



The Neebing News

Volume Twenty, Number Three

March 2024

**WE WANT YOUR
FEEDBACK**

The quality of Life survey for the Municipality of Neebing ends April 1st, 2024. This survey can be done...

- Online through the Neebing website under www.Neebing.org/survey
- OR by paper copy available from the Municipal Office.

The results of the survey will guide planning for future improvements within the Municipality.

If you have any questions about the survey, call the Neebing Municipal Office: 807 474 5331.

EASTER EGG HUNT

Neebing Recreation Committee will again present the Easter Egg Hunt for children ages 0 to 10 on Good Friday, March 29, 2024 at Blake Hall.

The canteen will be open from 11 am to 1 pm offering a hot dog, chips and a choice of refreshment for the nominal fee of \$5.

Face painting will be provided from 11 am to 1 pm – first come first served.

The egg hunt will start at 1 pm SHARP. Age groups of 0-4, 5-7, and 8-10 will be called in order by a blast of a horn.

Neebing residents please come out and enjoy the day. Rain or shine. Doors open at 11 am.

MOTHERS DAY TEA

Neebing Recreation Committee is again pleased to provide a Mothers Day Tea on May 12, 2024 from 1-3 pm. at Blake Hall - presenting dessert and a beverage.

Only 60 tickets will be offered for \$5. each – available at the Neebing Municipal Office on April 1, 2024. Children under 3 are free. Door prizes supported by local businesses.

CANADA DAY

Watch for details COMING SOON!!!

BLAKE HALL 100th ANNIVERSARY CELEBRATION

Planning is under way for the 100th anniversary celebration of Blake Hall on September 13 and 14, 2024.

The Neebing Recreation Committee would greatly appreciate any volunteer help with this project.

If anyone has any memorabilia they are willing to share for a couple of days, please call Penny at 964-2270.

by Edith Tivendale

Hurlbert Wins GOLD!



Parents & Neebing residents, Jeremy and Tracy Hurlbert couldn't be more proud of their son Koen as he received a gold medal and men's MVP in Wrestling, Sunday February 18th, 2024 at the Ontario Winter Games held in Thunder Bay. Koen has been involved in wrestling for 3 years now and has accomplished a dream many have. Congratulations Koen!!!!

Family Skate Day at Blake Hall outdoor rink was a success – both the ice and the weather were fantastic!

See back page for more photos!



YOU MAKE AN IMPACT

By recycling, you are protecting our environment for future generations. Thanks for doing your part.



OFFICE & LANDFILL HOLIDAY HOURS

The Municipal Office will be **CLOSED** on

(Good) Friday March 29, 2024
and (Easter) Monday April 1, 2024

**Landfill Summer hours begin April 1st

The Scoble and Sand Hill landfill sites will be **CLOSED** on
(Easter) Sunday March 31, 2024

Landfills will be **OPEN** on
Sat. March 30, 2024 9:00 am – 5:00 pm and
Wed. April 3, 2024 4:00 pm - 8:00 pm

DESTINATION
ONTARIO

Scan to learn more
about this exciting
opportunity or to apply at
other locations!



Work as a Destination Ontario Summer Student Tourism Ambassador



APPLY NOW TO OUR
PIGEON RIVER LOCATION!

Send your resume and cover letter
to angela.romano@ontario.ca

Join our team and
discover Ontario this
summer!

Share your passion
and help others learn
about travel
experiences across
Ontario.



How to Contact the Neebing Municipal Office

Office hours: Monday – Friday (9:00am – 5:00pm)

Phone: (807) 474 5331

Email: neebing@neebing.org

Website: www.neebing.org

Facebook: www.facebook.com/neebing

Instagram: www.instagram.com/municipalityofneebing/

2024 Neebing Burning Permits

Fire Permits are required for all open air burning in Neebing from April 1st to October 31st. Permits are available 24 hours a day on our website: www.neebing.org/firepermits

DESTINATION
ONTARIO

Scanner pour en savoir
plus sur cette opportunité
excitante ou pour soumettre votre
candidature dans d'autres sites!



Travaillez comme ambassadeur du tourisme de Destination Ontario cet été

Venez rejoindre notre
équipe et aidez les
visiteurs à découvrir
l'Ontario cet été!

Partagez votre passion et
aidez les autres à
découvrir des
expériences de voyage
dans tout l'Ontario.



SOUMETTEZ VOTRE CANDIDATURE
DÈS MAINTENANT POUR NOTRE
SITE À PIGEON RIVER!

Envoyez votre lettre de
motivation et votre CV à
angela.romano@ontario.ca



EMERGENCY TEXT ALERT SERVICE for Neebing Residents



Sign up for Neebing's Emergency Text Alert Service. This text alert service is used to notify our residents **via text message** of immediate dangers or emergencies occurring in our community such as evacuations, road closures, forest fires and other hazards.

Sign up is free but you must have a smart-phone equipped to receive text messages to use this service as it does not work on land lines. Sign up at neebing.org/textalerts or send us your name, Neebing address, and your text-enabled cell phone number including area code to neebing@neebing.org or call us at 807-474-5331. Your personal information is kept strictly confidential. If you have any questions, please feel free to contact us at the office.

New Landfill Punch Cards 2024 Roll-out Delayed... Please continue using orange tags.

New Landfill Punch Cards 2024

The new punch card system for the landfill site will come into effect in January 2024. Watch for your punch cards to arrive in the mail early in the new year. The transition period will run until April 1, 2024, during which time residents can use their bag tags if they have not received their punch cards.

Please contact the municipal office if you have not received your punch cards by the end of February.

Permanent residents will still be allowed 100 bags and seasonal residents will be allowed 50 bags.

Free bag tags with recycling no longer be issued after January 1, 2024.

Neebing Landfill News Winter Landfill Hours to March 31!!

Saturdays: 9:00 am to 5:00 pm

Sundays: 12:00 pm to 4:00 pm

Summer Landfill Hours Start April 1st

Saturdays: 9:00 am to 5:00 pm

Sundays & Wednesdays:
4:00 pm to 8:00 pm

Garbage Every bag of regular household garbage requires a Municipal Garbage Bag Tag. We issue a set amount of tags to residents on an annual basis. You can collect your tags at the municipal landfill sites during regular hours of operation. You **MUST** present photo ID to the attendant in order to receive your tags.

Recycling Yes we have a recycling program! We accept #1 through #7 plastics as well as cardboard. View our recycling sorting guide to determine if your items are acceptable recycling materials. Please remember to **BAG** your cans and plastics and **FLATTEN** your cardboard. We do not accept plastic grocery bags.

Contact Us - Municipality of Neebing

Complaints, Concerns, or Questions: Want action on a problem? Want answers to your Municipal questions? Get accurate information right from the source: www.neebing.org or call the office at 807-474-5331. Report your concern, voice your complaint, or get answers to your Municipal questions with the click of a mouse or a phone call.

Emergency Road Condition Reporting: If you encounter an emergency road condition such as a washout, a sinkhole, etc., please call the Municipal Office direct 474-5331 even if you are calling outside of regular office hours (Mon - Fri 9am - 5pm). Leave us a detailed voice message as the municipal voicemail is monitored to help us act quickly when such emergency issues occur.

Municipal complaints or concerns posted on social media forums or website pages not maintained by the Municipality are not monitored or recorded. Please, contact the Municipal Office direct - we are here to help!

What's Been Happening at Council Meetings?

Since the February edition, there have been two regular meetings of Council on February 7 and 21, 2024.

At the regular Council meeting on February 7th, the following matters were considered:

- Council heard a deputation from the Thunder Bay and Area Food Strategy
- Council authorized Administration to organize a Neebing fishing derby.
- Council authorized Administration to organize a Neebing business round table.
- Council scheduled a planning meeting to review a severance application on March 6th at 5:30 pm.
- Council reviewed proposed changes to the OPP Detachment Police Services Board.
- Council amended the budget for the Blake Hall renovations.

At the regular Council meeting on February 21st, the following matters were considered:

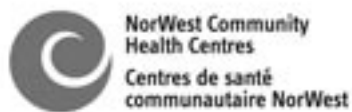
- Council heard a deputation from the Friends of the Oliver Paipoonge Heritage Park
- Council scheduled the Neebing fishing derby for August 24, 2024.
- Council authorized Administration to dispose of surplus equipment.
- Council scheduled a planning meeting to review a severance application on March 20th at 5:30 pm.
- Council authorized Administration to investigate a crown lease versus crown disposition for Fire Halls 4 and 7.

The next Council meetings will be held on March 6 and 20, 2024. Regular Council meetings are normally scheduled for the 1st and 3rd Wednesday of each month.

This article contains only highlights from Council meetings – visit the website to see the approved minutes from each of the meetings. The minutes of each meeting are approved at the following meeting and are posted on the website once they have been approved and signed. If you don't have internet capabilities, you can always contact the office for copies of approved minutes.

Meeting agendas are always posted online on the Friday prior to the Wednesday meeting. Come out and see what your Council is doing on your behalf. Feel free to contact the Municipal Office for further information or with input into any of the items that Council is considering. **The meetings are now being held at the Municipal Office, but there is the option to attend virtually as well. The links to login to the meetings are posted on our website in the calendar details.**

Happy Easter!



HISTOR-tea

The NorWest Community Health Centres is happy to host a Multigenerational History tea. This is an excellent opportunity for community members to get together to talk and reminisce about the history of Neebing. All ages are welcome to attend and there will be coffee, tea and light snacks provided as well as crafts for the kids to make and take.

Dates: March 15, 2024

Time: 1:00pm-4:00pm

Location: Blake Hall Community Hall

For more information:

Contact Shaun at (807) 473-5528 ext.1

Emergency Preparedness: Get Flood Ready!

Being prepared for a flood can save money, property, and lives. Take simple steps to the Flood Ready and protect what matters most.



Don't wait for the water!

Flooding is the most common natural disaster in Canada, and the severity of floods is increasing. Floods can happen anywhere, at any time of year, and to anyone. No matter where you live, it's important to take simple steps to protect your home and property against potential flood damage.

FOLLOW THE LINKS FOR MORE INFO: canada.ca

Know the Risks
Prepare your Home
Help your Community
Stay Informed

FORM 6 SALE OF LAND BY PUBLIC TENDER Municipal Act, 2001

Ontario Regulation 181/03, Municipal Tax Sale Rules

SALE OF LAND BY PUBLIC TENDER

THE CORPORATION OF THE MUNICIPALITY OF NEEBING

Take Notice that tenders are invited for the purchase of the land described below and will be received until 3:00 p.m. local time on March 27, 2024, at the Neebing Municipal Office, 4766 Highway 61, Neebing Ontario.

The tenders will then be opened in public on the same day as soon as possible after 3:00 p.m. at the Neebing Municipal Office, 4766 Highway 61, Neebing.

Description of Land:

Roll No. 58 01 030 006 18600 0000; NEEBING; PIN 62273-0494 (LT); NE 1/4 SEC 11 CON 5 BLAKE; NEEBING EXCEPT FORFEITED MINING RIGHTS, IF ANY; File No. 22-01

According to the last returned assessment roll, the assessed value of the land is \$18,900

Minimum tender amount: \$8,478.59

Tenders must be submitted in the prescribed form and must be accompanied by a deposit of at least 20 per cent of the tender amount, which deposit shall be made by way of a certified cheque/bank draft/ money order payable to the municipality.

Except as follows, the municipality makes no representation regarding the title to, availability of road access, or any other matters relating to the land to be sold. Responsibility for ascertaining these matters rests with the potential purchasers. The assessed value, according to the last returned assessment roll, may or may not be representative of the current market value of the property.

Pursuant to the Prohibition on the Purchase of Residential Property by Non-Canadians Act, S.C. 2022, c. 10, s. 235 (the "Act"), effective January 1, 2023, it is prohibited for a non-Canadian to purchase, directly or indirectly, any residential property, as those terms are defined in the legislation. Contraventions of the Act are punishable by a fine, and offending purchasers may be ordered to sell the residential property.

The municipality assumes no responsibility whatsoever for ensuring bidders/tenderers comply with the Act, and makes no representations regarding same. Prospective bidders/tenderers are solely responsible for ensuring compliance with the Act and are advised to seek legal advice before participating in this sale.

Transfers of properties that contain at least one and not more than six single family residences and are transferred to non-residents of Canada or foreign entities, are subject to the Province's Non-Resident Speculation Tax (NRST).

This sale is governed by the *Municipal Act, 2001* and the Municipal Tax Sales Rules made under that Act. The successful purchaser will be required to pay the amount tendered plus accumulated taxes and any taxes that may be applicable, such as a land transfer tax and HST.

The municipality has no obligation to provide vacant possession to the successful purchaser.

A copy of the prescribed form of tender is available on the website of the Government of Ontario Central Forms Repository under the listing for the Ministry of Municipal Affairs.

For further information regarding this sale and a copy of the prescribed form of tender, visit:

www.OntarioTaxSales.ca

or if no internet access available, contact:

Erika Kromm
Clerk/Treasurer
The Corporation of the Municipality of Neebing
4766 Highway 61
Neebing ON P7L 0B5
807-474-5331
clerk@neebing.org
www.neebing.org

Fire Safety MARCH-athon!

In March – remember, the safest fire is the one that never started! Fire safety education and prevention is an ongoing topic of conversation here with Neebing Emergency Services, and it should be in your home too. It is important to keep in mind that Neebing has a large and remote response area which can make our response times slightly longer than those who reside within city limits. This is why fire prevention is so key. Fire prevention may get old, but so do those who practice it.

An important and very simple defense against fire in your home is to **close doors**. At night, the doors to all **sleeping areas** should be **shut tight**. This will



slow fire spread into your bedroom and give you more time to exit your home.

Planning and practicing a **fire escape plan**, especially if you have children in your home is an excellent way to ensure everyone gets out to safety if a fire were to occur. If possible, there should be at least **'two ways out'** of every room. Plan a safe meeting spot outside and away from your home, where you can ensure everyone is safe, **call 911**, and members of Neebing Emergency services will come to assist you.

Electrical fires remain a prominent occurrence in homes. Ensure all electrical appliances are unplugged when not in use, and check for any damage or fraying of the cords. Make sure to never overload a circuit, and always plug heaters and other large appliances directly into an outlet.

As always, residential smoke alarms provide an early detection of fire and smoke in your home and have proven time and time again to save lives.

Make sure to check your smoke alarms at least **once a month**. The batteries should be replaced **once a year**, and the whole unit should be replaced at least **once every 10 years**. If you have a friend or family member who may not be able to check their smoke and CO alarms, it would be helpful to check theirs too.

IF THERE IS ONE TAKE HOME MESSAGE – CHECK YOUR SMOKE AND CO ALARMS!!!

Thank you to everyone who came out to Blake Hall for the Family Skate Day in February! It was a great opportunity to come together as a community and share some s'mores, hot chocolate, and laughs.

(This month's Neebing Fire/Rescue article is written by Skye Dusolt - team member since 2020)

CO is an invisible, odourless gas and can be fatal if not caught immediately.

CO is created when fuels burn incompletely (gasoline, wood, coal, nat-

ural gas, propane, oil, and methane).

CO poisoning is comparable to flu-like symptoms (nausea, dizziness, shortness of breath)

Even small amounts of Carbon Monoxide can be fatal.

WORKING CO ALARMS can often be the only detector of Carbon Monoxide in your home.

If a CO Alarm sounds a warning alarm in your home, assume Carbon Monoxide is present.

Exit the home quickly to a safe place, then Call 911 and Neebing Emergency Services will respond, Check for CO, identify the source of the CO and advice when it is safe to return to the home.

Additional Fire Safety information regarding Smoke and CO Alarm safety and Fire Escape Plans is viewable at; <https://www.oafc.on.ca/public-safety>, on the Ontario association of Fire Chiefs web page.

PROFESSIONAL SHARPENING OF KNIVES, SCISSORS, PRUNERS, AXES

Drop boxes locations

South Neebing Variety - 2060 Hwy 61

Green Acres - corner of Hwy 588 and 595

Rose N Crantz - 905 Copper Crescent

in person sharpening at the Tbay Country Market

How the drop boxes work:

1	Roll your order to be sharpened in a towel and place in a cloth bag. This keeps the knives and other sharp tools safe and protects others. This is very important: Loose, unprotected tools will not be accepted for sharpening.
2	Bring your order to your nearest sharpening drop box location.
3	Fill out the provided information tag with your name, email and phone number. Attach tag to the handle of your cloth bag.
4	I pick up and drop off orders on Wednesday mornings and Saturday afternoons. Your order is ready for pick up after you have received an invoice via email for online payment (debit/credit).
5	Pick up your order at the same location.



Knives over 6 inches - \$10

Knives under 6 inches - \$8

Scissors, pruners & axes - \$12

Josh McDonald | aroundthewoodshed@gmail.com

Thunder Bay Community Pasture

NOTICE OF ANNUAL GENERAL MEETING

Monday, April 8th,
2024, 8:00 p.m.

Rural 60 Centre, 5
Pineview Road, Kak-
abeka Falls
off Hwy. 11-17

For more information
contact Diana Bockus
Secretary/Treasurer
dlbockus@tbaytel.net
475-871 Everyone is
welcome to attend

RURAL CUPBOARD FOOD BANK

Neighbours Helping
Neighbours

Conmee Municipal Complex
19 Holland Rd, Kakabeka Falls
P0T1W0
807-285-0836

**We sincerely thank all
those that
continue to support
us.**

**Your donations en-
able the food bank
to remain open**

**Next Food Bank
Wednesday,
March 20th**

**Registration 9 am to
11 am
Drive-Thru Pick-up**

Oliver
Paipoonge
**ONTARIO
PARK PASSES**



Planning a day trip to one of our local provincial parks? Use your library card to borrow a free day pass!

**MEET
MARCEL**



I am an emerging artist that in 2015 was forced into retirement due to back problems. I am self taught while using life transferable skills from the last 45 years and wishing to leave behind a legacy of art for my family to know who I was.

I want to welcome you to my page - a page where you will get to know me and learn to appreciate the work I do!



Being a wood turner is a learning craft! Mistakes are made, creative passion is acquired, and after the piece is completed it is a part of who I am.

That I share with the world.

CRIBBAGE

BEGINNERS WELCOME!
EVERY TUESDAY 1 P.M.
ROSSLYN COMMUNITY CENTER
3405 ROSSLYN ROAD



Thank you!

Roslyn Cribbage Club just celebrated their 1st anniversary on Oct. 17th. Over the year we grew from 9 to 34 players with room for many more. So come and join the fun and friendship!

My passion comes from the need to be creative while being productive, when disabled to some degree it's incredibly important to stay busy and as active as possible to maintain good mental and physical health.



In this regard, when I see a person purchase a piece I've made, seeing them off with a smile knowing this will be in their home, or as a gift and will last years, I am fulfilling and this part leaves behind a legacy of art for my friends & family to know who I was.

I create pieces of usable art from Mother Nature's bounty of beautiful woods. I used local wood, exotic sustainable woods.

I also make charcuterie boards of varying variety, from wine barrels, & boards.

I use in some pieces Fractal imaging using a 10,000 volt transformer, and resins.



SCIENCE NORTH SCIENCE NORD



**ANIMAL
EXTRAVAGANZA**

JOIN THE SCIENCE NORTH BLUECOATS TO UNCOVER THE MYSTERIES OF THE ANIMAL KINGDOM!

@sumachill.creations 807-631-5205

Seniors Carpet Bowling
Rosslyn Community Centre
Sponsored by Rosslyn Library



every
Thursday
1:30 -4:00 pm

Call the library at 939-2312 for more information.
Please bring indoor shoes!

Seniors!
Enjoy a fun game of carpet bowling!
Relaxed & gentle pace of exercise
Free Socializing & Fun times
Refreshments
Special days with prizes and snacks
Beginners welcome!!

<p>Murillo Library Monday 10 - 8:00 pm Wednesday 10 - 8:00 pm Saturday 9 - 12 pm 935-2729</p>	<p>Email: ep@library@thaxtel.net Website: http://oliverpaipoonge.com.ca</p>	<p>Roslyn Library Tuesday 10 - 8:00 pm Thursday 10 to 8:00 pm Saturday 1 - 4:00 pm 939-2312</p>
	<p>Murillo Library Will be closed on Saturday March 9th as Staff will be at the Rosslyn Winter Carnival</p>	
<p>Roslyn Library will be open from 9 am to 4:00 pm on Saturday March 9th for the participants of the Rosslyn Winter Carnival!</p>	<p>Looking for used books? Both Roslyn and Murillo Library have a large selection of used books for sale for 50 cents each.</p> 	<p>A SPECIAL 'THANK YOU' TO Tammy McKinnon and Rob Richardson for sponsoring our March Break event: Animal Extravaganza with Science North!</p>

RBC Royal Bank



Jessica Coley
Mortgage Specialist
(807) 476-4867
jessica.coley@rbc.com



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CONSERVATION AUTHORITY**

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FLY THE C.O.O.P
indoor walking group

Step into fitness and join our Indoor Walking Group
at the Kakabeka Legion!

Lace up your sneakers and enjoy a fun and social way to stay
active during any weather. Walk, chat, and stay healthy
together – all ages and abilities welcome!

Tuesday's & Thursday's 10am-11am

To register or for more info:

Contact Shaun at (807) 473-5528 ext.1



**Evergreen
PHARMACY**

TWO CONVENIENT LOCATIONS:

Roslyn

202 Highway 130
(807) 939-2007

Mon-Fri 9am-6pm
Sat 10am-2pm

Kakabeka Falls

B-4785 Hwy 11/17
(807) 577-2435

Mon-Fri 9am-6pm
Sat 10am-4pm

**New Location in Kakabeka
NOW OPEN**

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THUNDER BAY



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POWERTRAIN
WARRANTY**

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807-344-8901 | WWW.KUBOTATHUNDERBAY.COM



MARCH

Hello Neebing Neighbors!
We've made it to March! * The month of Daylight Saving Time, St. Patrick's Day and the 1st day of SPRING!

WHAT'S NEW?

I'm glad you asked! There are so many things to tell you:

- * There will be a new **WOOD RAFFLE** this year! (Details soon).
- * Last day to purchase tickets for our latest **Online 50/50 Draw** is **March 26th**, draw on **March 27th**!
- * NFRA Board of Directors remains the same, 7 dedicated individuals all said YES to another year ☺
- * Equivalent to over **9 dumptruck loads** of cans diverted from Neebing Landfills in 2023! (See below) 🚛
- * Come find us April 5-7 at the **2024 Home and Garden Show** in the Cardinal Room of the CLE! Wood Raffle tickets will be available!
- * The Lakehead Region Conservation Authority's **Little Trout Day by the Bay** is back this year in August. Stop by our **BBQ**!
- * NFRA will also be at the **100th Anniversary of Blake Hall** in September. Stop by our **BBQ and raffle ticket table**!



AGM results

2024 NFRA Board of Directors:

President	Joy Harris
Vice President	Mary Ann Beckwith
Treasurer	Clara Butikofer
Secretary	Karen Davies
At-Large	Delma Stajkowski
At-Large	Nancy Luckai
At-Large	Kris Ligate



Or a



10' x 30' STORAGE UNIT

Approximate Cubic Feet for This Unit
3000 Cubic Feet

This is equivalent to a standard two-car garage.

This storage unit will hold:
A four to five-bedroom house with major appliances and room for boxes.

This is approximately the volume of cans you've helped divert from our landfills!!!

We filled 62 mini bulk bags at 64 cubic feet each!

That equals 3964 cubic feet!!!



Chaschuk Enterprises Ltd has generously donated 10 cords of cut/split firewood for NFRA to raffle off!

Tickets will be available in early Spring with a **draw date of July 1st**!

So once you see tickets on sale, make sure to get yours quickly. You don't want to miss this great opportunity.



If you haven't already, be sure to enter our **new 50/50 raffle!**
More tickets, more chances to win! Draw date **March 27th, 2024**

50% OF THE PROCEEDS TO YOU
50% TO SUPPORT NEEBING EMERGENCY SERVICES

FOR DETAILS AND TO PURCHASE TICKETS:
neebingfireassociation.com/events/draw



neebingfireassociation.com/events/draw

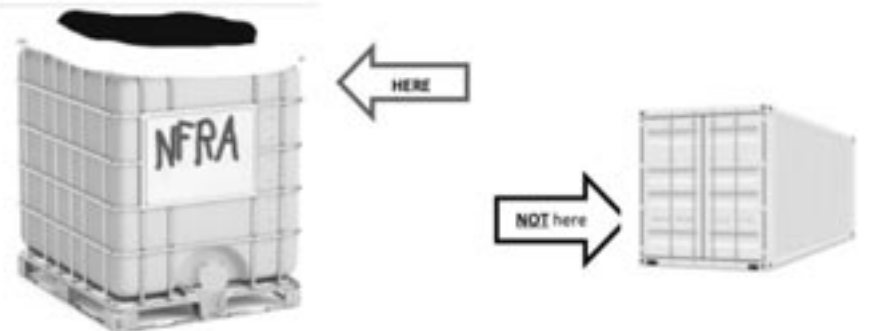
As always, you will be helping us support Neebing Emergency Services.

Each time you place your bagged pop or beer cans into a NFRA bin you not only help fund Neebing Emergency Services, you help prolong the life of our landfills. Your efforts today can save you tax dollars in the future.

Thank you!!

P.S. We've noticed many bags of returnable beer cans being placed in the large shipping containers. Once you've placed them there, they cannot be moved. These will be taken away for recycling. ☺

If you placed them, *instead*, into a NFRA bin you would be helping fund our emergency services. ☺



Thank you for your unwavering support. You help make Neebing the great place it is to live.




Be safe, be well and be kind.

Joy Harris
NFRA – President

Carbon Monoxide Facts

- CO is an invisible, odourless gas and can be fatal if not caught immediately.
- CO is created when fuels burn incompletely (gasoline, wood, coal, natural gas, propane, oil, and methane).
- CO poisoning is comparable to flu-like symptoms (nausea, dizziness, shortness of breath)
- Even small amounts of Carbon Monoxide can be fatal.
- WORKING CO ALARMS can often be the only detector of Carbon Monoxide in your home.
- If a CO Alarm sounds a warning alarm in your home, assume Carbon Monoxide is present.
- **Exit** the home quickly to a safe place, then **Call 911** and **Neebing Emergency Services** will respond, **Check** for CO, identify the source of the CO and advice when it is **safe to return** to the home.

Additional Fire Safety information regarding Smoke and CO Alarm safety and Fire Escape Plans is viewable at: <https://www.oafc.on.ca/public-safety>, on the Ontario association of Fire Chiefs web page.



VOLLEYBALL DROP-IN CO-ED 18+ FUN LEAGUE

Start date: Thursday October 5, 2023 –
May 30, 2024

When: Thursday nights from 7-9pm
(except during school holidays)

Where: Valley Central School gym

Please send email to Joel at
vman814@gmail.com
to be added to the reminder list

There is no cost.

Kakabeka Legion Events



March 2024

March 2024		
9	Exec/General Mtg	2:30-3:00
10	Breakfast	8:30-12:00
15	Rural 60+ Lunch	12:00-1:00
16	Dance with Quest	7:00-10:00
17	Jam Session	2:00-4:00
24	Music	1:00-3:00
30	Dance with Quest	7:00-10:00

TAKE OFF POUNDS SENSIBLY



TOPS can help you reach your weight-loss goals by providing you the support, tools, and accountability needed to be successful.

First meeting is FREE.

TUESDAY 5 10:00 AM Baptist Community Church Corner Mudlake & Oliver Rds. Murillo 330 Hwy 595	TUESDAY 5 5:30 PM Blake Community Hall 71 Blake Hall Road Neening CONTACT 807-577-5924
WEDNESDAY 5 6:30 PM O'Connor Community Center 344 Hwy 595 O'Connor CONTACT 807-577-5924	TUESDAY 5 10:15 AM Hope Christian Reform Church 1315 Crawford Ave. Thunder Bay CONTACT 807-577-5924

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SUPPORT LOCAL – BE A VOLUNTEER

“Supporting Local” has many different meanings. But what does it mean to you? To me, supporting local isn't just about buying someone's goods and wares. It's also about supporting our local volunteer organizations, social groups, and charities. This includes our volunteer fire departments and first response teams, our volunteer food banks and soup kitchens, and of course, our volunteer fair associations and exhibitions. I am sure many of you have made efforts to support these local organizations such as donating food or money, buying tickets to support their fundraisers or attending their functions. All these charitable efforts are amazing ways to support local, but they're not the only way to show your support. So many of these organizations are crying out for volunteers, because without volunteers, we would have no local fire departments to put out your burning fires, no first responders to attend to your family members before the paramedics arrive, no soup kitchens or food banks to help feed and care for those in need, and no fairs or exhibitions to explore and celebrate different cultures and heritage. We rely on these volunteer services so much for care and entertainment. So, what we need to think about is ... what would we do without them? Volunteering one's time and efforts is one of the most rewarding past times a person can commit to. All the while, giving back to the community, helping a neighbour in need, or celebrating life's diversity. I would like to ask what you think you could do to contribute to your community? What is it that excites you and gets your blood pumping, heart beating and thoughts soaring, because somewhere out there, there's an organization that needs your ideas, your energy, and your help. And don't just stop there. Encourage your friends and family to be part of that excitement.

Submitted by Erin Laforest




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Chix in the Stix Rise & Shine

I'm currently getting up at 4:30AM a few times a week to get my daughter to the hospital for ongoing appointments. This is out of my comfort zone. I'm not a morning person. I'm a late afternoon person at best. Most days I hit my stride as the sun starts to go down. I'm the proverbial night owl. The good news is that 4:30am is basically night. The bad news is that it really isn't. But because I have no other choice, I'm determined to tackle this new challenge head on. To try to even like it a bit. You morning people already know all the tricks. One of them is of course knowing when to go to bed. My usual habit of my head hitting the pillow at or past midnight just won't cut it. So now we head to bed at 8pm with the hopes of falling asleep by 9. Late night movie binges and midnight snacks have been put on hold. I've bumped a number of other morning routines and absolutions to the night before so as not to delay our carefully timed morning departure. I don't want to get up a minute earlier than I have to. I'm also not allowed to hit the snooze button these days. Preparing items for departure is also now done the evening before with army-like precision. Sleeping in my clothes remains a viable and tempting option. Or choosing pajamas that can pass as clothes. Sleeping in the car is not an option but there is a lovely hotel right near the hospital that is in my head as a back-up plan and was discussed as an option during the winter months when being snowed-in was a possibility. Not to jinx it but we seem to have gotten a pass on that this year. Because of pre-procedure fasting there is no breakfast required in the mornings before we go, thank heavens. And the Robin's coffee shop at the hospital is open 24-7 so momma can still get a much needed coffee when we arrive. So thankfully the logistics are working themselves out. Daughter is a superstar and never once complains. I might survive, but that whole embracing it part is still a work in progress. I have to be at least slightly cheerful - because I have to set the tone for . So I HER. So I talk about it like it is an adventure. There is some award winning acting involved. Apparently there is a movement with people around the globe committing to getting up at 5:00AM to start their day - when they don't even have to. People rave about the benefits. How it gives them a better start to their day. How they are more productive. And how they are very tired come bed time. I'm not sold on it yet and don't think this new early morning routine is likely to become an ingrained habit for me and really have no desire to make it one. But I am still okay with trying to see the bright side of these dark mornings. It really does feel like a different world. Like we are sneaking around with the possibility of seeing and hearing things that would otherwise be 'secret'. There is a moment of excitement when we round the corner on top of the hill and see a glimpse of the city lights in the distance. It reminds us that we aren't the only ones up, and that the world never really sleeps. My daughter is pretty fascinated with that notion. So as we drive to town we look for all the signs of people being 'up'. Naturally the farmers are early risers and we applaud them for their dedication. We acknowledge that we could NEVER be farmers. We drive by houses with the kitchen lights on and know there are moms prepping breakfast and making lunches and will shortly be getting kids up and off to school. We applaud them too, and are thankful we were homeschoolers. We note that the airport never closes. That some stores never close. That the hospital never closes. That there are announcers on the radio. By the time we get to town there is more traffic and that leads to conversations about where people are coming from or going to and what jobs or occupations require these crazy hours. We drive by the fire station and acknowledge the dedicated firefighters on the night shift. We talk to stay awake but also to let this new look at the world sink in so we don't forget it. We are making memories.

And while I'm not promising I'll get up at 4:30AM unnecessarily down the line, there is definitely something to be said for stepping out of your comfort zone every now and then and trying new things. As spring approaches and with it feelings of growth and rebirth I hope you'll look for your own opportunity to stretch yourself in new directions too. Right now I need a nap.



March Events

March 8th - FREE Playgroup
 March 16/17 - Book Swap 12pm - 4pm
 March 24th Easter Event *more details coming*
 March 29th Waldorf Parent & Child Gathering
 Thursday Weekly Cornhole Tournaments 7pm

Be sure to follow along on the Gillies Community Centre Facebook page for ALL the events happening this month!

NEEBING NEWS DELIVERED TO YOUR MAILBOX (unless you have NO FLYERS posted)
Deadline for the APRIL issue of The Neebing News is March 20!
Get your info off your desk and onto MINE! :)
(Early submissions are always very welcome!)
 Submissions and photos of community events and articles of interest are welcome! Send to Chris Vaclav at designhouse@tbaytel.net 628-7271

Book Your Next Event with Us!
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FAMILY WORSHIP SERVICE
 Sundays @ 11am

ALL ARE WELCOME
 Contact us re prayer requests, visits, questions etc.
 Follow us on Facebook or visit our website



Slate River Dog Grooming
a caring hands family

HWY 61, Neebing 475-9629 Find us on Facebook



Please come out and join us at Pinegrove United Church
 100 - Hwy 130
 Admission is free and all are welcome!

March 7 coffee and persians 10 AM
March 21 Lasagna lunch 11:30 A.M.

Hope to see you there!

For more information about Cafe del Soul, please visit www.pinegroveuc.org/cafe-del-soul/
 Volunteers are also welcome (and needed)
 For more information about Cafe del Soul, please visit www.pinegroveuc.org/cafe-del-soul/

Rural Family Centre

"Learning Through Play, Exploration & Inquiry"
Connect with other Families!
 (for children 0-6 years)

Our Calendar of events can be viewed at: <https://www.keyon.ca/en/Events/ViewEvents>
 * EarlyON Child and Family Centre - Murillo
 (Pre-registration on KeyON is required)

For more info. please:
 Email: ruralfrc@tbaytel.net or
 Private FB message us or
 Call: 935-3009

Play, sing, laugh and we will SEE YOU SOON!



Child and Family Centre

MARCH 2024

MON	TUE	WED	THU	FRI
				1
4 Chair Yoga @ O'Connor C.C. & CHW drop in aprts	5 Fly the C.O.O.P Walking Group Diabetes Educator	6 Chair Yoga @ KB Legion	7 Fly the C.O.O.P Walking Group Lifelabs Walk-in Clinic 8:30am-4:30pm	8
11 Chair Yoga @ O'Connor C.C. & CHW drop in aprts	12 Fly the C.O.O.P Walking Group	13 Chair Yoga @ KB Legion	14 Fly the C.O.O.P Walking Group Lifelabs Mobile Clinic - Uxela 10am-3:30pm	15 Histor-Tea 1-4pm @ Blake Hall
18 Chair Yoga @ O'Connor C.C. & CHW drop in aprts	19 Fly the C.O.O.P Walking Group Diabetes Educator	20 Chair Yoga @ KB Legion	21 Fly the C.O.O.P Walking Group Lifelabs Walk-in Clinic 8:30am-4:30pm	22
25 Chair Yoga @ O'Connor C.C. & CHW drop in aprts	26 Mobile Clinic - Armstrong 12m-4pm Fly the C.O.O.P Walking Group	27 Chair Yoga @ KB Legion Mobile Clinic - Armstrong 8:30am-1:30pm	28 Lifelabs	29

Please call to book an appointment for:
 - Lifelabs Educator
 - Diabetes Educator

Kakabeka Site
 4785 ON-11 Unit B, Kakabeka Falls, ON P0T 1W0
 (807) 473-5528

PROGRAM INFO.
 Call Shanon at (807) 473-5528 ext.1 to register for all programs

Fly the C.O.O.P Walking Group
 Meet at Kakabeka Falls Legion Hall 10am-11am

CHW Drop in Appointments
 Available until 3pm

Chair Yoga
 Hosted at O'Connor Community Centre OR Kakabeka Falls Legion Hall at 10:30am
 Chair Yoga is also hosted virtually at 10:30am

Histor-Tea
 Multigenerational History Tea! An excellent opportunity for community members to get together to talk and reminisce about the history of Neebing


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Lakehead Region Conservation Authority

submitted by LRCA Staff

LRCA staff have continued to conduct bi-monthly snow surveys at the three historical snow survey locations (Hazelwood Lake, Vibert Road and Madeline Street). As of February 15th, snow depth and water content continued to be well below average for that time of year with depth ranging from 14.6-15.8 centimetres (65 % below average) and water content ranging from 44.8-46.6 millimetres (50% below average). Lake Superior's beginning of February level was 2 centimetres below the beginning of February average and 21 centimetres lower than the level last year. The Level II Low Water Condition remains in effect for the LRCA Area of Jurisdiction.

MNRF's snow monitoring data is now available to the public through the Ontario GeoHub. The site contains information including a list of all active and historical snow survey locations, mapping of snow survey locations as well as historic and current snow survey data (1933 - 2023).

Be sure to Follow, Like and Share the LRCA on social media. Our Facebook, Twitter and Instagram pages endeavor to effectively communicate with residents of the Lakehead Watershed. We share flood messages, up-to-date events information, interesting facts and gorgeous

photography with our followers, and we would love it if you would join in on the conversation. We will also be posting information regarding upcoming workshops and events.

The 2024 Explore Card Parking Pass is now on-sale! Explore Card Parking Passes permit day-use/parking at our ten Conservation Areas for one calendar year. Visit as often as you like. Enjoy one calendar year of recreation activities! For the low price of \$40.00 +HST, it's convenient for frequent users. All Explore Card revenue goes directly towards the upkeep and maintenance of our Conservation Areas.

Get out and Explore!

NEW ONTARIO SHOOTERS ASSOCIATION INC.

PRESENTS

2024 SPRING GUN SHOW

Saturday, March 9th • 9 a.m. to 4 p.m.
Sunday, March 10th • 9 a.m. to 3 p.m.

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\$5 Admission

Children 12 & under FREE with paid adult admission

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This show is a fundraiser for the Junior Shooters Program
www.nosa-ncsa.org | Facebook: New Ontario Shooters Association Inc. - NOSA

For more information call Samantha 807-626-4003

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Monday	- Carving	- 10 to 3
	- Disking	- 1 to 3
Tuesday	- Weaving	- 10 to 3
	- Knitting	- 10 to 3
	- Good Company Choir	- 1 to 3
Wednesday	- Beginners Carving	- 10 to 3
	- Quilting	- 10 to 3
	- Cribbage	- 1 to 3
Thursday	- Weaving	- 10 to 3
	- Knitting	- 10 to 3
	- Yoga	- 10 to 11

Craft Room open Monday to Friday 10 to 3

We have a luncheon coming up on Friday March 15th at the Kakabeka Legion from 12 to 1. Cost is \$5 for members and \$15 for guests, please sign up before Friday March 8 th.

We have our Annual General Meeting coming up in May and if any members are interested in running for a position on the Board of Directors please submit your name and phone number to the current Board.





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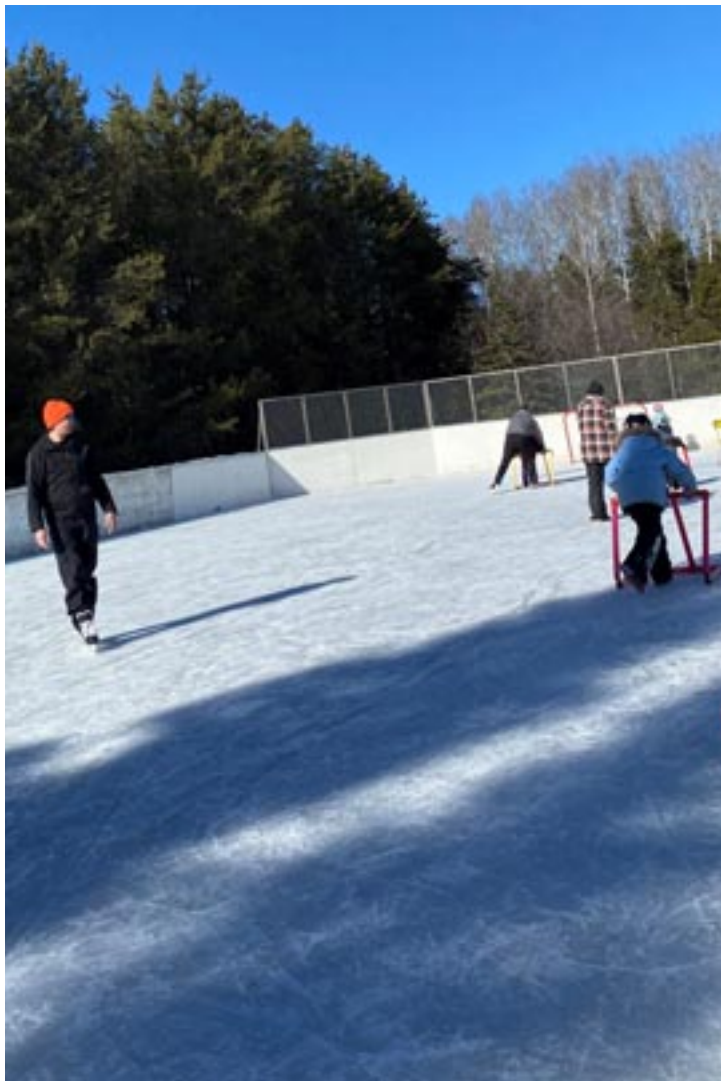
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A Year in Review, By Emma Reid

This past year the Thunder Bay 4-H Beef Club had 4-H meetings about once a month since Sunday, March 12/2023. We had meetings at the Dell, Hymers Fairgrounds, O'Connor Hall, Dr. Dan's Farm and Raven Song Farm. During these meetings we taught each other about all the different things we needed to know about showing beef cattle. For example, where to look when you're in the ring, how to position your cows feet, how to use a show stick, etc. One of our meetings was done on zoom with Trouw Nutrition. Emily Seed, a former 4-Her from North Eastern Ontario came to Thunder Bay to give us showmanship pointers in August. After working so hard this past summer we showed our beef project animals at Dryden Fair, Hymers Fair, along with Rural Heritage Days. Our achievement day was held at the Hymers Fairgrounds. Our awards dinner was held January 27, 2024 at Murillo Hall. It was a night to relax and see the friends we made over the past season. Thank you to our 4-H club leaders for another successful year. Stay tuned the 4-H Beef Club will be starting up again in the spring. **4-H Motto: Learn by doing**

DIY Metal Tree Art

**May 5th, 1-3pm
Blake Hall: Hwy 61
\$70/person**

Join us for a delightful afternoon of creativity at our DIY metal tree art class. Your group will have the opportunity to craft the afternoon away. You will be enjoying the afternoon with friends and neighbours, also enjoying local pastries and beverages. All materials provided.

Hosted by Pickled Pike Crafts. call Katherine @ 807-631-1869 to book. Must be booked and paid by April 29th. Part of the proceeds will be donated to NFRA.



Emergency preparedness starts with you

power outages

Stay away from and report downed power lines

Avoid water near electrical equipment

Stay informed

Don't use outdoor grills or bbqs indoors

Use glowsticks or flashlights

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NorWest Community Health Centres
Centres de santé communautaire NorWest

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Dates: Wednesdays
Time: 10:00am-11:00am
Location: Kakabeka Falls Legion
*****Join us in person OR virtually****

To register or for more info:
Contact Shaun at (807) 473-5528 ext.1