher taxes. For example, if someone builds a garage or an addition, the assessed value of their property will increase more than other properties. Because the property increased in value by a different percentage than other properties, the amount of property tax will increase.

The Municipal Property Assessment Corporation (MPAC) is responsible for determining the assessed value of all properties in Ontario. Their website www.mpac.ca offers education regarding how property is assessed.

You can also call MPAC and Ask questions regarding your property and assessment:
1-866-296-6722

MPAC VIDEO LINK:
<https://www.youtube.com/watch?v=nrWry5i3TBU>



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ISA ONTARIO

Conmee Township Receives \$14,984 from the Province of Ontario Aging and Health

Conmee Township is the proud recipient of \$14,984.00 from the Province of Ontario!

Following province-wide consultations in 2018 with seniors and their family members, caregivers and support organizations, the ministry has identified four priority areas to support older Ontarians across the province:

1. Age at home and in communities
2. Be safe and secure
3. Remain healthy, active, and socially engaged
4. Participate in the labour market and economy as they wish.

With this funding, we will be able to

1. Strengthen the safety and well-being of older adults (e.g., delivery of programs about falls prevention or elder abuse awareness / prevention).
2. Adapt and deliver programs and services to isolated older adults either virtually (e.g., internet or telephone-based programs) or in-person (following current provincial guidelines) so they can stay active and socially engaged.
3. Create safe opportunities for older adults to network and increase participation in community labour markets through virtual mentoring, volunteerism, and training to support entrepreneurship.
4. Focus on supporting these priorities for rural communities, specifically.

We are inviting all ages from all areas to participate in the upcoming AGING AND HEALTH SERIES! Please come join us! *Virtual attendance, social distance spaces, free PPE, Free transportation, and free respite services are also available if required* The schedule can be found in this article.

Refreshments will be provided at all sessions. Saturday sessions will have a full lunch meal and break included from 12:00-1:00. Please communicate any dietary restrictions to Nikita when you RSVP.

To RSVP, or for more information, please contact Nikita @ (807)475-5229 ext. 3 or deputyct@conmee.com

AGING AND HEALTH SERIES SCHEDULE

THURSDAY MARCH 2, 6:00PM
Hospice Northwest - General Overview of Programs and Services

THURSDAY MARCH 2, 7:30PM
Ontario Society of Senior Citizens Organizations (OSSCO) - Health Involvement in Public Policy
"A Pines on Hume update will follow"

SATURDAY MARCH 4, 10:00AM
Hospice Northwest - Don't Duck the Conversation
"Pines on Hume update during lunch"

SATURDAY MARCH 4, 1:00PM
Dying with Dignity Canada - Medical Assistance in Dying (MAID)

SATURDAY MARCH 4, 2:00PM
Bereavement Authority Ontario (BAO)- Guide to Death Care in Ont.

SATURDAY MARCH 4, 2:00PM
Bereavement Authority Ontario (BAO)- Guide to Death Care in Ont.

SATURDAY MARCH 4, 3:00PM
MPP & MMAH Parliamentary Assistant Kevin Holland - Update

TUESDAY MARCH 7, 1:00PM
Alzheimer Society - Let's Talk Dementia!

TUESDAY MARCH 7, 2:30PM
Vision Loss Rehabilitation Canada - Information Session

THURSDAY MARCH 9, 6:00PM
Elder Abuse Prevention Ontario - Power of Attorney for Property/ Protecting Finances
"A Pines on Hume update will follow"

THURSDAY MARCH 9, 7:30PM
Ministry of Finance—Introduction to Ontario's Estate Administration Tax

TUESDAY MARCH 21, 1:00PM
Osteoporosis Canada - Bone Health 101

TUESDAY MARCH 21, 2:30PM
Thunder Bay Counselling - Overview and Tips for Financial Aid

THURSDAY MARCH 23, 10:30-12:30PM
NorWest CHC - Diabetes Prevention Workshop

THURSDAY MARCH 23, 6:00PM
Elder Abuse Prevention Ontario - Elder Abuse & Ageism 101

THURSDAY MARCH 23, 7:30PM
Northwest Dementia Working Group - Through Our Eyes

SATURDAY MARCH 25, 10:00AM
Ontario Society of Senior Citizens Organizations (OSSCO) - Reducing Social Isolation and Loneliness

SATURDAY MARCH 25, 11:00AM
Sharon Bak - PTSD Stories from the Edge & Boots on the Ground for First Responders
"Pines on Hume update during lunch"

SATURDAY MARCH 25, 1:00PM
Danielle Covello - Recreation Therapy & Dementia Care Consulting

TUESDAY MARCH 28, 1:00-4:00
NorWest/Evergreen - "Could a fall change your lifestyle?"

THURSDAY MARCH 30, 6:00PM
Hospice Northwest - Grief Presentation
*Contact Nikita at deputyct@conmee.com if you would like an information booklet!

HOW TO CONTACT YOUR COUNCIL MEMBERS

Mayor	Mark Thibert	474-1362	mayor@neebing.org
Councillor for Blake	Katherine Hill	631-1869	blake@neebing.org
Councillor for Crooks/Deputy Mayor	Brian Wright	964-2365	crooks@neebing.org
Councillor for Pardee	Curtis Coulson	577-2475	pardee@neebing.org
Councillor for Pearson	Gary Gardner	577-1963	pearson@neebing.org
Councillor for Scoble	Brian Kurikka	633-3735	scoble@neebing.org
Councillor At-Large	Gordon Cuthbertson	708-7548	councilatlarge@neebing.org



Chix in the Stix Black Socks & White Wine

I love hearing about young families moving to the country. It makes me smile imagining the adventures that lie ahead for them. They'll have so many great memories to look back on raising their kids out here. I know I do. I was the newcomer once. But not any more. These days as I head to the country store in my apron and 'house shoes' and no make-up I realize that I now am what I once called a country hick. A label I now have great affection for and feel like I've earned! But it's been a long transition to ticking off all the boxes. When I moved to the country I stuck out like a sore thumb. And I'm sure more than a few folks, many from my own family, didn't think I'd cut it and deemed me a mere passer-by who wouldn't make it through my first garden harvest or fire-wood season. And there were definitely moments when I was second guessing my decision to leave the big city behind. It wasn't so much the fire-wood that did it. But the muddy season definitely made me pause a few times and reconsider my life choices. I'm still trying to embrace that whole season and mostly dread it. But I am still here today 25 years later with zero regrets. And

country life is still for me. I now love anything that means a 30 minute drive to get there. I abhor rush hour traffic in town and avoid it at all costs. Though I will happily slow to a complete stop for a turtle or other wildlife on the drive home and not complain one bit. That's the kind of slow traffic I don't mind! I also long ago learned to accept the reality of sink-baths or staggered shower days or hauling water to ride it out till the well replenishes. I know the drill to keeping the septic field healthy. I've had uninvited rodents living in my basement. I've been late to work because there's a partridge standing in the middle of the road who refuses to move and thinks he's invisible and needs me to get out and give him a personal escort. I've had my morning coffee while watching deer nibbling the buds on the trees ten feet away. I've peed in my yard. I've possibly peed in your yard. I am unconcerned when hubby is on the riding mower apparently in his boxer shorts. I stopped washing my car because living on the end of a dirt road makes it pointless. I get excited when my Mother's day gift is a new lawn mower or gardening tools. Home-

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- * Metaphormosis massage
- * Colon Therapy
- * Zone Balancing
- * Natural Health Counseling

- * Light -Deep Tissue Massage
- * Myofascial Release Therapy
- * Polarized Reflexology (Ears, Foot & Hands)
- * Ear Candling
- * Cupping Massage
- * Hot Stone Massage

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Thunder Bay Community Pasture NOTICE OF ANNUAL GENERAL MEETING

Tuesday, April 4th, 2023
8:00 p.m.

Rural 60 Centre, 5 Pineview Road, Kakabeka Falls
off Hwy. 11-17

For more information contact Diana Bockus
dlbockus@tbaytel.net
475-8761

Everyone is welcome to attend
For more information: dlbockus@tbaytel.net

grown tomatoes and farm fresh eggs have ruined store bought for life. And I'll take the clear winter sky over any big city skyline. These days I feel like I can't be 'country' enough and want to go further and further into the bush and away from the business of civilization. Some might relate to that. Any TV or on-line shows I do watch are often related to home-steading and the simple life. Not quite 'prepping' but maybe getting close! Maybe it's my brain longing for warmer weather and sunshine. I'm suddenly longing for less electronics. Less screens. More books in my hand. Longer days. More time outside. Must be spring fever. It's coming. Just gotta get through the second winter and the few false starts to spring. And the mud. If you can survive the mud it's smooth sailing. I'm trying to come up with a better game plan this year. Maybe some tips that will even help the newbies. Some things I've learned from experience. Like for starters I'm gonna make sure I have good boots this year. Owning two pairs is even better. And I'm gonna clean my back porch FOR REAL this

time, so there is lots of room for the depositing of boots and even pants coming in the door when needed. I'm also gonna take some time to play in the mud. With a stick. I'm gonna stomp in the puddles. I'm gonna drag my heel in the mud to make rivers and streams like I did when I was a kid. And I'm gonna start seeking out signs of spring early, and make the arrival of the mud a positive. I'm gonna celebrate it the way I celebrate seeing the first robin in the yard. But I'm only human. So on the days when my resolve may dissolve and it feels like just too much, I'm gonna double up on the black socks and maybe soften the edges with a glass of white wine. Just a few other tricks I keep up my sleeve for those less than perfect days. Because whether you live in the city or the country, some days you gotta embrace life with all its imperfections and just make the most of it! I will keep reminding myself that the mud will dry up eventually and spring and summer will be glorious! Toast to that!

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We are looking to start up a Neebing 4H group!

... and are looking to see if there are local families who would be interested in have their kids in grades 1-8 join 4H in Neebing! The meeting place would likely be Blake Hall and a focus for the group has not been decided yet, that will be decided by the parents of the children joining the group. If you would like to know more please contact Lisa at lisalaitinen@hotmail.com or 807-708-4767 (cell).

This is a great opportunity to have locally organized activities for kids, no need to drive all the way to town!

Rural Family Centre



"Learning Through Play, Exploration & Inquiry"
Connect with other Families!
 (for children 0-6 years)

Our Calendar of events can be viewed at:
<https://www.keyon.ca/en/Events/ViewEvents>

* EarlyON Child and Family Centre - Murillo
 (Pre-registration on KeyON is required)

For more info, please:
 Email: ruralfrfc@tbaytel.net or
 Private FB message us or
 Call: 935-3009

Play, sing, laugh and we will SEE YOU SOON!

The new NOHFC programs target both existing and emerging markets, providing more work opportunities for Indigenous people as well as help with equipment costs and address the skilled labour shortage in the north.



nohfc.ca/en/programs



KEVIN HOLLAND
 MPP – Thunder Bay-Atikokan

Telephone: 807-623-6702 • Toll-free: 833-743-1684
 Email: Kevin.Holland@pc.ola.org

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Needing Fire/Rescue Association

NFRA News

Respectfully submitted by Joy Harris,
President NFRA



Are You In?

Excitement is building...



NFRA's online 50/50 cash raffle

Will **March** be your month?
1st draw is March 29th

Be safe, be well
and be kind.
Joy Harris,
NFRA
- President

Don't miss *your chance to win* while helping your community!



← Scan this QR Code to be brought right to our website needingfirerescueassociation.com/events/draw !
Easily purchase your tickets today.

Support our Emergency Services through your online ticket purchases.

Good Luck!



ite

NFRA

50/50
\$\$\$

FUNDRAISER

YOUR CHANCE TO WIN CASH!
50% of the proceeds to YOU, 50% to support **NEEBING EMERGENCY SERVICES**

1 TICKET = \$10 3 TICKETS = \$30 10 TICKETS = \$50 25 TICKETS = \$100

FOR DETAILS AND TO PURCHASE TICKETS GO TO:
needingfirerescueassociation.com/events/draw

IMPORTANT DATES:

Draw	Lottery starts	Lottery ends	Draw made
1	Jan 18/23 10:00am	Mar 28/23 1:00pm	March 29/23 1:00pm
2	Mar 29/23 10:00am	June 27/23 1:00pm	June 28/23 1:00pm
3	June 28/23 10:00am	Sept 26/23 1:00pm	Sept 27/23 1:00pm
4	Sept 27/23 10:00am	Dec 26/23 1:00pm	Dec 27/23 1:00pm

You will see our posters at these fine locations:

- ☛ Thunder Oak Cheese Farm ☛ A.J.'s Trading Post
- ☛ Thunder Bay Co-Op Farm Supplies ☛ South Needing Variety
- ☛ Canadian Tire – Arthur St. ☛ More coming...

Thank You!

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www.tbco-op.com

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THUNDER BAY CO-OP FARM SUPPLIES



NFRA's Annual General Meeting

When: **Monday, March 13th 2023**

Where: via Bell teleconferencing, dial toll-free 1-888-402-9166
conference ID 5502964#

Who: Everyone. Voting is restricted to all current (paid) members of NFRA (at time of AGM).

To become a member of NFRA:

Option #1:

- Log onto our website, www.needingfirerescueassociation.com and select Membership from the top menu.
- Click on the Registration form:
- Then send the \$5.00 membership fee in an e-transfer to this address

Option #2:

- Send a letter with with your name, address, preferred email and phone number and enclose a check for the \$5.00 membership fee to:

Needing Fire/Rescue Association
4766 Hwy. 61
Needing ON. P7L 0B5



Option #3:

- Give your written information (Name, address, email address and phone number) along with \$5.00 to any current NFRA Board member.



Thank you to those who have become new members, or renewed their past membership! Your Membership card has been sent to your email.



NFRA would like to thank the family who mentioned our website for donations in their loved one's obituary in the Chronicle-Journal.

Many donations have been in memory, what a wonderful tribute and a lovely way to thank NES. Thank you also for the generous donations received from many of you. By check, cash or through CanadaHelps, all are appreciated and put to good use, just ask a First Responder!

Neebing Emergency Services by Dale Ashbee, Fire Chief, Neebing

March – So Much to Celebrate



Regardless of the Groundhog's 2023 weather 'forecast', the potential for six [6] more weeks of winter is over in mid-March. With all things being equal (unlike last year), obvious signs of spring like warmer temperatures and more rain vs snow, should soon be apparent, as we move on through the month. Other signs of seasonal change should become evident as well, as the hours of daylight lengthen, and the evenings growing even longer with the switch to **Daylight Savings Time** with the hour hand **springing forward** by one [1] hour) on **March 12th**. Very interesting..... just in time for students to take advantage of the extra evening daylight hours to enjoy

their upcoming **March Break**, which begins on **March 13th**.

The **Ides of March** on **March 15th** are remembered more somberly due to historical events on that day. However, **March 17th** marks the celebration of **St. Patrick's Day**, a time when everyone/anyone - regardless of heritage - is welcome to enjoy the opportunity to celebrate the Patron Saint of Ireland. These celebrations are said to have begun some **1500 years ago**, and in the northern regions are considered to be a signal that spring has arrived. Should you be looking for more scientific assurance that winter will soon be gone, **Mother Nature** has gifted us with the **Spring Equinox** - which will occur this year on **March 20th** at **5:24 pm** (to be accurate) marking the time when the sun is above the Equator, having completed half of its journey north for the year, and officially heralding the moment when **SPRING 2023** arrives in the northern hemisphere.

While we are celebrating the arrival of spring, there are a number of fire safety tips to keep in mind to ensure full enjoyment of the pleasures that March has to offer. March is still considered to be a **'heating season'** month in Neebing, when indoor temperatures continue to be maintained by a home's heat source (oil, propane, natural gas, heat-pump, wood or solar panels) and generally indoor activities prevail. Fire safety considerations in March include ensuring that; **electrical systems** are not overloaded, nor **cooking** in the kitchen or on the BBQ, is ever left unattended, and be sure to check the chimney(s) for creosote buildup or structural weak spots and cleaning or repair (if necessary), and inspect **furnace vents** to ensure they are clear of snow or obstruction and are properly venting exhaust gasses, including **Carbon Monoxide**, from the home. And be sure to **check your CO and Smoke Alarms**, as they are possibly the most important fire safety devices in your home, regardless of the season.

Modern house fires tend to grow rapidly and generate smoke and toxic gases that can very quickly incapacitate occupants. **Working CO/SMOKE alarms** and a practiced **Home Fire Escape Plan** are key to providing **early warning** and **safe exit** should a fire occur in your home. As reported last month, the Ontario Fire Marshal has noted a significant increase in fire fatalities in Ontario where smoke alarms were either not working or not present. NES is looking at what actions it may take that can help Neebing residents ensure they always have working CO & Smoke Alarms in their homes.

In 2023, **March 22nd** will see the **inaugural** draw of the **Neebing Fire Rescue Association (NFRA) 50/50 draw**. NFRA has been raising funds to support Fire and 1st Response teams in Neebing for some **40 years** through all means of activities - from bake sales and teas, penny and silent auctions, in person and online promotional activities and raffles, and now, for the first time a web based **50/50 draw**. The draw appears to be receiving solid support, and NES Thanks the residents and friends of Neebing for their continued and ongoing support, in assisting NES obtain the equipment needed to provide the highest possible level of fire and 1st response service for our community.

On a related front, NES and Neebing Council have been made aware of a potential source of funding available through residential home insurance policies. It appears that many home insurance policies contain a provision for payment of costs incurred by fire departments in responding to **non-medical emergencies** at a property. While homeowners in Neebing are not required to pay for firefighting costs 'out of pocket', in those cases where the insurance policy includes a provision for some firefighting cost recovery, those funds, if accessed, could be useful in replacing older equipment or providing training or education to our Volunteer Firefighters.

Information received to date indicates that the amount of funding for Fire extinguishment reimbursement is small, and it should not impact either the policy holder's insurance rates nor any payout on their policy damage claim. And if there is provision in a homeowner's policy for cost recovery of fire extinguishment and the claim is not made, the money is not paid out to anyone and remains with the insurance company. The funds are only available if the Fire Department is aware of the provision and makes a claim directly to the insurer. In the case where the homeowner policy does not have the insurance provision for fire cost recovery, no claim would be assessed to the homeowner.

NES is working with municipal administration to determine if and how, this process might possibly work in Neebing. Looks interesting and expect to hear more on this in upcoming months. With Spring Month Officially here, Enjoy the longer days, warmer temperatures and prepare for the summer soon to follow!



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GILLIES COMMUNITY CENTRE

march events

<p>MAR 4</p> <p>Seedy Saturday 12:00pm - 3:00pm \$2 entry fee (cash only) Bring your seeds to swap or check out what the local seed producers have for sale!</p>	<p>MONDAY EVENINGS GENTLE FLOW YOGA</p> <p>Join Krista for a 6-week gentle flow yoga series. MARCH 13, 20, 27 7:00pm - 8:00pm Suitable for beginners \$44/person Register at krista.bennard@gmail.com</p>
<p>MAR 10</p> <p>Waldorf Play Group 10:00am - 12:00pm Donations encouraged for materials For more info, email: Melanie.melakaterhach@gmail.com</p>	<p>TUESDAY MORNINGS PLAY GROUP</p> <p>Join us for FREE playgroup! 9:00am - 12:30pm Ages 0-4 accompanied by a parent Follow the Facebook Group for updates!</p>
<p>MAR 18 & 19</p> <p>Book Swap 10:00am - 5:00pm daily 1000's of books! Donations encouraged for this FREE event! All proceeds directly support the GCC.</p>	<p>MAR 26</p> <p>Chili Cook-off Fundraiser Starts at 5pm - competitors arrive early MAX 10 entries so register early! \$10 entry fee (children 6 & under FREE) Prizes to be won!</p>
<p>APR 2</p> <p>Easter Celebrations Crafts, Easter egg hunt & the Easter bunny 1:00pm - 4:00pm \$5 per child "bring your own basket" Cash only - bake sale - all are welcome!</p>	<p>KNITTING & CROCHET CLASSES</p> <p>Join Paulette for knitting & crocheting classes For dates & times, visit our Facebook Page Proceeds from these events will go directly to the Gillies Community Centre</p>

The Gillies Community Centre is available to rent for your next event!
Email or message us on Facebook for rental or any other inquires.

gilliescommunitycentre@gmail.com
#1835 HWY 595 South Gillies

The Gillies Community Centre is donation based & volunteer run
Thank you to all of the volunteers and those who donate - we are incredibly grateful!


RURAL 60 PLUS IS OPEN!

5 Pineview Road, Kakabeka Falls 475-5779,

Carving	- Monday from 10 to 3
Disking	- Monday from 1 to 3
Weaving	- Tuesday and Thursday from 10 to 3
Knitting	- Tuesday and Thursday from 10 to 3
Cribbage	- Wednesday from 1 to 3
Quilting	- Wednesday from 10 to 3
Beginners Carving	- Wednesday from 10 to 3
Yoga	- Thursday from 10 to 11
Craft Room Open	- Monday to Friday from 10 to 3

To all Rural 60 lust members: a reminder that there is a Luncheon on luncheon on March 17 from 12-1pm at the Kakabeka Legion. Please call or email the Centre or sign the book at the Centre before March 10.

Join us at Rosslyn Library!



Seniors!
Help nurture your mind and body with a fun game of carpet bowling.

- Relaxed and gentle pace of exercise
- Socializing and fun times
- Free
- Coaching available
- Snacks and refreshments

Beginners welcome!!

Where: Rosslyn Hall
Date: every Friday
Morning session 10 am - noon
Afternoon session 1 pm - 3 pm

Pre-booking takes priority over drop-ins

Please call the library at 939-2312 for more information or booking.

Please bring indoor shoes!

CARPET BOWLS GAME
Activities for Seniors



Please come out and join us
at
Pinegrove United Church
100 - Hwy 130
Admission is free and all are welcome!

March 2: Persians and coffee 10 - 11:30
March 16: Irish Stew 11 - 1

Volunteers are also welcome (and needed)
For more information about Cafe del Soul,
please visit
www.pinegroveuc.org/cafe-del-soul/



Ontario Park Pass lending continues in 2023!

Use your library card to borrow a week-long day use park pass this year. Oliver Paipoonge Public Library has 6 passes available, use this opportunity to enjoy the health benefits of being outdoors and experience the beautiful nature that our parks have to offer. Contact the Murillo or Rosslyn Library for more information.

CRIBBAGE

Beginners Welcome!
EVERY TUESDAY

1 P.M.

ROSSLYN COMMUNITY CENTER
3405 ROSSLYN ROAD



Start the new year off right! It's time to join...
Free Exercise Class for all ages



This safe low-impact routine works to lubricate joints and keep them flexible, strengthen and stabilize individual muscles and increase blood circulation resulting in a decreased number of falls and an increased ability to better accomplish day-to-day physical activities.

Drop in every Tuesday and Thursday
from 11:30 – 12:00 at Rosslyn Library
(Stretch bands and balls on Tuesday, weights on Thursday) *Please bring indoor shoes and weights.*

NEEDING NEWS DELIVERED TO YOUR MAILBOX (unless you have NO FLYERS posted)
Deadline for the APRIL issue of The Neebing News is MARCH 20!!
(BUT early submissions are always very welcome!)
Submissions and photos of community events and articles of interest are welcome,
and can be sent to Chris Vaclav at designhouse@tbaytel.net 628-7271

‘Get Creative’ craft gathering
Every Thursday from 1 to 4:00
at Rosslyn Hall



Bring in your current craft project to work on alongside other ‘crafty-minded’ people. This is a great time to meet new people, socialize and share tips and ideas.
Call 939-2312 for more information.



SLATE RIVER BAPTIST CHURCH
80 McCluskey Drive
475-5140

FAMILY WORSHIP SERVICE
Sundays @ 11am

ALL ARE WELCOME
Contact us re prayer requests, visits, questions etc.
Follow us on Facebook or visit our website

The Junction

A ministry of Slate River Baptist Church

Providing emergency food & clothing to rural individuals or families in need.

Clothing - Hygiene Products - Pantry

If you or someone you know is in need of food or clothing please contact us. Care pkgs. available. All items are free.
Find us on Facebook or call 475-5140.

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March 8
International Women's Day
Rights. Respect. Equity

March 21
International Day for the Elimination of Racial Discrimination



Ontario Nurses' Association
Local 73



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CONSERVATION AUTHORITY

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RURAL CUPBOARD FOOD BANK

Neighbours Helping Neighbours

Conmee Municipal Complex

19 Holland Rd, Kakabeka Falls P0T1W0
807-285-0836

*We sincerely thank all those that
continue to support us.*

*Your donations enable the food bank to remain
open*

Next Food Bank

Wednesday, March 15th, 2023

Registration 9 am to 11 am

Drive-Thru Pick-up

RURAL CUPBOARD FOOD BANK ANNUAL GENERAL MEETING

April 12th - 6 pm

Followed by General Meeting
Conmee Council Chambers
In Person or Virtual

If you wish to attend virtually
please email this address:
ruralcupboardfoodbank@gmail.com
to get the "zoom" link



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JARIASUNMAA 807.631.4709
788 Silverfalls Rd., Kamistiquia, ON P0T 1X0 kamcrush@gmail.com

Kakabeka Legion



Friday, March 3 -Dance (Quest)	7-10pm
Saturday, March 11-Executive Meeting	2 pm
Saturday, March 11-General Meeting	3 pm
Sunday, March 12-Breakfast	8:30 am to Noon
Friday, March 17-Rural 60 Luncheon	12-1pm
Saturday, March 18-Dance (Quest)	7-10 pm
Sunday, March 19-Sunday Music	2-4 pm
Fri, March 24 - Sun, March 26-Food Group	
Tue, March 28 - Thurs, March 30 Farm Conference	

**Call the Legion hotline to confirm bookings
473-9122** At this time there are no Covid restrictions.
Masking is up to the individual.

Slate River Dog Grooming

a caring hands family

HWY 61, Neebing 475-9629 Find us on Facebook



Lakehead Region Conservation Authority

submitted by LRCA Staff

Since December 1974, LRCA staff have conducted snow surveys in the following three locations: McVicar Creek (Blanchard Street), Pennock Creek (Vibert Road), and Current River (Hazelwood Lake). Snow depth and equivalent water content were near/slightly above average compared to the historical averages for February 15th. Average snow depth was 4% above average (between 40 to 57 centimetres), and average equivalent water content was 24% above average (between 104 to 137 millimetres). Lake Superior's beginning of February level was 19 centimetres above its period-of-record (1918-2021) average, and 31 centimetres above the February 2022 level.

Please note that the 2023 Tree Seedling Program has been cancelled. The LRCA and Hill's Greenhouses look forward to returning in 2024.

Believe it or not, but spring is fast approaching, which means that ice conditions will start becoming more unstable. This is a reminder to exercise caution around waterways. The LRCA does not monitor ice conditions in our Conservation Areas; if you plan to go out on the ice, proceed with caution and at your own risk.

Also, be sure to wear appropriate footwear while visiting Conservation Areas. The LRCA does not maintain trails during the winter, so conditions may range from deep snow to ice-covered to muddy and wet. With nicer weather on the horizon, visitation to Conservation Areas is going to increase, so we would like to remind visitors to use caution, as natural trails may be un-

even and slippery. It's always a good idea to prepare for how the weather may affect your visit. Be sure to advise others of how long you expect to be in the area, and you should be aware of possible encounters with wildlife. Conservation Areas operate from dawn until dusk. Pets must be on-leash at all times. Alcohol is prohibited in Conservation Areas. Campfires and overnight camping is also prohibited. Trails are for recreational use only; no bicycles, motorized vehicles, etc. Harvesting of any kind is prohibited. Visitors must adhere to all Conservation Area Rules & Regulations. These regulations are in place to ensure that all visitors to Conservation Areas can enjoy them in a safe, sustainable manner. Thank you for your cooperation, and have fun exploring!

Be sure to Follow, Like and Share the LRCA on social media. Our Facebook, Twitter and Instagram pages endeavor to effectively communicate with residents of the Lakehead Watershed. We share flood messages, up-to-date events information, interesting facts and gorgeous photography with our followers, and we would love it if you would join in on the conversation. We will also be posting information regarding upcoming workshops and events.

The 2023 Explore Card Parking Pass is available now for \$40.00 +HST. Forgo the \$5.00 per vehicle parking fee/day use fee with an Explore Card. They are valid for one calendar year at all seasonal and year-round Conservation Areas! Visit us at 130 Conservation Road or order online at

www.store.lakeheadca.com.
Get out and Explore!

NEW ONTARIO SHOOTERS ASSOCIATION INC.

PRESENTS

2023 SPRING GUN SHOW

Saturday, March 11th • 9 a.m. to 4 p.m.

Sunday, March, 12th • 9 a.m. to 3 p.m.

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This show is a fundraiser for the Junior Shooters Program

www.newontarioshooters.org | Facebook: New Ontario Shooters Association Inc. -NOSA

For more information call Samantha 807-626-4003

The Rural Pharmacist: Explaining the Process of Minor Ailment Prescribing through Example

by Devon Myers, Pharmacist/Owner of Evergreen Pharmacies

Welcome back to this edition of The Rural Pharmacist! Since the Ontario government passed the pharmacist-led Minor Ailment Prescribing program in January we've begun to see a flow of patients utilize this service at our two rural locations. With that has come an opportunity for our pharmacists to educate our patients on the utility of this service.

As mentioned in our February 2023 instalment of The Rural pharmacist, pharmacists in Ontario can now assess and prescribe for 13 minor ailments. Conditions range from uncomplicated urinary tract infections (UTIs) to cold sores. Generally, a minor ailment is a condition that meets the following criteria: the condition is usually short term, it does not regularly require lab results, there is a low risk that presenting symptoms may mask a more severe condition, there are no medication or medical conditions that present a red flag and, minimal follow-up is required.

The intent of this service is to help patients get the care they need sooner and closer to home. It will also help reduce strain on hospitals, emergency departments, walk-in clinics, and physician offices. Better yet, all you need is a health card to access this service at Ontario pharmacies.

So far, uncomplicated urinary tract infections have been the most common condition presented by our patients (although we have been presented with a few complicated cases). For that reason, I felt it a good idea to expand on the process that pharmacists undertake when presented with a possible UTI.

The first step a pharmacist will take when initiating an assessment for an uncomplicated urinary tract infection will be to ensure that this condition has been diagnosed in the past by a physician or nurse practitioner. The idea here is that the patient is familiar with the presenting symptoms and can confidently predict that this is indeed a urinary tract infection. In other words, the pharmacist is not performing an initial diagnosis.

Secondly, the pharmacist will determine how often the symptoms present themselves. Does this happen once per year? Twice? Every month? Based off this information, the pharmacist will either continue with their assessment or make a referral to the patient's primary care team.





As we work through our treatment algorithm, pharmacists will ask a series of questions to better understand a patient's condition, the medications that they take and, any red flags that may warrant a referral.

If a patient meets the requirements, our pharmacists can prescribe the most appropriate antibiotic to treat the suspected underlying infection. This information is then shared with the patient's primary care team. In addition, our pharmacy team would follow up with the patient in about a week to ensure everything is going according to plan. If not, a referral can then be made with the patient's physician or nurse practitioner at that time.

It should be noted that there have already been a few encounters in which a patient could not be prescribed an antibiotic. However, this

shouldn't be cause for discouragement. Instead, in this circumstance, the pharmacist acts as a guide to get you into the right hands. I know it's not always convenient. However, it's a safe approach that will help ensure patients get the proper care they need.

Hopefully this article will help shed light on how the minor ailments program is utilized in a community pharmacy. If you have any questions about how to program works or, if you may qualify, please do not hesitate to reach out to our staff!

<p>Marillo Library Monday 10 – 8:00 pm Wednesday 10 – 8:00 pm Saturday 9 am – 12:00 pm 935-2729</p>	<p>Email: oplibrary@tbaytel.net Website: http://oliverpaipoonge.olsn.ca</p>	<p>Roslyn Library Tuesday 10 – 8:00 pm Thursday 10 to 8:00 pm Friday 10 – 3:00 pm Saturday 1 – 4 pm</p>
	<p>Participate in the 2023 CBC Canada Reads Program by reading each of this year's 5 contenders. These books are available to borrow at the library.</p> 	
<p>Looking for donations of: -shopping bags, plastic or fabric -children's puzzles</p> <p>If you would like our monthly emailed directly to you, please send us an email and we will add you to our list: oliverpaipoongelibrary@gmail.com</p>	<p>Special "Thanks" to Carole Klappert for sponsoring the purchase of these titles. Debates will begin on CBC TV and CBC Radio March 27th to 30th.</p>	<p>Drop in to the Library during March Break Week and make a Diamond Dotz Pokemon or animal sticker!</p> 

SPRING FLING Market

In Support Of Northern Reach Rescue Network



West Thunder Community Centre
April 2, 2023
10am - 2pm

PRIZES - PINBALL - FOOD - DRINKS

PIN-GOLF TOURNAMENT

IN SUPPORT OF NORTHERN REACH RESCUE NETWORK

SUNDAY MARCH 5, 2023 12PM - 4PM
THE TILTED TURRET, THUNDER BAY, ON
\$30 ENTRY FEE TO PLAY
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REGISTRATIONS STARTS AT 11:30AM. POP, COFFEE AND GAMES INCLUDED WITH \$30 ENTRY FEE

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